

Notes given by Master E K. in 1979 in
Vijayawada Classes



ORGANON

వ్యాధి నివారణ: 1.వ్యాధిని నివారించుట

2.వ్యాధి రాకుండా చూచుట, బాధ తగ్గుట, బాధ నివారణ.

3. బాధ రాకుండా చేయుట.

రోగ నిర్ధారణ (Diagnosis).

రోగ నివారణ (Cure).

మన దేహమందలి ఏ భాగము ఎట్టి పరిస్థితులలోను మనకు బాధ కలిగించని స్థితి ఎంతవరకు ఉండునో అంతవరకు ఆరోగ్యంగా ఉన్నామని అర్థము.

ఆకలిని కలిగించు శక్తి మన ప్రాణము నందున్నది కాని ఆహారమునందు లేదు. ఆ శక్తి కలవారికి మాత్రమే ఆహారము ఆకలిని నివారించుట, దేహమును పోషించుట చేయును. అట్లే రోగమును నివారించు శక్తి ఔషధములకు లేదు. మీలోని ప్రాణ శక్తికి మాత్రమే వున్నది. ఈ ప్రాణ శక్తి వలన దేహమునందు రోగమున్నట్లు తెలియుటకై వేదనలు కలుగుచున్నవి.

కలిగిన వేదనలను బట్టి ఔషధములు ప్రయోగించుచున్నాము. మనలోని ప్రాణశక్తి ఈ ఔషధ ద్రవ్యములపై పనిచేసి దేహమును పరిశుద్ధపరచుచున్నవది. దాని వలన ఆరోగ్యము చక్కపడుచున్నది.

దేహములోనికి స్వీకరింపబడు ద్రవ్యములు రెండు రకములు:

1.ఆకలి దప్పులను తీర్చి దేహమునకు పుష్టిని ఆయుర్బలములను కలిగించునవి (ఆహార ద్రవ్యములు).

2.దేహమునందలి ప్రవృత్తులను వ్యతిరేకించునవి (విషములు).

శరీరము మూడు విధములు:

1.Physical (ద్రవ్యాత్మకమైన శరీరము).

2.Functional (శక్త్యాత్మకమైన శరీరము).

3.Administrative (వ్యాపారాత్మకమైన శరీరము).

మానవుని శరీర తత్వము రెండు రకములు:

1.నిర్మాణాత్మకము (STRUCTURAL)

2.వ్యాపారాత్మకము (FUNCTIONAL)

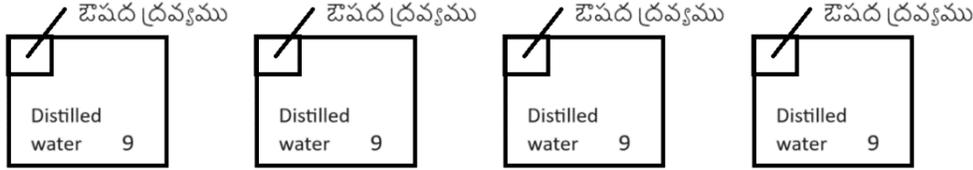
ఆరోగ్యమనగా ద్రవ్య శరీరము నందు ప్రాణశక్తి సమానముగా ప్రసారమై పంచిపెట్టబడి వినియోగపడుట. దీనివలన మన దేహమందలి ధాతువులు(tissues) ఉత్పత్తియై సక్రమముగా వినియోగపడునట్టి రసాయనికములైన మార్పులు జరుగుచుండును. వాని కొరకై ఆహారము, నీరు, గాలి స్వీకరింపబడి మరల విడిచిపెట్టబడుచుండును. ఇవి సక్రమముగా జరుగుట ఆరోగ్య స్థితి అనబడును. ఈ స్థితి మన దేహమందు వ్యక్తమగును. ఏ భాగమునందును బాధ లేకుండుట, ఆకలి దప్పులు సకాలమున వర్తించుట, ఎక్కువ తక్కువలు లేకుండుట, నీరసము లేకుండుట, ఉత్సాహము, సంతోషము, తన సుఖమే ఎదుటివారి సుఖము అను అంశము బాగా ఆరోగ్యముగా ఉన్న వారిలో వ్యక్తమగును.

ఆరోగ్యమునకు కారణములు ప్రాణమందును, ప్రజ్ఞయందును ఉండును. ఫలితములు మాత్రము శరీరము మీద అనుభవింపబడును.

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| <p>నిర్మాణాత్మక శరీరము:</p> <p>1.Structural matter 2.Foods 3.Antipathy Taking cold water in severe summer or taking bath with very hot water in winter.</p> | <p>ప్రాణమయమైన శరీరము:</p> <p>1. Functional body 2. Force, consciousness 3. Medicines Homoeopathy Taking hot water by adding honey in summer is very good thing. వడదెబ్బ కొట్టదు. రోజు పుచ్చుకొనిన మంచిది</p> |
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LAW OF SIMILARS (సారూప్య సిద్ధాంతము):

ఏ ద్రవ్యము ఆరోగ్యకరమైన వ్యక్తిపై ఏ వేదనా సముదాయమును పుట్టించునో ఆ ద్రవ్యము ఆ వేదనా సముదాయముతో కూడిన రోగికి ఇచ్చిన రోగ నివారణ జరుగును. రోగ నివారణ ఔషధమగును.



ఆరోగ్యవంతుని పై వేదనలు కలుగు చేయు ద్రవ్యము కానీ, విషము కానీ తెచ్చి 1 వంతు ద్రవ్యము, 9 వంతులు distilled water కలిపిన ఔషధము తయారగును. దానిని అదే విధముగా ఇంకను dilute చేయవలెను.

భౌతికముగా ఔషధ ద్రవ్యము తగ్గిన కొలది ఔషధీకరణ గుణము హెచ్చును. ద్రవ్యాత్మకము గుణాత్మకముగా పెరుగును.

HOMOEOPATHIC PHILOSOPHY AND ORGANON AND HOMOEOPATHIC MATERIA MEDICA BY JAMES TYLER KENT BOOKS చదువుకోవాలి.

వేదనలు (symptoms):

వేదనా సముదాయములు - totality of symptoms, the group of symptoms through which you decide the drug to be used.

ప్రతి ఔషధము కొన్ని వేదనలను వ్యక్తం చేయును. అందు ప్రత్యేకములైన వేదనల కూర్పు వేదనా సముదాయము అనబడుచున్నది. ఈ ప్రత్యేక వేదనల కూర్పు వలన ప్రయోగింపవలసిన ఔషధము గుర్తింపబడును. ఆ వేదనల కూర్పు మరియొక ఔషధము దేనికీని ఉండదు.

Heal the sick

*In homoeopathy patient is important.

In allopathy curing the disease is important.

దేహము (PATHOLOGICAL): కురుపులు, పగుళ్ళు, నోటిపూత వగైరా; ప్రాణము: నీరసము, అలసట, చికాకు, ప్రాణమయ లక్షణములు; Mental Symptoms-ప్రజ్ఞ: బుద్ధి (will), మనస్సు (mind), ఆత్మ (love and affection), ఇంద్రియములు (senses).

Homoeopathic treatment చేయునప్పుడు ప్రజ్ఞ వేదనలకు అత్యంత ప్రాధాన్యము ఇవ్వవలెను. ప్రాణవేదనలకు రెండవ ప్రాధాన్యము. దేహ వేదనలకు మూడవ ఆఖరి ప్రాధాన్యత.

Ill health ముందు ప్రాణమయ శరీరము మీద వచ్చును. తరువాత భౌతిక శరీరము మీదకు ప్రయాణించును.

In homoeopathy minimum dose is very important.

1. Stop repeating when relief begins.

2. Repeat the medicine when symptoms reappear.

Drugs should not be selected on the basis of pathological symptoms like headache, fever, toothache etc.. Drug is for the person and not for pathological symptoms. వ్యాధి యొక్క వేగము ఎక్కువైన రోగ నివారణ కూడా వేగముగా జరుగును.

Pathological symptoms: Headache, bodyache, fever, మోకాళ్ళ నొప్పి, నడుము నొప్పి etc..

Distinguishing symptoms:

1. Symptoms on left side only.

2. Only on right side.

3. Alternate sides.

4. < వానా కాలము ఉద్యతమగును.

5. > ఎండాకాలము అసలు బాధలు ఉండవు.

6. > పగలు బాధలు ఉండవు.

7. < బాధలు రాత్రి ఎక్కువగును.

8. నిద్ర పట్టకపోవడం.

(CHAMOMILLA, COFFEA, OPIUM)

There are certain drugs which should be used for left sided symptoms. Some other drugs also used for right sided symptoms and some other drugs are used for alternative sides. By this process of elimination our selection of drugs is limited to 1/3 rd of the actual drugs.

ఉద్దేశ ఉపశమనములు (Modalities):

< వానా కాలము; > ఎండాకాలము

Mental symptoms:

మెడ నొప్పి- 12 months నుంచి spondilitis.

Nux Vomica opposite to Cocculus indicus.

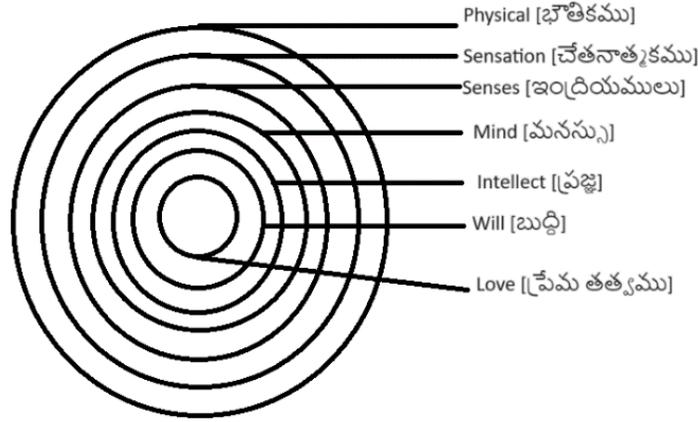
He may be having constipation at that time he will have more pain.

Three laws of cure:

1. Cure should be from center to circumference. వ్యాధి నివారణ కేంద్రం నుండి పరిధికి జరుగవలెను.

2. Cure should be from above to downwards. వ్యాధి నివారణ శిరము నుండి పాదము వైపునకు జరుగవలెను.

3.Cure should be the symptoms in reverse order of their previous occurrence. వ్యాధి లక్షణములు రోగియందు కనిపించిన క్రమమునకు వ్యతిరేకముగా నివారణ జరుగవలెను.



PHYSICAL: కురుపులు, పొక్కులు, పులిపిరి కాయలు, ఆనెలు, వ్రణములు, జుట్టు ఊడటం, పంటి జబ్బులు, చుండ్రు మొదలగునవి.

SENSATIONS: నొప్పులు, పొట్టు, తిమ్మిర్లు, చురుకులు, నీరసం, చలివేయటం ఇటువంటివి.

SENSES: రుచి, చూపు, వినుట, వాసన.

Mind: మర్చిపోవటం, తెలియని భయము (unknown fear) ఇటువంటివి.

INTELLECT: పొరపాటుగా అర్థం చేసుకొనుట, చదివే సమయములో ఏ subject చదవవలెనో తెలియకుండుట, disturbance of memory.

WILL: కంగారు స్వభావము, సరైన జవాబు వెంటనే ఇవ్వకపోవడం, ఒకటి అడిగిన ఇంకొక సమాధానం చెప్పుట, వితండవాదము.

LOVE: ఆపేక్ష లేకుండుట, నిర్దాక్షిణ్యముగా ప్రవర్తించుట, జీతము వచ్చిన వెంటనే క్లబ్బునకు పోయి పేకాట ఆడుట, భార్యను శంకించి ఆఫీసునకు పోవునప్పుడు తాళము వేసి వెళ్ళుట, భార్య భర్తను శంకించుట (Hyocsyamus 50M).

1.Patient better and symptoms better. రోగికి బాగున్నది. వేదనలు తగ్గినవి. మందు సరియైనది.

2.Patient better and symptoms worse. రోగికి బాగున్నది. వేదనలు తగ్గలేదు. Treatment is on right line, proceed further.

3.Patient worse and symptoms better. He is going to collapse. Treatment is in a wrong way.

4.Patient worse and symptoms worse.Cannot help.

Example case: Patient has high malarial fever.

Symptoms:

1.చలి, వణుకు జ్వరం, విపరీతమైన వేడి, చల్లగా చెమటలు, నీరసం in alternative days. Quinine తో మలేరియా నివారణమైన వ్యక్తికి నేతి గారెలు తినిపించిన వెంటనే రోగము తిరగబెట్టును.

2.నిద్రలో చెమటలు.

3.చెవులలో ఓంకార నాదము.

4.వణుకు.

5.భయము.

6.గుండె దడ, చెమట, భయము, తలనొప్పి, నిద్ర పట్టదు. If the complaint is tailed down give a dose of china 30. It won't appear.

One medicine at a time. రెండు మందులు ఒకేసారి వాడరాదు.

వణుకు, వాంతి, జ్వరము, వేడి, చమట another type of malaria – Bryonia.(There are 21 types of malaria)

ఒక drug వేసిన symptoms తగ్గిపోయి మరొక drug symptoms వస్తేనే drug మార్చాలి.

వ్యాధులు రకములు:

ప్రతి వ్యాధికి మూడు స్థితులు కలవు.

1.Prodrome - ఉపోద్ఘాతము. రోగప్రవేశము నుండి బాధ కనిపించు వరకు.Ex: Typhoid does not manifest till 48 hours. After that fever comes. It is called period of incubation.

2.Progress: వ్యాధి వ్యక్తం అగుట, పెరుగుట.

3.Retrogression: వ్యాధి తిరోగమించుట, మరలుట.

పై మూడు స్థితులు అన్ని వ్యాధులకు కలుగును. అట్టి వాటిని acute diseases తరుణ వ్యాధులు అందురు. ఇవి మామూలుగానే తగ్గిపోవును.

Typhoid కాని, మామూలు fever కాని వచ్చినప్పుడు పచ్చి ద్రాక్ష ఇవ్వరాదు. ఇవి లోపలికి వెళ్ళిన తరువాత ferment అయ్యి intestine లో eruption అవుటకు scope ఉండును. Intestines అంతా పూచినట్లు అగును.

Every 28 days moon takes a turn around the earth. Every 7 days moon takes 90° turn. Hence in typhoid and other diseases there will be changes for every 7 days from the date of manifestation of disease.

Tuberculosis and asthma are called chronic diseases (దీర్ఘ వ్యాధులు). There will be only two stages prodrome and progress. There won't be retrogress. Disease overcomes patient.

Adolf Hitler says "man conquered plague, but tuberculosis overcomes patient".

1.Acute diseases లో తొందరగా మందు వేయవలెను. తప్పు మందు వేసిన ఎడల వెంటనే సరి అయిన మందు వేయవలెను.

2.Chronic diseases లో మందు వేయుటకు ముందు బాగా టైం తీసుకుని మందు వేయవలెను. తప్పు మందు ఇచ్చిన ఎడల మరల మామూలు స్థితికి రావలెనన్న మందు మార్చినను కనీసం రెండు లేక మూడు నెలలు పట్టును.

3.ఆగంతుక వ్యాధులు: Caused due to external reasons like a fall or muscular sprain etc. These are not diseases. If these are neglected, they may lead to acute diseases. Ex: తుప్పు మేకు గుచ్చుకొనిన tetanus వచ్చుట. Tetanus కు Arsenicum album 1M.

4.Seasonal disorders: కాలము మార్పుల వలన కలుగు అనారోగ్యములు. Ex: Sunstroke, summer diarrhoea.

5.Epidemics: విపత్కరములైన అంటు వ్యాధులు.

తరుణ వ్యాధులు: మశూచి, ఆటలమ్మ, పొంగు. Fever should not be brought to normal by medication in such cases. It will lead to complications. As the disease has not run its full course, it will occur in some other form. Sometimes later and also affect the other vital parts of the body.

The outer line is called Aura. The outer line of ప్రాణమయ శరీరము కొన్ని కారణముల (భయము, కోపము) వలన బ్రద్ధలై మరల మూసుకొనును. ఇటువంటి సమయములలో వ్యాపారాత్మకమైన శరీరమునకు ఈ రోగములు సంభవించును. అవి భౌతిక శరీరము ద్వారా వ్యక్తమగును. ఇటువంటి విషయములలో మనిషికి, patient కు ఉన్న దూరము ముఖ్యము కాదు. Patient చాలా దూరమున ఉన్ననూ, ఇటువంటి స్థితులకు వ్యక్తి లోనైనచో ఆ వ్యాధులు అతనికి సంభవించు అవకాశములు ఎక్కువ.

దీర్ఘవ్యాధులు (CHRONIC DISEASES):

Efficiency of any Homoeo doctor depends upon his ability in curing chronic diseases. కుటుంబ అంతః కలహములు దీర్ఘవ్యాధులు వచ్చుటకు దోహదము చేయును.

Theory of contagion: Present theory is not full proof. Some people are getting diseases, and some others are not getting them. The replication advanced by allopathic doctor is that some persons have developed resistance. If we approach the doctor with a request to develop resistance in us, he is unable to do so.

Physical properties of iron and magnet are same but behavioural properties are different.

Disease passes on from vital body to mental body. Vital body gets conditioned to face the disease. Physical body gets tissues.

If an ice cube is prepared out of water with ink, we get an ice cube which is blue in colour. We cannot wash off the colour with water. It is so with chronic diseases also. If we sprinkled ink on an ice cube already formed, it can be easily washed. This is the case with acute diseases (ఆగంతుక వ్యాధులు).

Miasms (విషాకములు)

HIPPOCRATUS: Father of medicine. He wrote five volumes on medicine. Miasms are hereditary. Pass on from parents to children. పుట్టు గుడ్డి, చెయ్యి లేకుండా పుట్టుట ఇలాంటివి.

LAW OF MENDEL. Mendel is a great man who correctly stated facts.

- 1) Congenital idiosy cannot be cured. Will live for some time and pass away before the eyes of the parents.
- 2) Some have motions and asthma throughout their life. These cannot be cured permanently, can be cured temporary periods by medication.
- 3) In some cases the mind does not develop. He has no receptivity (గ్రహణ శక్తి). They do only routine habitual things. Anything to be learnt and done cannot be done by them.
- 4) In some children they have receptivity. They remember the lesson on the day they learnt, but cannot remember next day. They wear very thick glasses.
- 5) Some children disturb their neighbours in the group nudging them in sides etc. They are unhealthy minded people. Healthy minded persons always try to learn even if they are put in bad schools by approaching teachers at home etc. Mental and constitutional symptoms are most important for treating chronic diseases.
- 6) Cruel pleasures, detaining staff in the office without any work cynical.

In the above cases treatment is different. There are three types of miasms.

| | | |
|--------------|----------------|------------------|
| PSORA | SYCOSIS | SYPHILLIS |
|--------------|----------------|------------------|

| | | |
|---|--|--|
| 1.స్వాతిశయము(Sense of aristocracy). 2.చిరాకు (Irritability). | 1.శంక (suspicion) 2.అసూయ (jealousy) | 1.జడత్వము (idiocy) 2.Absent mindedness (Undeveloped mind in children). |
|---|--|--|

PSORA

ఏదైతే మన మనస్సుకు అసహజమో దాని ధర్మములను (లక్షణములను) సంక్రమింప చేసిన మనస్సు వ్యాధిగ్రస్తమైనది. ఆ వ్యాధినే Psora అందురు. ఒక అసహజమైన పరిణామము మొట్టమొదటగా మనస్సునకు కలిగి Psora వ్యాధి సోకినప్పుడు దానిని బహిష్కరించుటకు ప్రాణమయ కోశము చేయునట్టి తీవ్ర ప్రయత్నము ఫలితముగా దురదలు గాని, కురుపులు గాని, పొక్కులు గాని కలుగును. In Old Testament it is called that manifestation of skin eruptions (కురుపులు, పొక్కులు మొదలైనవి) are called atonements (ప్రాయశ్చిత్తము). After the Egyptian civilization, Jew civilization, Roman and Greek civilizations followed. These are not good.

గజ్జికి మందు వేయగానే బయటి నుంచి వ్యాధి లోనికి నెట్టివేయబడును. శరీరము లోపలి వ్యాధిని మరల బయటకు నెట్టుటకు ప్రయత్నం చేయును. తిరిగి మందు వేయుట వలన వ్యాధి లోపలనే గుప్తముగా ఉండును. అటువంటి వానికి స్వాతిశయము, irritability ఎక్కువగును. అట్టి సమయములో Psora వ్యాధి గ్రస్తుడగును.

Any skin troubles especially scabies (గజ్జి) when physically treated and made to disappear, results in the miasm of Psora. It colours and conditions all his thoughts, actions and behaviour. The result is it conditions his logic. In course of time it begins to descend upon the tissues of the physical body. Gradually the functions are disturbed. The mind lives in tension. The emotions are disturbed. The intellect and affections are also disturbed. Ex: Weeps while praised. Weeps while reporting symptoms.

Diabetis,liver malfunctioning, kidney trouble —These three appears to be separate when seen from above, but from below the entire thing is only one.

Prior to Sulphur age there was Mercury age. Mercury compound was administered literally. Constant use of Calamine resulted in malfunctioning of liver and lead into ultimate death. Mercury poisoning effects gums, bad breath, bleeding of gums, పూత, నాలుక అంచులు కోసుకొని పోవుట (serrated tongue). Tongue loses its natural colour. It will have coating with thick paste, results in nausea and vomitings occur. No taste for food. Cannot take food. All foods are alike.

Simple movement of body from one posture to another results in severe exhaustion to the patient. Short of breath. Nails look like bleached white cloth or yellowish white. From a study of nails one can predict T.B. 12 years ahead and paralysis 8 years ahead. If nails are not transparent and does not reveal skin below it, it shows that the patient is suffering from a chronic disease.

Mercuric sol is a wonderful drug for patients suffering from Mercury poisoning.

Kidney trouble - unable to sit on his knees. Hands won't reach the usual place on shoulders as before. Every red blood corpuscle contains more hydrogen with excess water. Kidneys are not functioning properly. Tendency to go to urine but come out less and less. Pressure on heart increases.

According to homoeo all the three i.e., diabetes, liver malfunctioning and kidney trouble are all one disease only and the three are manifestations of a disease (వ్యాధి వైఖరులు).

There cannot be more than one disease at a time in any constitution.

Disposition: Having any one of the three miasms. Getting bouts of asthma. వ్యాధి asthma. వ్యాధి యొక్క వైఖరి. వ్యాధి యొక్క ఉద్యతము. Attack.

3 years baby suffered from infantile asthma (పాల ఉబ్బసము). Will be controlled with medication. It will reappear after 40 years. While talking to the patient, enquire whether he had scabies. If yes infantile asthma comes out as scabies. Medicines were applied. The disease came at 7 years and remained one and half year. Sulphur, Mercury items were used. It withdrew into body temporarily. After some time (ప్రాణమయ శరీరము) vital body comes out in the shape of eruptions(కురుపులు). Again medicine was used and eruptions were subsided. మరల నీటి పొక్కుల రూపమున బయటకు వచ్చును.

కొందరికి ఒళ్ళు చమట పట్టిన ఎడల చాలా వాసన వేయును. వెల్లుల్లిపాయ వాసన వేయును. Banian విప్పి ఆరవేసిన తరువాత చూసిన చెమట outline map లాగా వెయ్యబడును. Banian will give a stain of the sweat His sweat attracts flies. ఒళ్ళు చాలా వాసనగా ఉండును. Tannery smell ఉండును. Likes his own sweat smell and often feels the smell. శరీరములోని నవరంధ్రములలోను irritation ఉండును. Itching sensation in all the orifices of the body.

Pathological symptoms: Warts (పులిపిరి కాయలు). అవి ఉన్నప్పుడు అన్నహితవు ఉండదు. వాటిని బలవంతముగా తీసివేసిన ఎడల అన్నహితము తగ్గిపోవును. Piles (మూలవ్యాధి) complaint వచ్చును. If warts are removed, it reappears as piles. Piles should not be removed at all. They should be left as it is. Piles are outlet for the disease and out flow for unwanted things. If these are removed by operation the body will be like that you have removed the latrine in the house. What will wife & children do in the absence of a latrine in the house. They will spoil whole house as if it is a latrine. Thus removal of piles is very dangerous. There after (after removal piles) the person will develop asthma. పడుకున్నప్పుడు పిల్లికూతలు మొదలైనవి తయారగును. దగ్గు కళ్ళె తయారగును. Bronchus will be affected. After 5 years of removal of piles the patient will get asthma. మందులు వాడిన ముందర తగ్గును. Dose హెచ్చిన కొలది మందులు కూడా పనిచేయవు. ప్రాణము పోవును .

పుట్టుకతో Psora వ్యాధిగ్రస్తుడుగా ఉండెను. చీము పొక్కులు కనిపించిన వైద్యమునకు మందు వాడిన, దేహములోనికి మాయమై infantile asthma గా వ్యక్తమగును. అది అణచివేయగా తగ్గి scabies (గజ్జి) వచ్చును. ఈ గజ్జి పొక్కులను లోపలికి అణచివేయబడగా Psora అను విషాకము (Miasm) కలిగినది. తరువాత వ్యభిచరించినచో గనోరియా వచ్చును. అది లోపలికి అణచివేసిన Sycosis వ్యాధి వచ్చును. ఆ విధముగా Psora, Sycosis వ్యాధులు రెండునూ సంక్రమించును. ఇందాక చెప్పిన చెమటను గూర్చిన లక్షణములు అన్నియు Sycosis కు చెందినవి. దానికి మందు Thuja.

Laws of Disease also known as Law of Similars. Laws of cure.

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| Homo = same Jaggery and jaggery water Pathy – సానుభూతి | Homoeo = Similar Jaggery lump and other natural in lump Pathos – దయచూపుట, ఉపచారము, ఉపచరణము |
|--|--|

Homoeopathy means Cure by Similars.

Hippocrates used the words pathos and pathy very freely. Observing nature and copying it. వేదము. Some people sitting and giving their opinion will not make it a law.

ఒక వ్యాధి ఉండగా శరీరములో ఇంకొక వ్యాధి ఉండదు. ఒక బాధ ఉండగా వేరొక బాధ ఉండదు. Susceptibility is known as chronic disease in homoeopathy.

రెండు వ్యాధులు శరీరమున ఏక కాలమున దేహమును ఆశ్రయించి ఉండగా అవి సమాన బలమైనవి అయినచో మొదట సంక్రమించిన వ్యాధి నివారణ పూర్తి అగువరకు తరువాత సంక్రమించిన వ్యాధి వర్తింపదు. Suspend అయి ఉండును.

a)సమాన వేదన లక్షణ సముదాయము కలవి smallpox or chicken pox.

b)విజాతి లక్షణ సదుపాయము కలవి typhoid/smallpox

1)Smallpox is stronger than chicken pox when both attack the body. Smallpox వర్తించును. రెండు విభిన్నములైన సమాన లక్షణ సముదాయము కల వ్యాధులు దేహముపై సంక్రమించినచో అందు బలమైన వ్యాధి వర్తించి రెండవ వ్యాధి యొక్క లక్షణ సముదాయమును అదృశ్యము చేయును. మొదటి వ్యాధి వర్తించుట పూర్తి అయిన వెనుక నివారణ జరిగిన తరువాత రెండవ వ్యాధి ఇంక ఎన్నటికీ వర్తింపదు.

2)రెండు విజాతీయములైన వ్యాధులు (typhoid and smallpox) ఏక కాలమున వర్తించినచో అందు బలమైన వ్యాధి యొక్క లక్షణములు దేహమున పూర్తిగా వ్యక్తమై రెండవ వ్యాధి లక్షణములు తాత్కాలికముగా మాయమగును. మొదటి వ్యాధి నివారణ పూర్తి అయిన వెనుక రెండవ వ్యాధి లక్షణములు మరల కనిపించి పూర్తిగా వర్తించును.

3)తక్కువ సంఖ్య వేదనల సముదాయము కల వ్యాధి ఎక్కువ సంఖ్య వేదనల సముదాయముగా గల వ్యాధితో తాత్కాలికముగా అదృశ్యమగును. ఆ రెండు వ్యాధుల వేదనలు సారూప్యము కలిగి ఉన్నచో ఆ తక్కువ వేదనలు సముదాయముగ కల వ్యాధి మరల సంక్రమించదు.

Loss of sight due to defect in optic nerve. That patient if he is affected by smallpox, he will get sight during the period of smallpox.

Small pox – కాళివాపు – fever –

1.Fever

2.Coryza : ముక్కులో నీళ్ళు కారుట, కళ్ళు ఎర్ర పడుట, తల నొప్పి, వొళ్ళు మంటలు, దగ్గు, కోరింత దగ్గు, ఒంటి తాపము, restlessness.

దేహమునందు ఆహారమైన ద్రవ్యము పడినపుడెల్ల ప్రాణమయ శరీరము ప్రతీకరించుటయు తత్ఫలితముగా వేదనలు అనబడు వికారములు (abnormalities) తాత్కాలికముగనో స్థిరముగనో వ్యక్తమగుటయు జరిగి తీరును. దీనినే వస్తు గుణము (properties of matter) అందురు.

బెషధములు శరీరములోనికి వేసిన ప్రాణమయ శరీరము యొక్క ప్రతీకారము పేరు drug disease.

Capacity stimulates symptoms in constitution are called medicinal substances.

Any substance that is capable of stimulating symptoms in a constitution is called a medicinal substance.

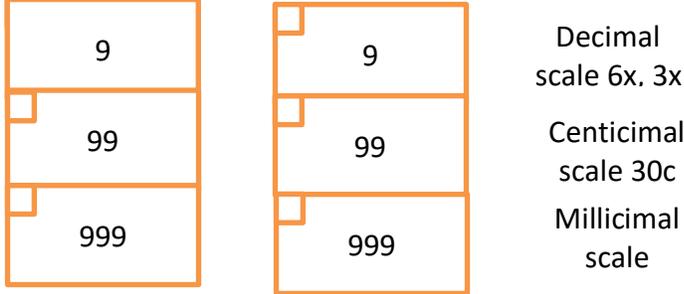
మానవ శరీరము నందు వేదనలను ఉత్పాదించేయు ద్రవ్యమును బెషధ ద్రవ్యము అందురు.

Diseases are two types

1.Drug disease

2.Natural disease

Patient is already having a disease x, introduce a drug disease y. If symptoms are similar and if the disease inducted by medicinal drug are stronger than the natural disease. Natural disease is suspended and made to disappear and it will not reappear. The disease introduced by drug should not play havoc with the constitution of the body, then it is called a cure.



- 1) ఒకే దేహమునందు రెండు వ్యాధులు సమకాలీనముగా వర్తించుట ఉండదు.
- 2) రెండు వ్యాధులు ఒకే కాలమున ఒకే వ్యక్తిపై దాడి చేసినచో అందు ఎక్కువ బలిష్ఠమైన వ్యాధి తన సంపూర్ణ లక్షణములతో వర్తించును. తక్కువ బలిష్ఠమైన వ్యాధి తన సంపూర్ణ లక్షణములతో వర్తించును. తక్కువ బలిష్ఠమైన వ్యాధి తన సంపూర్ణ లక్షణములతో మాయమగును.
- 3) ఆ రెండు వ్యాధులను సారూప్యము కల వేదనా సముదాయము కలిగి యున్నచో తక్కువ బలిష్ఠమైన వ్యాధి మాయమగుట శాశ్వతముగా జరుగును.
- 4) ఆ రెండు వ్యాధులును విజాతీయములైన వేదనా సముదాయము కలిగి ఉన్నచో తక్కువ బలిష్ఠమైన వ్యాధి యొక్క లక్షణములు శాశ్వతముగా మాయమగును. బలిష్ఠమైన వ్యాధి నివారణమై పోయిన వెనుక బలహీన వ్యాధి మరల తలయెత్తి వర్తించును.

- 1) Two diseases never co exist in a constitution.
- 2) When two diseases attack the constitution simultaneously, the disease of lesser strength gets suspended, and disease of greater strength expands in all its fullness.
- 3) When the two diseases are having similar totality of symptoms, then the disease of lesser strength disappears permanently, that means it is cured.
- 4) If the diseases are having dissimilar totality of symptoms, then the symptoms of the disease of lesser strength gets suspended temporarily. There after the course of the strong disease is completed, then the suspended symptoms of the lesser disease make their reappearance and run their full length.

Drug disease D1

Morbid disease D

Permanent cure is made possible only in cases where you administer a medicinal substance that is homoeopathic (similar) with the symptoms of the disease.

Every medicinal substance antidotes the group of symptoms that are produced by its crude administration and this become possible only when it is introduced in minutely diluted doses.

ఔషధముల గురించి:

- 1.Short acting remedies: మందు వేసినప్పుడు పనిచేయును,తరువాత వాటి ప్రభావము శరీరం మీద ఉండదు. Ex: Aconite.

Short acting remedies :- 1.Aconite

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| <p>1. Pathological symptoms - జ్వరము, పంటి నొప్పి, కడుపునొప్పి, తలనొప్పి, బహిష్టు నొప్పి .</p> | <p>2. Mental symptoms - భరింపరానంత బాధ (unbearable pain), నొప్పితో ఏడ్చుట (weeps while pain), మరణ వేదన (anguish), suddenness of complaint (only Aconite can cure), intense fear (విపరీతమైన భయం) of an unknown reason, sweat as if needle was driven into heart - red hot or ice-cold needle.</p> | <p>3. Modalities - has direct action upon heart.</p> |
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There won't be a fourth one that is constitutional symptoms because this is a short acting remedy. Only pathological symptoms, mental symptoms and modalities are to be for prescribing drug. If the complaint is also there next day, another dose of Aconite be given.

Continuously Aconite should not be given, as Aconite works on heart. In case of sudden heart collapse, if an experienced doctor gives a dose of Aconite, heart starts beating again. This works on the same lines as Amyl Nitrate or Colomine in allopathy. Ideal potency is 30.

Another drug for heart disease. In case of constriction (పట్టి నొక్కినట్లు ఉండుట, hook వేసి బిగించినట్లు, ఏదో తగులుకున్నట్లు) Cactus G 30 one dose. ఊపిరి కుట్టుకు కూడా Cactus G వెయ్యవలెను.

Aconite Short acting remedy కనుక రెండు doses తరువాత supporting drug వెయ్యవలెను. Aconite కి supporting drug Sulphur 30. మూడవ మారు Sulphur dose వెయ్యవలెను. మళ్ళీ నొప్పి రానివ్వదు. This is known as established the action of Aconite. Sulphur is known as chronic remedy or deep acting remedy. For all short acting remedies there are supporting/chronic drugs. 75% of chronic drug for short acting remedies is SULPHUR.

Note: అంతకుముందు heart attack వచ్చిన వారికి Aconite dose ఇచ్చిన ఎడల heart attack రావచ్చును. 60 వ సంవత్సరముల వయస్సు దాటిన వారికి అనుభవము కలవారు Aconite ఇవ్వవలెను. అటువంటి వారికి Sulphur 6 వాడవలయును.

Peculiarities of Aconite:

Case of an old lady aged 60 years:

An old lady of 60 years suffering from pain and ulcer in spinal cord. When operated it was found as cancer. If cancer is not properly removed it will spread wildfire. So it was not touched, and the surgical wound was stitched. She was having severe pain. Pain killing medicines in allopathy did not provide any relief.

When approached Master E.K. gave Aconite 30 one dose. She got relief for 15 minutes and she returned with pain. Aconite 200 one dose was given. The relief was for 24 hours and the pain returned. Because of her

delicate heart condition, it was debated whether to administer second dose of 200 potency or not. However Aconite 200 second dose was given. The relief was this time 48 hours. Master prescribed Aconite 1M (which was prescribed so far, only in 4 cases). She had relief for one week and then reappeared. Aconite 1M was repeated. Relief was for 3 weeks. She started working in the house. Pain is also less. Next time Master prescribed Aconite 10M (very strong dose). There was relief. She started walking, performed her daughter's marriage. After 2 months the pain came back, and Master was not there. She herself took Aconite 10M which gave her relief for 3 months. Like that she survived for three and half years. Cancer was not cured, but postponed for three and half years. Aconite 10M dose became ineffective. So Aconite 50M was prescribed and it worked for 5 months. There is no other stronger dose. She died later.

Short acting remedy: - 2.COFFEA

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| <p>1. తలనొప్పి, పంటి నొప్పి, కనుగుడ్డు నొప్పి, చెవి నొప్పి, ఇలా ఏ నొప్పి అయినా చీము కానీ కురుపు కానీ ఉండవు.</p> | <p>2. తనను గురించి మాత్రమే ఆలోచన, అతివాగుడు, అభిప్రాయములు వేగముగా పరుగెత్తును. Cyclic relief of repetition of thoughts.</p> | <p>3. నిద్ర రాదు, బాధను గురించిన బాధ, అతి దూర శబ్దములు వినిపించును (magnified sense of sounds), వాసనలు దూరం నుండి పసిగట్టును. Cannot tolerate attention on others, utter jealousy, తనను గురించి ఇతరులు బాగా శ్రద్ధ వహించవలెను.</p> | <p>4. Sharp mind, but not stable.</p> |
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ఈ పై లక్షణములు strong coffee రోజుకు చాలా సార్లు 10 సంవత్సరములు త్రాగిన ఎడల వానికి వచ్చును. ఈ జబ్బును కూడా Coffea అందురు. ఈ drug ఇచ్చినప్పుడు కాఫీ త్రాగరాదు. త్రాగిన ఎడల మందు పని చెయ్యదు. Dose కొంతకాలము పనిచేయును. మళ్ళీ dose వెయ్యవలెను. మూడవసారి మళ్ళీ వచ్చిన ఎడల Coffea repeat చెయ్యరాదు. Coffea కి chronic drug అయినా Nat mur 200 1 dose వెయ్యవలెను. అప్పుడు తిరిగి రాదు.

Coffea case: Hotel లో ఉద్యోగం. విశాఖపట్నంలో Master గారితో పరిచయం. భార్య తాను బ్రతకదు ఆయనను బ్రతుకనివ్వదు. మాస్టర్ గారిని ఇంటికి తీసుకుని వెళ్ళాను. స్నేహితునిగా పరిచయం చేసెను. He organises ballroom dances. వాళ్ళతో అతనికి సంబంధం ఉన్నదని ఆమెకు jealousy. వంట చేస్తే చేయును లేకపోతే మానివేయును. ఆఫీసుకు కూడా వెళ్ళనివ్వదు. కూడా ఉండును. నిద్రపోయి కొన్ని సంవత్సరములు అయినది. నిరంతరము ఏడుపు. బాధ చెప్పుకొనదు. Coffea 50M వేశారు. తరువాత తగ్గింది.

Short acting drugs :- 3 : Chamomilla

Long-acting remedies work for 6 months or more if a single dose is given.

Ex: Sulphur, Calcarea, Graphitis, Carbo veg, Carbo ani etc.

One should be very careful about repetition. Normally not necessary. Deep acting remedies many under long-acting remedies reappear in this also. Sulphur deepest acting remedy in homoeopathy.

Psorinum as deep as Sulphur almost. Tuberculinum as deep as Sulphur.

Acid phos: In some cases act even deeper.

Aurum met: Pure gold. Deep acting. Keynotes: always morose. No point of interest in life. He is sure that he is unfortunate fellow and that anything be undertakes must fail. ప్రపంచము తనను నిర్లక్ష్యం చేయుట. Suicidal tendency.

నాన్నకు అమ్మకు మిగిలిన వాళ్ళ మీద ప్రేమ తన మీద లేదు అనిపించను. If care is not taken while administering medicine these symptoms may appear in the patient and follow him unto ground.

Echinesia Q: కొరకబడినవాడు కుక్క, పాము, తేలు, జెర్రీ, మనిషి మొదలగునవి. Emergency life saving drug. 3 days 3 doses.

Another classification:

1.Mineral drugs (ఖనిజ సంబంధము): Sulphur, Aurum met, Calcareas, Cuprum met, Graphites, Zincum met, Plumbum met, all metallic drugs.

2.Plant drugs (వృక్ష సంబంధము): Aconite(నాభి), Belladonna (in latin వశీకరణ మందు), Lycopodium, Agaricus (కుక్క గొడుగులు), stramonium (ఉమ్మెత్త), (బైరవి అనే మంత్రం నల్ల ఉమ్మెత్త). Hyoscyamus (వాములో ఒక రకము).

3.Animal drugs:

A)Sepia - loss of affections, ప్రేమ ఆదరణ ఉండదు, భరించరాని అసూయ, criminal tendency.

B)Lachesis (సర్పమునకు సంబంధించిన) – వెంటనే గొంతు పట్టుకుపోవును. Choking in the throat. Face bluish, dullness in the top of head. త్రాగిన వాని వలె సగము తెలివి కలిగియుండుట, Semi-consciousness, half closed eyes, speech indistinct as if drunken, swallow last syllabulus (ఆఖరి పదములు మింగివేయును), incessant, continuous talking, feels body is very heavy, Motor system in nervous system gets disconnected, sleeps in aggravation, predominantly left sided, చిన్నపిల్లలకు tonsillitis.

C)Crotalus hor. - రక్త పింజరి: నోటి నుండి నురగ, రక్తం, ఖాండ్రించి ఉమ్మిన రక్తం, నవ రంద్రముల నుండి రక్తము.

D)NAJA - నాగుపాము: రక్తనాళములు చిట్టి రక్తం కారుట.

E)Bungarus – కట్లపాము: ఎక్కిళ్ళతో పోవును.

4.Nosodes: వ్యాధికి సంబంధించిన ఔషధ ద్రవ్యములు:

A)Variolinum - smallpox కి సంబంధించిన bacteria.

B)Psorinum - గజ్జి కురుపు చీము నుండి తీసిన మందు.

C)Tuberculinum – క్షయ శరీరము చీము నుండి తయారుచేసిన మందు. When indicated remedy failed to hold. మరలా తిరగ పెట్టును, నివారణమగుటకు వీలు లేదు. Action will not sustain chronic drug of all drugs in the world.

5.Radioactive drugs: Electricitas (total disintegration of tissues), Magnetos, Uranium nitricum.

6.Sarcodes: మనిషి యొక్క ductless glands.

- A) Pitutorin
- B) Endocrine
- C) Thyroidine
- D) Adrenaline

7. Tautopathy – antibiotics (experimental stage లో ఉంది). Penicillin, Streptomycin.

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| <p>Belladonna : ఒళ్ళు కంది, ఎరుపు పొంగు పోసినట్టు వేడి మంటలు, నిప్పు పెడుతున్నట్టు. affected parts are hotter than other parts. జ్వరములో ప్రేలాపన ఉండును. పండ్లు కొరుకుట, కోపము biting the teeth, anger, బట్టలు చింపుట, ప్రక్కన ఉన్న వారిని కొరుకుట, గీరుట, tries to escape and run away. Delirium లో కుక్కలు ఎలుకలు, పిల్లలు మొదలైనవి వెంటపడుతున్నట్టు ఉండును.</p> | <p>Stramonium : High fever, in delirium sees devils. కలలో భూతపిశాచములు కనపడును. Sees recently died relatives and friends, వాగుడు ఉండును.</p> | <p>Hyoscyamus : జ్వరములో delirium (సంధి) వచ్చును. ఈ గదిలో దొంగలు ఉన్నారని అరుచును, అర్ధరాత్రి లేచి దుప్పటి దులుపును ఎందుకు అనిన- నట్లు అనును. మందు వేసుకొనడు because feels all are trying to poison him and plot against him. అందరూ కలిసి విషము పెట్టి చంపుటకు కుట్ర చేస్తున్నారని మందు వేసుకొనడు. Delirium లో ఆసుకవిత్వము ఘనములతో సహా చెప్పును. Uses most obscene language. బూతులు మాట్లాడును. Speaks words pertaining to genitals.</p> |
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Skin symptoms:

When one of the three miasms attack the constitution, then the body begin to throw out skin symptoms. When left undisturbed these serve the purpose of excreting the dead tissues which are the result of the fight that took place between the constitution and the disease.

ఒక దీర్ఘవ్యాధి విభాగము దేహమునందు సంచరించిన వెంటనే చర్మవ్యాధి లక్షణములు వెలిబుచ్చుట ప్రారంభమగును. దానివలన వ్యాధితో చేయబడు యుద్ధమున చనిపోవుచున్న దేహధాతువులు మలిన పదార్థములను ఛాలన చేయుట జరుగును.

The existence of skin symptoms protect the constitution from being affected the vitals.

దీనివలన ప్రాణరక్షకములగు దేహయాత్ర భాగములకు ఆపద కలుగకుండా రక్షణ జరుగుచున్నది.

Vitals are heart, bladder, kidneys, lungs, stomach, liver, spinal cord.

We should not counter act skin diseases at all. చర్మవ్యాధులను బలవంతముగా అణచి పెట్టరాదు.

In a chronic disease, as long as skin disease exists on the body there is no damage to the life.

ప్రాణప్రమాదమైన దీర్ఘవ్యాధి దేహమునందున్నదని తెలుపుటకు చర్మవ్యాధి వర్తించుచున్నది.

When the chronic disease is really cured there is automatic disappearance of skin disease. దీర్ఘవ్యాధి వాస్తవముగా నివారణమైన వెంటనే చర్మవ్యాధి స్వయంగా అదృశ్యమగును. We need not use medicine.

Primary complex వ్యాధిలో homoeo మందు వేసిన తరువాత రెండు వారములు లోపల ఆహారము సహించుటకు గాని, అనిపించుటకు కానీ మందు మార్పరాదు.

Homoeo pills మ్రింగరాదు నాలుకపై వేసుకొని చప్పరించవలెను. Blood sugar వ్యాధి ప్రమాదకరమైనది killing disease.

Any attempt to cure skin disease is nothing but using a remedy for a disease and not to a person. చర్మవ్యాధికి మందు ఇచ్చుట అనగా వ్యక్తికి మందు ఇచ్చుట మాని జబ్బుకు మందిచ్చినట్లే.

So when skin symptoms are caused locally, then the purification process is hindered. చర్మవ్యాధిని కృత్రిమముగా నివారణ చేసినచో దేహ పరిస్థితి కుంటుపడును.

Gangrene disease: Any attempt to heal the disease, it is very dangerous to life. First 48 hours energy is to be maintained. Only liquid diet (not solid diet) is to be given. ఈ మందు వలన fever కంట్రోల్ అయినప్పుడు Sulphur 30 one dose వేసిన 48 గంటలలో fever cure అవును.

1.Tuberculinum:

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| జ్వరం, నీరసం | ఏమీ త్రాగడు | పెదవులు పీక్కునుట, రక్తం వస్తుంది. ముక్కు రంధ్రములలో వేళ్ళు పెట్టుకొనుట. Fever < 12 to 4 p.m | Indicated remedy fails to sustain action. |
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2.Bryonia:

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| జలుబు,తుమ్మలు,తలభారం, తలనొప్పి,మెడనొప్పి, నడుము నొప్పి, sugar in urine, Second stage: Constipation, ఆకలి తగ్గినది. విరేచనము తెల్లగా ముద్దగా అగుచున్నది. Urine quantity reduced. చిక్కగా అగును. Reddish brown. | పని చెయ్యబుద్ధి పుట్టదు.ఎక్కడికి బయటకు వెళ్ళ బుద్ధి పుట్టదు. | < కదిలిన బాధలు ఎక్కువగును. > విశ్రాంతి వలన బాధలు తగ్గును. > నొక్కుట వలన బాధ తగ్గును. Craves for large quantities of cold water. Ice కావాలని కోరిక. (Puasatilla: Body పెరుగుట, మరునాటికి కంటి రెప్పలు | Heaviness, బరువుగా వుండుట. Lazy, అతి దాహము. |
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| | | ఉబ్బుట).నిద్ర మత్తు, kidneys become defective, fever with chill, headache, vomiting sensation, వణకు, motion at 12 noon with gas troubles, ఆసనము వద్ద మంట, Anus వద్ద మంట, Anus burning- China after 10 days. some symptoms after Bryonia. | |
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Indicated remedies fails to act.

Arum triph (దురద కంద): Daytimes లో జ్వరము normal ఎప్పుడు touch కాదు. Gradual గా నిచ్చిన దిగినట్లు temperature ను control చెయ్యవలెను గాని ఒక్క మారు జ్వరమును తగ్గించరాదు.

Explanatory notes:

No tendency to recover. Cyclic occurrence of symptoms. Tuberculinum 1M one dose వేసిన తరువాత కొంత కాలమునకు symptoms వలె కనిపించును కానీ మందు వేయకుండా ఆగవలెను. వాటంతట అవే తగ్గిపోవును.

Maximum number of hours ఇతరుల గురించి గడిపి తక్కువ hours తన గురించి గడిపినప్పుడు వానికి ఆరోగ్యము గా ఉండును.

Psora వ్యాధి రాదు. ఆయుర్వేదములో ఔషధ సేవ ప్రాయశ్చిత్తకాండగా ఉద్దేశించబడినది.

ఇతరుల ఆరోగ్యమును గురించి బాగుపరచవలెనన్న ఉద్దేశము ఎక్కువగా ఉండి తన ఆరోగ్యం గురించి ఆలోచన తక్కువగా ఉన్న యెడల అటువంటి వాని ఆరోగ్యము పరిశుభ్రముగా ఉండును.

వాతము - Pulsation (స్పందనాత్మకమైన శరీరము)- ప్రాణాపాన శక్తి, శ్వాస మొదలగునవి.

పిత్తము - combustion - తయారైన ధాతువులు దగ్ధము చేసే heat, digestion.

శ్లేష్మము - tissues building, center materialisation.

Three whirlpools of Ayurveda (త్రిధాతువులు disturb అయిన త్రి రోగములు వచ్చును) miasm ఉన్నదో లేదో కనుగొనుటకు.

Food times fix చేసి strict గా follow అవ్వవలెను. మధ్య మధ్యలో తినుట మానవలెను. ఎవరికి మధ్యలో తినుటకు, త్రాగుటకు ధ్యాస లేదో అట్టివానికి miasms లేనట్లు లెక్క. మధ్యలో కావాలని వున్నచో miasm ఉన్నట్లు లెక్క. అటువంటి వారికి susceptibility to attract disease ఎక్కువ.

| <u>Psora</u> | <u>Sycosis</u> | <u>Syphillis</u> |
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| Sense of aristocracy, irritability, occurs when mind goes into unnatural things, idle curiosity, తనను గురించి ఇతరులు | Suspicion, jealousy, cheating, adultery not related to sex, sex potency of a person. | Absent mindedness, idiocy, lack of comprehension (చెబితే |

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| <p>ఏమనుకొనుచున్నారో అనే జిజ్ఞాస, మానసికమైన కంఠాతి. If driven out to the surface of the body manifests as scabies. In Hebrew language all skin diseases are called lepra. Moses was told by Jesus not to allow patients with skin diseases to enter the temple of God as they are suffering atonement (ప్రాయశ్చిత్తం). Psora comes on account of mental activities. Once psora sets in the other two diseases will come to him by physical contact. Psora once cured by anti-psoric drugs may also recur again to the person. Psora తిరిగి రాకుండుటకు సత్సాంగత్యములో ఉండవలయును. Non-psoric people తో తిరగవలెను. A set on non-psoric people should meet and have good time and talk about scriptures etc. 24 గంటలలో వ్యక్తి చేయవలసిన ఆఫీసు, కుటుంబ economic conditions, social obligations తో refix చేసుకుని వీలుగా ease తో ఉండిన ఆరోగ్యముగా ఉండగలడు. అప్పుడు Psora వ్యాధి రాదు.</p> | | <p>బోధపడక పోవుట), will come on physical contacts only to the patients of psora.</p> |
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1.Except in times of nutrition your mind is not tempted by any taste. It proves that you are free from miasm.
2.Same thing with sex also. దాంపత్య సమయములలో తప్ప మిగిలిన సమయములలో భార్యభర్తలు companions గానే ఉన్నట్లయితే వారికి Miasm లేనట్లే. Because nature wants species multiplied. We are rendering service to it, it has given us the enjoyment of sex as reward. Total obstinacy to sex or observance of celibacy in youth are dangerous and may lead to diseases.

Anti-miasmatic drugs:

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| <p>Psora: 1.Sulphur - anti psoric drug, king of anti psoric drugs. 2.Psorinum - గజ్జి పొక్కు నుంచి తయారు చేయబడినది. 3.Calcarea carb, Calcarea phos, Calcarea ars, Calcarea sulph</p> | <p>Sycosis: 1.Thuja - king of anti sycosis. 2.Medorrhinum - discharge of inflammatory parts of gonorrhoea patients. 3.All Argentinum (silver) salts, Argentinum nitricum (silver</p> | <p>Syphillis: 1.Mercurious soluble MERC SOL king of anti syphillitic 2.Syphillinum discharge/pus of a patient of syphillis. 3.Aurum (gold) potentised Aurum met(scary note– suicidal mania),Aurum</p> |
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| caused on account of disturbance of nerves. | nitrate) caused on account of disturbance of intelligence. | sulphuricum caused on account of disturbance of emotion. |
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Diet requirements of successful homoeopathic treatment:-

Even if proper drug is prescribed, correct potency and dosage are used the patient may still not get relief, that is because we have not educated the patient properly about diet to be followed.

1. Avoid all stimulants and narcotics. Coffee, tea, alcohol, tobacco, ganja. These themselves work as strong homoeopathic drugs.

2. Food stuff: strong spicy things to be avoided. ఉల్లిపాయలు, ఇంగువ, వెల్లుల్లి, లవంగములు, దాల్చిన చెక్క, ఏలకులు, వెల్లుల్లి, (Drug for blood pressure rawalfia serpentina), Asafoetida (ఇంగువ) cures abdominal diseases, వాంతులు, నురగలు.

3. ఉప్పుపులుపు, కారము ఎక్కువగా వాడరాదు.

a) మిరపకాయ-Capsicum cures several disease symptoms. కడుపులో మంట, ఆసనంలో మంట, ముక్కుమంట, తలలో చీమలు పాకుచున్నట్లు, facial paralysis వచ్చుటకు 4 to 5 hours ముందు gastric complaints. Gas in abdomen.

b) ఉప్పు- Natrum mur - number of symptoms, nervousness of worst type. బల్ల నుండి పేళ్ళు పీకుట, వాటిని ముక్కలు చేయుట, గుండుసూదులు వంచి పారవేయుట, చాప మీద కూర్చుని చాప పీకుట చేయును, రోజుల తరబడి ఎవరితో మాట్లాడకపోవుట, melancholic thoughts వచ్చుట.

c) చింతపండు - Antimonium tartaricum - కఫం కమ్మినవానికి, క్రిందకు దింపిన వారికి, oxygen కి expose కాని వారికి suffocation sets in, ముక్కు పుటములు ఎగురవేయడం - one dose of Antimonium tartaricum వేసిన వాంతి వచ్చి phlegm అంతా పోయి శ్వాస పీల్చుకొనును.

Avoid పచ్చ కర్పూరము.

Camphor ప్రాణములు నిలబెట్టు drugs లో ఒకటి. ఒళ్ళు చల్లబడెను, చమట లేదు, నాడి అందదు, తెలివి తప్పుతున్నది. These are collapsing symptoms. సాధారణంగా కలరా వంటి వ్యాధులలో wrong గా treat చేసినచో, typhoid, bronchitis ల లో ఇట్టి లక్షణములు వచ్చును. మందు పడ్డ నిముషములలో కళ్ళు తెరుచును. నాడి అందును, temperature control అగును.

Camphor is an antidote of all homoeopathic remedies. It should not be kept in homoeopathic chest. Pure camphor should not be kept in the room where homoeo drugs are kept.

4. Menthol (peppermint) - కిళ్ళీలు, foerhan's toothpaste తప్ప మిగిలిన toothpastes లో menthol ఉండును. పళ్ల పొడిలో saccharin ఉండును. Foerhan's toothpaste manufactured in India is best and stops bad breath and bleeding of gums.

5. Cosmetics వాడరాదు. Perfumed talk, inhaler, perfumed hair oil అమ్మతాంజనము మొదలగునవి.

6. Should not be exposed to extreme temperatures. రోహిణి కార్తిలో ఎండలో తిరిగిన drug neutralize అగును. అటులనే cold drinks, ice creams తినరాదు.

7.Late hours in the night పనికిరాదు. Mental cases లో insanity cases లో sulphur CM వేసినప్పుడు పైన జరిగిన situations జరిగిన ఎడల drug neutralize అయినదో లేదో తెలియదు. If the symptoms reappeared, then only repeat the drug.

8.నిద్ర, rest సరిగ్గా తీసుకొన వలెను. Sources of error should be located and neutralized. Strong smelling flavours like సంపెంగ, మొగలీ, మల్లెవాసన చూడరాదు.

9.Stagnated waters: patients living by the side of stagnated water should be asked to change the residence to a better place when medication is going on. Avoid chlorinated water. కాచి చల్లార్చిన నీరు త్రాగవలెను. People working in chemical fertilizer factory cannot be cured easily. Symptoms reappears easily. So also people working in coal mines any sort of pollutions will hinder the treatment of homoeopathy. Plants కి పురుగు పట్టిన ఎడల వాటికి stimulants లేవు, కనుక Cina 200 dilution అంటించినచో ఆకులు అన్ని రాలిపోయి కొత్త చిగుళ్ళు వేయగలిగినవి. కుక్కకి ఒళ్లంతా పురుగులు పట్టినప్పుడు Sabadilla 200 one dose వేసిన ఎడల తగ్గింది. పిల్లికి కన్ను నెత్తురు ముద్దలాగా అయినది. Rhus tox వేసిన ఎడల కన్ను సరిగ్గా అయినది. Belladonna symptoms– bites, tears, చేతిలో ఉన్న దానితో పొడిచి పారిపోతాడు. Belladonna 10M. మళ్లీ symptoms worse అయినచో repeat the dose. Two or three times dose వేసిన తగ్గినది. పిల్లవాడు కావాలని అరుస్తాడు because of spinal disturbances.

జబ్బులు కాని వంటి వాటికి చికిత్స :-

Ailments for external reasons:-

1.Wounds (గాయములు) : Injuries, cuts గాయపడిన పుండు. Arnica వేయరాదు. ముందు tetanus రాకుండా చూసుకొనవలెను. Hypericum 200 ఒక dose వేయవలెను. గాయము తగిలిన 5 or 6 hrs లో అయిన Hypericum ఫరవాలేదు. రెండు మూడు రోజులు అయినా Hypericum ఒక్కటి చాలదు. 95% tetanus set అయిన cases లో కూడా Hypericum తో cure కావచ్చును.

Case: చిన్నపిల్ల. Fever వచ్చింది మంచం మీద కూర్చుని కబుర్లు చెప్తోంది. సాయంత్రం 5 గంటలకు కాళ్లు నొప్పి అంది. 10 నిమిషాలలో మెడ నొప్పి అంది. ఆ తరువాత వెంటనే semiconscious అయ్యింది. జాగ్రత్తగా చూస్తే కాలి మీద చీము పోసిన గాయం ఉంది. గాయం తగిలి 4-5 days అయి ఉండ వచ్చును. Symptoms లో మెడ ఎగురవేయుట ఉన్నది. There are 4 drugs in the house.

a) Cicuta Virosa - good drug for tetanus, snake bite. Keynote : 1.Backward twist of spine. 2.Fingers twisted, thumb will be outside. 3.Copious salivation. తీగలు సాగినట్లు నోటి వెంబడి చొంగ కారుట. 4.Pulse and temperature disagree

(only two drugs have this key notes).1. Cicuta Virosa 2. Pyrogen .

When thinking of administering Cicuta virosa

the girl developed fidgety at feet and fingers (restless movement of hands and feet),cannot stand at a particular posture - Zincum met (బోనులో పులి వలే తిరుగును).Vomitings started - they two types :-

a)from inside with force and sound.

b)gushing type గ్లాసుతో నీళ్లు బోర్లించినట్లు.

Connected with cerebellum – dangerous.

3.Girl developed muttering delirium (గొనుగుడు).

Septic type of delirium and fever - Baptisia

First Hypericum 10M one dose was administered. There after she slept for sometime. After 2 hours she woke up. In acute condition if the patient sleeps well and soundly it is a good sign. She must be allowed to sleep undisturbed. We should be able to differentiate between coma and sleep. She got up after 3 hours and had a vomiting. She also has muttering delirium. Zinc met was given. She slept well till next day 5:30 a.m. and wanted milk. That showed that she is recovered.

Any cuts and wounds safely give Hypericum 200. Safe drug.

Echinacea Q (mother tincture) for external application with cotton. Morning and evening one dose each.

Bites:

| | |
|----------------------|--|
| Scorpion (తేలు) | 2 ounce of water (preferably కాచి చల్లార్చిన నీళ్లు). |
| Centipede (జెర్రి) | Add half teaspoon Echinacea Q. Ask the patient to take ¼ th of the content, rest after 15 minutes. Apply mother tincture with cotton and attach cotton. There after ask the patient to violently shake the hands or legs till pain goes. |
| Rat (ఎలుక) | |
| Spider (సాలి పురుగు) | |
| Human (మనిషి) | |
| Lizard (బల్లి) | |

Echinacea Q is different from Ignatia. Ignatia is predominantly a mental drug and minimum dose is 30. Other mental drugs are Hyoscyamus, Anacardium, Aurum met, Stramonium, Belladonna. Lavish and free use of Belladonna is very dangerous. Only medicine that aggravates into sleep is Lachesis.

Ledum pal Q:

కాలి మీద కుట్టి పాదము పైకి ఎక్కుట, ఒళ్లంతా కాన్, పాదం పైన కాన్ మంటలు, ameliorated by cold water. తడిగుడ్డ వేసిన హాయిగా ఉండును. ఇటువంటి symptoms ఉన్న Ledum pal, start with low potency and move up to high potency.

Ledum pal 30 one dose. Apply mother tincture at the place where the patient is bitten.

Case:

Patient is suffering from cancer. Tried several doctors of different places without any improvement. Approached Sri Sudarshan of A, Vizag and a disciple of Master E.K. The patient's husband and children are suffering from lassitude (cold, callous and heartless). They are unable to throw any light on the symptoms of patient. When the doctor visited the patient, she asked for cold water which has given with ice cubes in them. She put the cold-water glass on her abdomen where there was pain. Immediately the doctor realised that symptoms ameliorating with cold water. The patient later put the ice cubes on her abdomen. He gave Ledum pal 30. Next day onwards there was no pain for 20 days. Then the pain reappeared. Second dose of Ledum pal 30 was given. It gives her relief for one month. Then the dose was changed to 200. She was relieved of pain. She subsequently passed away as cancer was incurable. In all such cases we should try for maximum relief or amelioration by administering homoeopathic drug. Anybody can be a practioner of medicine, but not a doctor.

Old wounds: చాలా కాలము అశ్రద్ధ చేసి వదిలిన దెబ్బలు. Neglected wounds. ఎండిపోయి పేడెక్కిన కురుపులు. Scary dry ulcer rations punctured (కన్నం పొడిచినట్లు) ఉండును. Little wounds burn too much. (తేలు కుట్టినట్లు).

Old neglected wounds: Marked amelioration by applying cold water. Symptoms travel above and upwards. Four key notes for Ledum pal. Wounds bleed brownish or blackish blood. In chronic cases even though there are wounds on legs we should not give Ledum pal.

Case: A girl aged about 17 years. తవుడు, పేడ, ఇసుక కలిపిన యెడల ఎట్లుండును అట్లు అయినది కాలు. For 8 years she had the disease, and no relief was available with any ointment or medicine. It proves that there is some other strong disease inside the body and if the skin disease on leg is cured the patient may develop complications and die. She has no other complaints. No childish troubles like infantile asthma etc. when young. When enquired whether there were any respiratory troubles. These should always be enquired in skin diseases. If there are chronic diseases in heart or lungs their functioning gets impaired, pus or impure blood finds its way from skin eruptions on the body. The parents of the patient said that there was no asthma or bronchial fever. One dose of Ledum pal 1M was given by Master E.K. There was improvement in a week. In 15 days there was complete relief and the leg was normal. After one and half month she got asthma back and that too very seriously. When drugs for cure of asthma were administered the eruptions on legs reappeared. It is a sycotic case. She had infantile asthma and the parents did not reveal true facts to the master.

Cantharis: కాలిన పుల్లకు, బొబ్బలకు, burns కు మాత్రమే కాదు. It is useful only in a majority of such cases. Pathological symptoms: నీటి బొబ్బలు, కాలిన బొబ్బలు వంటివి. అగ్ని మండలము. పురుగు కుట్టిన యెడల కూడా అట్టి బొబ్బలు వచ్చును. అటువంటి cases లో Cantharis 30 one dose to be given, relief comes in 24 hours.

బొబ్బలలో రసి ఏ రంగూ ఉండదు. నీటివలె ఉండును. పుండు పడి ఎర్రబడి fever వచ్చిన ఎడల పళ్ళు కొట్టుకున్న యెడల, delirium లో ఉన్న ఎడల Belladonna వెయ్యవలెను. Cantharis పనికిరాదు.

బళ్ళు మంటలు, బొబ్బలు ఉన్న యెడల ఆపాదమస్తకం మంటలు, కళ్ళు మంటలు, కళ్ళు ఎరుపు, ముక్కు మంటలు, ఎరుపులు, కారము పీల్చినట్లు ఉండును. Unbearable burning and redness of all orifices. In extreme cases blood drops come out while urinating Cantharis 30 one dose. All symptoms disappear because these symptoms indicate septic poisoning.

Mental symptoms:

- 1.A desire to uncover, ఒంటి మీద బట్టలు తీసివేయుట.
- 2.A desire to run naked.
- 3.A desire to use very foul language.
- 4.He desires to use very obscene language manning genitals.

The above symptoms are on account of burning of nerves or on account of mental shock.

Cantharis case: In Srikakulam where master was giving treatment an old lady is in a bad condition and her husband approached Master. Master agreed to visit the patient, patient is not wearing any clothes and she was locked up in a room. There were also crowbars, గొడ్డళ్లు (axes) in the room. She is threatening people who enter into the room with them. She has 5 children. She did not take food or drink for 30 hours. When Master knocked at the door she bolted from inside. She opened the door and question who is it. Master said that there was lot of commotion here and I came to enquire. She let the Master inside. She told Master that she isn't suffering from any disease. And also complained that she was not given water or food for the last three or four days. Master asked her to wear a saree she said that the entire body is burning if she wear one. For the last 7 years she is suffering from acute burning of genitals while passing urine. See concealed this and did not tell anybody. She was at that time in a passive mood. That is the proper time to get details. When a patient who is mentally sick is approached in an active period it is very difficult to elicit information. When enquired whether she would have buttermilk said yes, but did not want it from their hands (referring them in an obscene language). Cantharis one dose was given. Next day husband informed that she started wearing clothes and wanted to cook food. Master

refused to cook food. Master refused because heat in kitchen will aggravate urinary canals burning. The patient or her husband did not turn up again. After some time Master visited Srikakulam and saw them in a street together. But they did not approach him. After 6 months the patient's husband visited Master at Vizag. Master wanted them to stay at Vizag to take medicines regularly for 6 months which they did. Thus with a single dose of Cantharis 30 there was much relief.

Arnica: Wrongly misunderstood as drug for injuries. But Arnica is no doubt required for injury.

Key notes of Arnica are most probably with those who have injuries.

1.Pain all over the body. ఒళ్ళునొప్పి పడినా పడకపోయినా.

2.A bruised sensation all over the body. ఒళ్ళు పచ్చి పుండు లాగా ఉంటుంది.

3.Sensation of heaviness. ఒళ్ళంతా బరువు చేసినట్లు ఉంటుంది. Not gravitational but sensational.

4.Fever (probable).

Number one symptom is common to several homoeopathy drugs, but Arnica it is dread of being touched. చెయ్యి వెయ్యనివ్వడు. (Opposite is Bryonia. He will allow people to press injured portion. నడుము తొక్కించుకొనును).

Ameliorated by pressure – Bryonia.

Aggravated by pressure – Arnica.

Causation not important in homoeopathy.

5.Skin reddish with spots. చర్మము కంది ఎర్రబడును. పొంగు జ్వరములో ఎర్ర ఎర్రని మచ్చలు వచ్చి జ్వరము వచ్చినచో Arnica వెయ్యవలెను.

6.Even for the flu fever if above symptoms are there Arnica cures. Even for leucoderma Arnica cures if the above symptoms are there.

In Arnica dosage is important. దెబ్బ తగిలిన వాడికి రిపీటిషన్ ఎక్కువగా చేయవలెను, అందువలన 200 potency ఇవ్వరాదు.

Arnica 6 ఇవ్వవలెను. వెంటనే relief వచ్చును. (200 potency అయినా 3 or 4 days దాకా తగ్గదు. పైగా వంటి పొంగులు పెరుగును). Arnica 6 secon dose after 2 hours if pains are not reduced. 3rd dose, 4th dose and 5th dose can be given safely.

పొంగు జ్వరము వచ్చిన 6 వేసిన ఒళ్ళంతా పొంగు చూపి ఎక్కువ అగును. అటువంటి వాడికి 200 వేయవలెను.

Confirmation tests: mental symptoms:-

1.Refuses to see the doctor. Mainly in chronic diseases insults the doctor. He is proud of his disease. తనకున్నంత వ్యాధి ఎవరికీ లేదని అభిప్రాయము. వైద్యుడు వ్యాధి తగ్గునని చెప్పిన అతనిని నమ్మడు. Sleep with full of dreams. Entire duration of sleep will be full of dreams. Characteristic dream that he is getting drowned in muddy waters.

Arnica other symptoms: దురద, scaling of skin. Arnica should be given. If higher potency drug is given it acts on higher plane like vital body. Hence if lower potency is given it acts on physical plane only. Dandruff of reddish brown or plain white is cured with Arnica provided other symptoms are similar.

If there is a fracture or splitting of bone with Arnica symptoms. After Arnica symptoms are cured we should also take Calcarea phos 3X two pills in the morning and two in the evening for one month. It will help in developing of bones nicely. If it is not correctly set Symphytum 6 one dose every week for about 6 months. Then we are too sure that there is no wrong setting of bones.

The below given are the only drugs required for external application in homoeopathy.

Echinacea Q
Ledum pal Q
Cantharis Q
Arnica Q

Arnica దాహము < రాత్రి, అతిమూత్రము < రాత్రి,

ఒళ్ళు నొప్పులు, నీరసము, కదలలేడు, కోపము, ఒళ్ళు చిత్కొట్టినట్లు ఉండును. The medicine cures diabetes also.

Principle -1:-

The duty of the healer : He is to heal the Sick persons. వ్యాధిగ్రస్తులైన వారికి వైద్య ప్రవృత్తి చక్కచేయుట. ఔషధము వ్యాధిని ఉద్దేశించినచో అల్లోపతి విధానము.

Homoeopathic way of using medicinal substances is important not homoeopathic drugs. Healing the sick not the disease is the fundamental rule in homoeopathy .

Principle -2:-

Cure should be rapid, permanent and happy. Rapid means the drug should run with the speed of the disease. If the disease is chronic, cure is delayed if the disease is acute, relief is fast.

Sick person's mentals, modalities and constitutional symptoms are important. Not disease or pathological symptoms. Restore the sick person to health. Cure should be rapid/gentle/permanent. Never remove symptoms. They are messengers of the body. If symptoms are removed the house is affected.

Rapid cure:

Minutes - heart ailments

Hours - cholera

Days - fever

Weeks - disease on physical plane.

Months/ Years - disease on physical tissues.

Gentle cure: minimum discomfort to patient.

Permanent: removing the disease.

Case: There is difficulty in translating thoughts into words. One dose of Cocculus indicus 200.

Keynotes: 1. Reflexes slowed down. Responses slowed down. సంకల్పములు, వికల్పములు బయట నుంచి మనసునకు పంచేంద్రియముల ద్వారా ఆజ్ఞ వచ్చినచో stimulus అందురు. దానికి ప్రతిగా జరుగు చర్య response.

Relieves in 30 seconds.

| | |
|-------------------------|---|
| Sensory nervous system. | Motor nervous system Above case is showing down of motor nervous system. |
|-------------------------|---|

Keynote: difficulty in articulation (ఉచ్ఛారణ).

If the disease is slow like leucoderma, the cure will also be slow. Leucoderma comes on account of syphilitic miasm. The drug after administration has to wait for 5 or 6 months for producing relief. Complete cure may take 5 to 10 years.

బొల్లి, బట్టతల, తల నెరవడం not diseases; comes out of miasm or shock.

Permanent: In allopathy in asthma if injection is given cured immediately, but comes back in 6 hours. Fever likewise comes to normal when metacin is used, but comes again. So also నోటి పూత with vitamin-C comes after 2 weeks.

Happy: రోగిని రొప్పు పెట్టకుండా అంటే in allopathy removal of uterus, amputation of leg or hand affected with gangrene వుండదు homoeopathy లో. Shock treatment given to mental patients. Any operation including family planning operation is bound to harm the ladie's health after the operation. Postponement or preponement of menstrual period should never be restored to. It will spoil their health permanently. No medicine or system of medicine helps her subsequently. Hormones should not be taken in anytime into the body. Prenatal or antenatal drugs should never be taken.

In olden days blood pressure was considered to have occurred on account of more blood in circulation. Hence when BP is high leeches (జులగులు) used to be kept on the body to suck of the surplus blood.

Principle -3:-

The physician should know

a) What is curable - to cure the disease or to heal the sick?

b) What is curative ?

c) What preserves health?

a) disease is to be cured ?

1. Tissues not to be cured.

2. Symptoms not to be cured.

3. Disturbed state of vital function ప్రాణమయమైన శరీరమునందలి ప్రవృత్తులు చూచుట మాట్లాడుట అర్థము చేసుకొనుట .

4. Cause of disturbed state of vital functions is to be cured.

Understand the following points:

1. What is to be cured in a disease (totality of symptoms)? Learn how to individualise the case by understanding the totality.

2. What is the curative power in medicine? Understand the medicine that cures diseases (the power to produce totality of symptoms in a healthy man). Learn to individualise the medicine by studying its totality.

3. Applying the law of similars and select the medicine.

4. Learn to prepare the dose of medicine (the method of dilution).

5. Know the law of repetition (stop repeating when relief begins to set in. Repeat when symptoms reappear).

6. Understand the obstacles on the way of recovery and educate the patient to avoid them.

It is like when watering a garden with a hose pipe, flow of water is uniform. If a portion of the hole is closed the direction of the flow is changed. To set it right the finger should be removed. That is how the cause of other disturbed state of vital function should be cured. This presents you its face in the group of symptoms. వేదనా

సముదాయము యొక్క రూపమున వ్యాధి యొక్క ముఖము కనిపించును. The face of the disease can be perceived by you by the totality of symptoms.

No symptom is significant without the set up. The totality of symptoms is the image of disease. So we have to search for the original. This is always invisible, its image is perceivable as totality of symptoms. వ్యాధి ఎప్పుడును

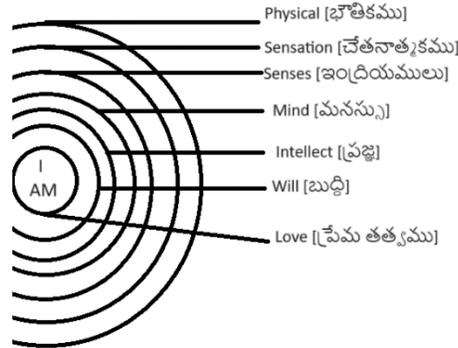
ఇంద్రియ గోచరము కాదు. అనగా microscope క్రింద, x-ray క్రింద కనిపించదు. All technical tests will not show us the cause

of the disease. Find out a substance which causes the same disturbance in the healthy constitution. ఆరోగ్యకరమైన దేహమునందు అదే విధమైన మార్పుల లాంటి అస్వస్థతను కలుగు చేయగల ఒక ద్రవ్యమును కనుగొనవలెను by experimenting the medicinal substance on a healthy constitution. If the disturbance produced the same image or the totality of symptoms as that of the disease produced. This substance has the capacity to remove the disease caused in the affected constitution. ఆరోగ్యకరమైన శరీరమున అదే విధమైన వేదనా సముదాయమును కల్పింపగల ద్రవ్యమును పై చెప్పిన వ్యాధి కారణమును రోగి శరీరము నుండి తొలగించు సామర్థ్యం కలిగి యున్నది.

What is curative: It is the capacity that produces the totality of symptoms.

Potencies:

If higher potency than required is given, constitution does not react. ఇవ్వవలసిన దాని కన్నా హెచ్చు potency లో ఔషధము ఇచ్చినచో అది పనిచేయదు. Potency ఎక్కువైన మందు ద్రవ్యము తక్కువగును. సరిగా పనిచేయటం కాక దాని పని అది చేయును. అయితే ఏ వ్యాధిని తగ్గించుటకు పనికిరాదు. ఏ ద్రవ్యమునైన శరీరంలోనికి తీసుకొనిన ఎడల ఏమైనా symptoms వచ్చిన దానికి రోగధారణ శక్తి కలదు. విషపదార్థములకు ప్రాణమయ శరీరమును కల్లోల పరచు శక్తి కలదు. అందువలన వాటికి ఔషధ ధారణ శక్తి కలదు. Any substance capable of disturbing the normal functions of the vital dynamism. The substance also has powers to rectify the same disturbance. ఏ ద్రవ్యమైనను ప్రాణమయ శరీరమును కల్లోలపరుచు శక్తి వున్నచో ఆ కల్లోలమును చక్కపరచునట్టి శక్తి కూడా కలిగి యుండును అని అర్థము. This is one of the basic principles of homoeopathy lead down by Hahnemann. శరీరంలో వ్యాధి ఎక్కడ ఉన్నదో దానిని బట్టి potency decide అగును.



"I am in you" cannot be affected by anything.

Disease on physical plane: physical tissues will be disturbed. కురుపులు, పొక్కులు, దురదలు, పులిపిరి కాయలు, కణుతులు, బొల్లి, చర్మమునకు మచ్చలు, గోళ్ళుపుచ్చుట, గట్టిపడుట, పలచపడుట, మాడిపోవుట, రోమములు ఊడిపోవుట, తెల్లబడుట, పళ్ళు అకాలముగా ఊడిపోవుట, పుచ్చిపోవుట, అరిగిపోవుట.

In such cases disease only on physical plane. Medicine should act on physical body only. Mother tincture వాడవలెను. Other mental symptoms are absent. Physical body has symptoms. బొల్లి మచ్చలు ఎర్రని మచ్చలు చుక్కలు చుక్కలు గా ఉన్నవి. Arnica mother tincture నీళ్లలో పది చుక్కలు రోజు రాత్రి ఇవ్వవలెను. Stop repeating the dose when relief sets in. మచ్చలు discolour అయినచో dose ఆపవలెను. Progress ఆగినప్పుడు మరల dose ఇవ్వవచ్చును. Progress start అయిన ఎడల మరలా మందు ఆపవలెను. ఇంకనూ తగ్గని ఎడల disease deep గా ఉన్నదని Arnica 1c to 6c దాకా

ఇవ్వవచ్చును. 6c dose వారమునకు రెండు doses చొప్పున మూడు నుండి నాలుగు నెలలు ఇచ్చిన మధ్యన నల్లమచ్చ పుట్టి పెద్దదై తెలుపు మచ్చ అంతా spread అగును. అంతేకానీ తెల్లమచ్చ disappear అయితే మరల తిరిగి రావచ్చును. చాలావరకు నల్లమచ్చ పెరిగేదాకా ఉండి dose ఆపవలెను.

Stop repeating dose when relief comes, otherwise it will not be completely cured. If higher potency is used it will start acting on other planes and disturbing them.

It is a safe principle to give doses upto 30 and 200 potency. If two doses are given when not necessary, 60% drugs will not cause any harm. In 40% cases they cause harm or reaction.

Digitalis: Allopathy drug for B.P., heart disease. It makes a weak heart, works normally when administered. Results in గుండెకు నీరు పట్టుట, వంటికి నీరు పట్టును. క్రమముగా పనిచేయుట మానివేయును. మందు ఇవ్వని ఎడల తక్కువగా కొట్టుకొని patient ఇంకొంచెం ఎక్కువ కాలం బ్రతికి ఉండేడివాడు.

Homoeopathy లో Digitalis వేసినచో తొందరగా కొట్టుకొను గుండెను speed తగ్గించి normal చేయును. నెమ్మదిగా కొట్టుకొను గుండెను strengthen చేసి normalగా heartbeat చేయించును→Digitalis 30.

In any acute disease if the first dose of medicine has not shown any recovery the second dose should never be used. Unless the first dose has worked second dose should not be given. The spacing between doses depends upon the speed of the disease. In cholera it is 2 minutes. If a second dose is given it will start acting it's symptoms on the body.

Source of error should be eliminated when drug is used in water. Should be given in distilled water in cleaned utensils of stainless steel or silver or glass. Best way of administering homoeopathy medicine is with sugar of milk.

Skin eruption, oozing, itching, thick, black ulceration only on the physical body. No mental symptoms, burns like fire when scratched. గోకితే అలాగే గోకాలనిపిస్తుంది. మంటగా ఉన్నను ఆపలేడు. ప్రతి మచ్చ ఒక చిల్లు పడును. జీడిగింజ రసి శరీరమునకు రాసినట్లు. ఈ వచ్చే symptoms physical body లోనే ఉండును. Anacardium 6 one dose for every 15 days. If

the response is dull make it weekly. Because of it's higher phosphorus contents Anacardium cannot be used as mother tincture. Two months లో relief వస్తుంది. 6 months లో చర్మం మందము తగ్గును. కురుపులు ఒళ్లంతా వస్తున్నాయి పోతున్నాయి. ఒళ్లు వాసన వస్తోంది. కడగనివ్వడు ,స్నానం చేయడు. He doesn't mind spoiling the house. Start with Sulphur 6, wait for 3 weeks. Because Sulphur is a wonderful drug. First week first cusp of కురుపులు disappears.

Second cusp comes and go away. 3 rd cusp of boils come and go away. Hence three weeks is the normal time for Sulphur action. First week all Sulphur symptoms appear in him.

Skin disease for administering the drugs and potency, age is no criteria.

When second dose is given all the symptoms of Sulphur recur in the fourth week, give five or six doses.

Arsenic album and Phosphorus never give below 30 potency. Should not give 6 potency at all as they are poisonous.

Typhoid case: Boy aged at 12 years. Given Arsenic alb 6 potency by a doctor. Immediately gums, throat became like red, hot things (నిప్పుల్లో వేసినట్లు). When he was brought to Master gave him Ferrum phos 3x. He is unable to swallow tablets. He was given medicine in water as drops. After 4 days out of danger.

| | |
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| Arsenic album | These are nosodes and animal poison drugs. 30 is minimum potency, that can be used. 6 |
| Phosphorus | |

| | |
|--|---|
| Bacillinum Medorrhinum Tuberculinum Psorinum Syphillinum Lachesis Naja Cortalus horidus Bungarus Vipera | potency should never be used as these are poisonous. 30 and above potency work as miraculous. |
|--|---|

3. When patients complain fever, ఒళ్ళు నొప్పులు, తల, కడుపు, మెడ నొప్పి, dull గా ఉంది, ఒంట్లో బాగాలేదు. That means they are passing from sensation to senses. Start with 30 potency. If responds properly don't go to higher. If response is poor go to 200. After the dose do not go more than 200.

4. Intellect to will effected minimum dose 1M. Less than the dose for mental symptoms came down to physical plane. 1M to 10M.

5. Will to Love: Mental patients, emotions get disturbed. Father మీద son చాడీలు చెప్పుట vice versa. అత్తలు కోడళ్ళ మీద చాడీలు చెప్పుట vice versa. Religious mania. భోజనము మానుట. ఎందుకు బ్రతకవలెను అనిపించుట, all are faithless అని నమ్ముట. Suicidal mania. He tries to escape from the world – 10M or 50M.

నీరసము, దడ, చెమట, గుండె కొట్టుకొనుట వినిపించును. చనిపోతానేమోనని భయము. China 200. భయము ముందు తగ్గును. తరువాత గుండె కొట్టుకొనుట, చెమట, దడ, నీరసము ఇవన్నీయు vitals. కావున వెంటనే తగ్గును. ఈ లక్షణములు అన్నియు ఇంతకుముందు వేసుకున్న excess doses of quinine ఫలితము. China వెయ్యగానే అది neutralise అయిపోవును. తరువాత malaria లోపల నుంచి బయటపడును. 103°F to 104°F temperature వచ్చును. China modality- < midnight or midday. 11 to 12:30 temperature ఎక్కువగును.

17th China administered. 18th and 19th temperature rises to 104°F and 105°F. Morning normal is reached and subnormal. Patient is better and vital symptoms do not recur. Next 15 days temperature continues at 105°F. Mornings normally does his duties properly.

Keynotes: A well indicated remedy makes an effective reappearance of the symptoms in the reverse order of their previous occurrence. This is always true when the case is of a long standing chronic nature. Such an occurrence is called homoeopathic aggravation in true sense. ప్రయోగించిన ఔషధము సరియైన సారూప్య ధర్మము చెందియున్నచో రోగి అందలి పూర్వ వ్యాధి లక్షణములు అన్నియు వ్యుత్తమము మరలా వ్యక్తమగును. అది దీర్ఘవ్యాధి అయి చాలా కాలము నుండి బాధించుచున్నప్పుడు ఈ లక్షణం తప్పనిసరి. దానినే సారూప్యమైన లక్షణోద్దేశముగా తెలియవలెను.

2nd principle: In a chronic disease when the indicated drug is administered in a potency lower than the required one, the homoeopathic aggravation will be more severe and continues for a long time.

దీర్ఘవ్యాధి యందు కావలసిన దానికన్నా తక్కువ potency లో సరియైన ఔషధము ప్రయోగింపబడినప్పుడు లక్షణోద్దేశము ఎక్కువ తీవ్రముగను దీర్ఘముగను ఉండును.

It happened in the above case. When patient is better symptoms are worse, drug is incorrect. When the temperature comes to subnormal on the early morning give a dose of China 1M on the second day itself, when the temperature increased. Malaria - it should not come to subnormal. It shows it will come again. It should only come to normal.

Case: Asthma symptoms- indicated drug Sulphur. Family history indicated T.B. Given Sulphur 30, asthma disappeared. Had delirium in fever. China 10M was given. No temperature there after. China to be given when temperature comes down. This is called homoeopathic aggravation.

Lower potency: In cholera early stages camphor may be used. Loose motions like water, vomiting like water, pain below the navel like pressing. Urine will be suppressed. Sudden weakness, coldness of body without sweat. Fever may be there, when reading is taken body will be cool. Camphor 6 - repeat when vomiting recur. 2 or 3 doses repeat. Diet to be controlled. To gain strength give Lecithin.

2.Pain anywhere in the abdomen. Pain like cramping(నులి చుట్టుకు పోవుట), మెలి పెట్టుట, squeezing (పిండుట).

Generally on the left side of the navel. In such cases Cuprum metallicum 30 one dose. Gets relief in half minute. Pain relieves, motions or vomitings stops. If pain recur after half hour to 6 hours, give one dose of Cuprum metallicum 200. It completes the cure. Observe 24 hours. If recur give Cuprum metallicum 1M. With the first dose not having any response within 5 minutes, the drug is incorrect.

If cholera patient is brought in unconscious condition. Trial and error method. Give a dose of Camphor 30 one dose. 50% patients opens eyes. Does not give China 30 one dose when they get up with FP 6x 2 tablets. Symptoms then came out unless completely cured.

The sharper the symptoms the safer for the patients are in acute cases.

దెబ్బలు తగిలి unconscious అయినచో మేడ మీద నుంచి పడ్డాడు. No external injury. But unconscious. Immediately Aconite 200 one dose.

Electric shock - Aconite 200 one dose. If patient is without any symptoms one dose of Kali phos 200.

Key note: After effects of shock.

If mouth is closed, liquid drug in half teaspoon full of water, put it on lip or put it on cotton and show it near nostrils.

Potency: Safe potency is 30. Repeat drug when symptoms reappear. If no relief is there change potency to 200. Some more times passes without relief, increase potency to 1M. Prescribed by Kent, Hahnemann.

The second dose disturbs the first dose, just like an express train is released immediately after a goods train is sent on the same track.

Even in mental cases start with 30 if there are repetition of symptoms give 200. If there are repetition of symptoms give 1M.

In acute cases repetition of drug should not be there. When there are aggravation of symptoms repeat dose, when symptoms are not aggravated don't change the dose.

In all cases of motions or vomitings or any disease if the patient is collapsing and brought in dangerous condition give a dose of China 30. China will stimulate any other drug. Will not disturb any other symptoms of the drug. If other symptoms appear give that drug immediately after symptoms appear.

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| <p>Debility due to loss of fluids like blood etc. weakness on account of shock. Uterine haemorrhage menstrual flow is more, less blood</p> | <p>Debility without loss of fluids. No diarrhoea or vomiting. No blood loss. Patient weak. Dangerous condition. Sulphur 6 one dose.</p> |
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| in the body. Heart becomes weak. China 30 one dose. | |
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When patient is collapsing, we need not see aggravation time. Give a dose of life saving drug. Only symptoms aggravate, but patient is saved. In acute diseases if any drug is administered after the symptoms are cured and convalescence is over. The effect of drug will become disappeared will not go to use for chronic treatment. In acute diseases Sulphur is the end drug. In chronic diseases it is beginning drug. Should not be discussed about disease with patients. Should not hide information with attendants about curability and incurability of diseases. Definite permission of patients or his attendants is necessary to treat the patient. కోరనిదే మందు ఇవ్వరాదు. కోరినచో ఇవ్వక మానరాదు.

Mental diseases:

1. For any chronic disease the person starts behaving most unreasonably. Starts beating children, quarrelling in the office, with rickshaw fellows which was not there hither to. కోపము కానీ, ద్వేషం కానీ, సందేహము కానీ అంతకు ముందు స్వాభావికముగా లేనంత ఎక్కువగును. In addition to this symptoms of any particular drug starts appearing which is incurable.

Something unnatural in the appearance and it carries with its elements of unreasonable behaviour. This clearly indicates the descent of a chronic disease upon the physical body within a few years. Along with it carrying a group of mental symptoms and modalities which clearly indicates a deep acting remedy. The remedy is necessarily and anti-miasmatic nature. In that stage the disease is completely curable since the physical tissues are not yet affected.

2. He suddenly begins to hate company, social circles cut off, sudden emaciation or sudden obesity (లావుగా అవుతారు).

3. Continuous spell of weakness for no accountable cause. ఇదివరకులాగా పనిచేయలేక పోవుట, postpone చేయుట, పనిచేయలేమని భయము, నీరసము.

4. Changes in taste and appetite. ఇదివరకు తిన్నట్లు నెయ్యి, తీపి, కారము మొదలగునవి తినలేక పోవుట, వేరే వాటి మీదకు మనసు మల్లట. Serious disturbances in his appetite.

5. Disturbance in his sleep. Suddenly not able to sleep for a major part of the night, which was not the case before next stage.

Senses and mind shows changes. వినిపించుట తగ్గ వచ్చును. Absent mindedness ఎక్కువ అగును. ఏదో శబ్దములు వినిపించును. Sudden గా నిద్రలో పిలిచినట్లు అనిపించును. స్వాభావికము కాని కలలు వచ్చును. Repeated dreams which were not natural to him. Violent temper. Spirit of aristocracy develops (వీడితో నాకేమిటి). This in common disease is likely to descent on to physical plane shortly. Irritability increases.

Cancer, T.B. of any kind or diabetic. రాబోయే ముందు ఈ లక్షణములు కనిపించును. If detected which in the first two stages these are curable.

Third stage: Organ or part of a body which is going to be affected starts showing the symptoms of pains repeatedly like మళ్ళీ మళ్ళీ నోటి పూత. Unless care is taken cancer may make its appearance there.

Fourth stage: pathological symptoms start showing permanently. Some of its pathological symptoms may recur often. Mark against symptom 'R' in case sheet if these are repeated. Mark 'H' if the patient suffered from same disease previously (typhoid etc). There after verifying mental and modalities and prescribe medicine. However at this stage mental symptoms start disappearing, complete cessation of mental symptoms.

"If doctor is a donkey for 7 years it becomes cancer" Hahnemann.

He becomes a physically wreck, physical symptoms intensity increases, urine reduces, మందకొడిగా నిద్రమత్తుగా ఉండును. Kidney malfunction.

At this stage the disease is incurable. The patient may be prescribed some tonic etc. During that period like Lecithin 3x or Alfa alfa Q or 3x.

Relative speeds of the disease:

The speed with which a disease makes its appearance/approach decides the speed with which it can be cured if properly tackled. నిమిషాల మీద వచ్చు వ్యాధికి నిమిషముల మీద patient చనిపోవచ్చును లేదా నిమిషముల మీద తగ్గును.

This is like paralysis may appear to have attacked in a few seconds time, but it takes years for the disease to manifest itself. So it takes years for curing. Single disturbance to the physical body may not mean anything, but it is something care should be taken if it recurs.

ఆరోగ్యం అనగానేమి? శరీరమును స్వస్థతగా ఉంచుట.

అనారోగ్యము: రోగనిదానము: మందుల ద్వారా రోగ నివారణ.

Allopathy: Disease is the basis for treatment.

Other types: ఆరోగ్యము- స్వస్థత ముఖ్యము.

If there is balance between రజస్ and తమస్, there is సత్వ గుణము. ఈ మూడు గుణముల సామ్యస్థితిలో ఉన్న సంపూర్ణ ఆరోగ్యము. అసామాన్య స్థితిలో ఉన్నప్పుడు physical symptoms appear అవుతూ ఉండును. సదాచార కాండతో ఆరోగ్యమును maintain చేయవచ్చును. అదే క్రమమును ఆచరించిన ఆరోగ్యము చక్కగా ఉండును. దానినే సామ్య సమత్వము or కౌశలము అందురు. ఇది అనుసరించిన వాగరికత (most cultured).

వ్యాధి సంక్రమించినప్పటి నుండి తరువాత బయటపడుటకు 10-12 సంవత్సరములు పట్టును. అయితే stroke వచ్చినప్పుడు seconds లో వచ్చినట్లు కనిపించును. Blood pressure, sunstroke and electric shock symptoms similar గా ఉండును.

Same వ్యాధి కాదు. Same medicine serves them.

Sudden reeling, vomiting, temperature, felt unconscious, foam form mouth - Aconite 200 one dose. All the three patients recover in minutes. Electric shock and sunstroke patient gets completely cured and needs no treatment after 24 hours.

Hypertension fellow does not recover completely because he is broadening (విస్తరించుట) the disease since 10 years.

Aconite is a quick and short acting remedy. It's work ceases after relief of acute disease. The BP patient requires slow acting, deep acting and long acting remedy.

Homoeopathy does not agree about existence of ill-health. It is only a deviation. Health is normal condition.

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| Health | Sickness |
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| Normal స్వ+స్థితి = స్వస్థత | Deviation అస్వస్థత |
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Principle-4:-

Know the cause of diseases and prevent diseases by removing the causes in advance. Preventive measures is main thing than the healing the disease.

Doctor should know the following:

- 1.శరీరము: Anatomy and physiology, structural body and functional body.
- 2.విమానము:The various measures to be observed.
- 3.నిదానము:Diagnosis .
- 4.కర్మ:The habit of individual, family, Nation, race.
- 5.జననము:Birth and fertilization.
- 6.కౌమారము:Maternity and child welfare.
- 7.శల్యము:About external causes and accidents, injuries and their cure.
- 8.శాలక్యము: The need to remove condemned body surgically.
- 9.గ్రహ చికిత్స: Rectifying the various complexes. Example super-conscious, fits of insanity.
- 10.అంగ విద్య: Knowing the nature of disease by gestures and postures.
- 11.శకున విద్య:
- 12.హోరా విద్య:రోగి వచ్చిన time ను అనుసరించి అప్పుడు ఏ planet ఎక్కడ ఏ స్థితిలో ఉన్నది, దాని ద్వారా patient కు ఏ భాగము దెబ్బతిన్నదో తెలుసుకొనగలుగుట.
- 13.సాముద్రికము:Palmistry రూపురేఖలు గతి (నడక), సంహతి set of body.

అలవాట్లనే ఆరోగ్య అనారోగ్యములను భవిష్యత్తులో నిర్ణయించుకునే common sense ప్రజలలో చాలా తక్కువ.

- 1.స్వస్థ వృత్తము: రోగ నిరోధము ఇది ప్రధానము.
- 2.రోగశమనము: రోగ నివారణము ఇది అప్రధానము.

వాన అనునది natural phenomenon, మనిషి అనునది natural phenomenon, అందువలన వాన మనిషికి ఎలాంటి హాని కలిగించదు. కానీ మనిషి వానలో తడిస్తే జలుబు, జ్వరము వస్తుందంటే ఆ వ్యక్తి పుట్టినప్పటి నుండి chronic miasms లో ఏదో ఒక దానిని కలిగి యుండును. చెట్లు వానలో తడుస్తాయి అయినా బాగానే ఉంటాయి.

వర్షంలో తడిస్తే జ్వరం రావడం existing cause అవుతుంది. Main cause miasm అగును. Ancient India లో ఎక్కువ శ్రమ చేసేవారు. పది సెలవులు ఇచ్చి ఈ క్రింద విధముగా ఉండమని ఆజ్ఞాపించిరి. ఎండాకాలము మనిషిని purify చేయును.

అభ్యంగము:నిత్యము అభ్యంగము చేసిన వాతము.

శ్రమ పోగొట్టుటకు పచ్చిమామిడి, చెరుకు రసం, కూరల తాలింపులో వేప పూత.

పది రోజుల సెలవల తరువాత, 11వ రోజున సంవత్సరాది నాడు పనిలో చేరతాడు. ఇలా మూడు సంవత్సరములుకి ఒకసారి $10 \times 3 = 30$ ఒక నెల అధికమాసంగా పంచాంగంలో పరిగణింతురు. చాలామందిలో miasm అనునది ఏడవ సంవత్సరములో బయటపడుతుంది. లేనిచో 14వ సంవత్సరంలో బయటపడును. 14 సంవత్సరంలో sex potency create అయ్యే సమయము.

Principle-5:-

Acute diseases have only exciting causes. They are the real causes of the diseases. The chronic disease which is congenital is the real cause of any disease chronic or acute. The congenital disease is inherited from the parents and lives with parents as susceptibility. History of the patient reveals this. The constitution of a patient is understood by the characteristics of his intellect, nature of his occupation, his routine, his relationship with others and the functions according to his age and his sex life. A person eating curd rice on platform and he got vomiting. This is exciting cause. If medicine for indigestion is given, if it is not cured, there is something else. If somebody is pinched he will take his hand immediately. Some others it takes little time. It is to be ascertained why there is delay? That shows vitality. Reflexes slowed down. (Cocculus indicus, Conium). If the patient is working on shifts, he will have sleep disorders, diet disorders, dullness and brainfag caused nursing or night walking). In small-pox fever should not be suddenly controlled. There will be miasms inside. If there is an exciting cause, his eating curd rice on platform it comes out.

After family planning operation స్త్రీలలో ఇదివరకటి ఆరోగ్యము ఎన్నటికీ తిరిగిరాదు. She can never dream of previous health.

In the family if father, grandfather or great-grandfather had syphilis or gonorrhoea and treated wrongly, he cannot get back his health. His children also will be having miasmatic symptoms and they are manifested in his progeny.

Miasms four types:

1. Psora
2. Sycotic
3. Syphilis
4. Tuberculosis

4th miasm పై 3 miasms కి subsidiary అగును. ఎందుకంటే Tuberculosis కి main Psora.

రోగి అనారోగ్య పరిస్థితులు:

1. చుట్టూ వున్న వాతావరణ పరిస్థితులు.
2. ఆహారపు అలవాట్లు. నిన్నటి రోజున చేసిన పప్పు పులుసు వంటివి తినిన అనారోగ్యము కలుగును. వృత్తిని, అలవాట్లను తెలుసుకొనవలెను. మంచి ఆహారపు అలవాట్లు ఉన్నచో సాధారణంగా అనారోగ్యం రాదు. కానీ ఒకవేళ వచ్చినచో సరియైన మందు ద్వారా తగ్గిపోవును.
3. Behaviour - social culture. స్నేహితులు, వాళ్లకు ఇతనికి గల సంబంధములు.
4. Time, age ను కూడా యోచించకుండా కొంతమంది sexual intercourse కు పూనుకుందురు. కొంతమంది 60 సంవత్సరములు దాటి కూడా sexy గా ఉందురు—Platina drug. కొంతమంది 20 సంవత్సరములకు కూడా sex మీద మోజు లేకుండా ఉందురు.

Principle-6:-

Service nature లో ఉన్నది. Observation of nature is experience, but not speculation by man. రోగిలో కల symptoms ను ఈ క్రింది విధముగా గమనించవలెను. ఇదే మార్గం తప్ప వేరే doctors చెప్పినవి ప్రామాణికము కాదు.

Symptoms :-

1. Behaviour
2. Moods
3. Sensation, senses, soul, mind.
4. Walk, talk, logic.

రోగిని అతని behaviour ను, moods, sensations and by walk, talk and other logical things ని బట్టి తెలుసుకొనవలెను.

రోగి తన symptoms చెప్పి ఆగిన తరువాత, attendant చెప్పిన symptoms తరువాత, healer పైన చెప్పినట్లు observe చేసిన symptoms disease ను గల లక్షణములు/కారణములు తెలుపును.

Notes: Changes in body and mind and individualise disease. Scientific investigation (like stool, sputum, urine, blood etc.) do not help. Observation through senses gives you reliable guidance for diagnosis. Note down all the known symptoms.

ఆరోగ్యవంతునికి ఒక మందు ఇచ్చిన వచ్చు symptoms ను note చేసి, ఆ drug లక్షణములను గుర్తించిన అది individualisation of drug. ఈ లక్షణములను note చేసుకొనుట individualisation of the case ఆగును. అతను చెప్పినది, attendant observe చేసి చెప్పినది symptoms అవును. Drug selection కు both individualisation of drug and individualisation of case are essential.

Duration of the patient from his formerly health state note down. What is felt by the patient and what is observed by you and his attendant? This gives you the picture of the disease. Thus you have to individualise a patient and you are not expected to name a disease.

Principle-7:-

Exciting cause దొరకనప్పుడు patient చెప్పిన లక్షణములను note చేసుకొనవలెను. Patient కు విరోచనము కాక, చాలా శ్రమ చేసిన కానీ కాదు. వాళ్లు చెప్పిన వివరములలో మనకు కావలసినవి దొరుకును. ఈ patient భార్య చెప్పిన దానివలన 10 years back బాగా కుస్తీలు వ్యాయామము చేసేవాడని, తరవాత కొన్ని సంవత్సరముల నుంచి research ధ్యాసలో పడి వ్యాయామం చెయ్యడం లేదని తెలియును. ఇది అసలు కారణము.

ఆరోగ్యవంతునకు ఒక drug ఇచ్చిన అది ఏ లక్షణములను ఆ వ్యక్తిలో కలిగించునో అవి totality of symptoms of that drug అని అర్థము. అవే లక్షణములు ఒక అనారోగ్యవంతునకు వచ్చినచో అదే totality of symptoms మనకు కనిపించును. ఇక్కడ మనకు totality of symptoms మాత్రమే కనిపించును.

Disease cause cannot be detected by tests or other methods. It can never be detected or pointed out on the physical plane. It can be known by the history and observation of the patient. Symptoms are only source of information about the nature of disease and its appropriate remedy. Never try to confuse symptoms with your treatment. Disease, the real cause is always invisible since it exist only on the vital and mental plane.

Principle -8:-

Symptoms disease కాదు. కానీ symptoms ను చెదరగొట్టినచో disease ను పోగొట్టినట్లు కాదు. ఒక మందు రోగమునకు ఇచ్చినచో రోగము తాలూకు ప్రభావము totality of symptomsలో కనపడును.

Principle-9:-

When the symptoms are removed, health in man remains. Hence no disease can exist when the totality of symptoms disappear.

అన్నమయ కోశము: Weight of body of matter.

ప్రాణమయ కోశము: Weight of body of force.

మనోమయ కోశము: నడిపించు వారు.

విజ్ఞానమయ కోశము: Intellect

ఆనందమయ కోశము: Pulsation.

నాళికలు.

Spiritual force.

Autocracy: The work which is self propelled. స్వయంభూః.

Theocracy: The work of gods. This word is created by Pythagoras.

Dynamism: రజస్సు.

Animating: చైతన్యవంతము చేయు immaterial substance which is not material.

Matter కు force కు మధ్యలో distribution సరిగ్గా లేకపోతే ill-health ఏర్పడును. Maldistribution of vital force వలన శరీరమునకు ప్రాణహాని సంభవించవచ్చును. చిచ్చుబుడ్డి చిల్లు సరిగ్గా లేక force ఎక్కువ అయి పేలిపోయినట్లు.

The vital force animates every cell of the physical body. It rules, returns, protects and orders every part of it. It maintains the operation of the physical parts. It also produces sensations according to the need for the danger from within or around itself.

Principle-10:- Without vital force no part of body can have its preservation. మనిషికి దెబ్బ తగిలిన మందు వేయుదుము. కానీ మందు బాధను తగ్గించదు. Vital force పనిచేసే మందు సహాయముతో బాధను, దెబ్బను తగ్గించును.

Example: ఒక మందు ఒక బాధకు 6 వ సంవత్సరములో రోగికి ఇచ్చిన పనిచేసే బాధ తగ్గును. కానీ ఆ వ్యక్తికే అదే బాధకు అదే మందు 80 వ సంవత్సరములో పనిచేయకపోవచ్చును. కాబట్టి పనిచేసే బాధ తగ్గించునది vital force కానీ medicine కాదు.

Principle-10:-

The vital force that animates body is an immaterial substance. That means a unique force having a direction to act. Without the vital force the body is a corpse. It cannot preserve its identity or structure. Consciousness in the form of thoughts move force and force in the form of lines moves matter. Just as the smoke create flame and flame eats fuel.

"Thought creates lines for force to travel"

Principle-11:-

The vital force exist in every part. When it is dis-arranged the constitution should raise disagreeable sensations which manifest as symptoms. The cause of dis-arrangement takes place in the vital force and never in the physical matter of the body. The real cause which disturb the direction of vital force is something external and it is called the morbidic influence. This can never be observed through any instrument or through the analysis of clinical tests. What we see in the clinical tests is only an effect of the disturbance and never the cause. For example if you detect sugar in urine or blood or phosphate or pus cells or albumin in urine you cannot call yourself scientific

if you name it as disease. The real cause can only be understood by the disturbance in behaviour which are formed on the vital and mental planes. That means you can know the presence of disease only by the peculiarities of behaviour in a person.

For example if you are irritable about someone, the cause is the disease. If you are sleepless these peculiarities should be understood as the symptoms that indicates the presence of a disease. Nothing except symptoms will give you the nature of the disease and its cure.

Principle -12:-

The presence of the disease; the nature of the disease; the remedy required; the process of cure; the completion of cure.

For all this the guiding and understanding of symptoms called totality of symptoms. Symptoms means abnormalities of behaviour. We should not call heart disease, but as disease of heart.

Headache, fever, stomachache, no appetite - feels hot, craves for cold air, ameliorated by pressing, thirst for large quantities of cold water - Bryonia nature of disease.

Headache, fever, stomachache, no appetite - very hot, sometimes very dull, sweats, palpitation - China nature of disease.

Preceptible symptoms put together reveal the natural change. This internal change is the whole disease put together. Hence it is the real totality of the symptoms. Therefore remember that the some total of the symptoms is not totality. The image of the whole disturbance is the real totality. From this you can understand →

- a) the presence of a disease.
- b) the nature of disease.
- c) the remedy required.
- d) the process of cure.
- e) the completion of cure.

There is no other data that is really available which can guide you through the five steps.

Principle -13:-

Since disease is nothing but the cause of disturbance of the functions of the vital force. It cannot have an independent existence in the constitution. You cannot separate disease from the constitution and its functions. If the functions are normal, you will enjoy the result as health. If the functions are distorted, you will feel results as disease. If you make an attempt to drive out disease just as you drive out urine or pus from the body. You are thoroughly disappointed. Invisible disease produces pus which is visible. The chemistry of pus has nothing to do with the disease that is producing it. Understanding the disease as a separate entity is materialistic in its dimension of thinking. Materialism never explains the causes first, as the corpse never speak to you. Such an understanding caused absurd distractions in the history of modern medicine.

Principle -14:-

Whenever there is the real cause of the disease you will find the symptoms that can be perceived through naked senses and the normal mind. The creation is divine in its nature to make you understand the presence of disease very easily through your senses and also the remedy that is required.

If any doctor goes into a deep investigation and informs you that you yourself cannot feel or your friends cannot feel, then you understand that it is all false. Thirsty. Pains all over the body, feels hot inside house. Burning of soles and head. Thirst throughout night, polyurea. Pain in chest. Imagination of heart disease. - Antipathy had separate medicines for sugar, pus cell, albumen. In homoeopathy Arnica 6 should be given. Keynote: self pity, feels neglected.

A diabetic patient of Belgium. (H) Gleet, history of gonorrhoea. Glands inflamed, reduction of weight (chilly), చలి భరింప లేకపోవుట. Previously took cold water bath everyday. Ever changing. Changed jobs. Changed nativity. Changed house many times in the town. (H) Malaria fever. Monotonous life. Feels bored in his life. Bohemian temperament. No belief in adhering to wife. --Tuberculinum 12c one dose.

Principle-15:-

The vital force is disturbed by external force is called morbid vital force or disturbed vital force.

1.Morbid cause disease

2.Morbid vital force - disease vital force.

Notes: In a diseased condition we have the material body with its suffering. It produces symptoms. There is the distorted vital body which makes and manifests the symptoms. There is the inimical cause which caused the outward disturbance. In fact, they are the three parts of one whole, that is the total organisation. Hence the totality of symptoms forms the outside image of the inside which is the real disease.

Principle-16:-

Your health depends upon the proper distribution and function of your vital force. Any disturbance on the physical plane cannot disturb your health. The disease caused should also work on the vital plane in order to effect your health and change into a new disease. Similarly medicines do not bring about any change to restore health when they meet you on the physical plane. Dynamic force can only bring changes in dynamic force. The medicines should be tested by experimenting upon the healthy organism. The changes that are brought by the medicinal substance should be understood as the medicinal powers. Then you should prepare the medicine to meet the constitution in the terms of symptoms and behaviour on the vital plane. Then only dispel the disease cause and restore you to health.

Principle-17:-

The vital force forms the base of the disease. Then it manifests the set of symptoms outside. These symptoms form the outward image of the disturbed conditions inside. Any medicine should remove the inside disturbance when the image outside disappears totally. That means the real cure is the effect of a single medicine which clears off the group of symptoms one by one until all are cleared. "No partial cure by one medicine and the remaining by another medicine" is accepted as cure in homoeopathy.

Also when the total symptoms disappeared you can be sure that the inner disturbance is removed in its entirety. If anyone behaves that there is still disease inside after the symptoms are removed, it is not true.

Principle-18:-

Apart from totality of symptoms there can be no proof of that a disease exist in a constitution. That means if you have no symptoms and if your functions are normal, you can be sure that you have no disease. If anyone conducts any test upon you and assures you that you still have some disease inside, he is wrong.

Principle-19:-

Diseases are understood only as the misbehaviour of functions. Functioning exists on the vital plane and not on the physical plane. Diseases also exist as causes on the vital plane only. Medicines should also act on the vital plane in order to restore a person to the normal state. Since the disease is only a disturbed state of vital force, it has no independent existence in the constitution.

Hepar Sulph: Chilly patient, boil on hand, afraid to touch cold water. Feverish. నోటిలో ఆమ్లములు ఉండును. నిద్ర లేవగానే పండ్లు పులియును. పండ్లు పుల్లగా ఉండును. In septic conditions high fever. Teeth acidity. Boy smells acidic. Pains all over the body with chilliness and cold. Peculiar cough (A barking type of cough). Peculiar to Hepar Sulph.

ఖంగుమని. Very sensitive. Bruised. Pain in the throat and a sensation of splinter in the throat (based on sensation).

Boils are not diseases. They are on account of war in the body. The dead cells are brought over the skin for ejection.

Principle-20:-

The existence of vital force, the altering powers of the medicinal substance cannot be proved by any scientific research of an objective nature. They can be proved only by the effect they produce.

Principle-21:-

When medicines act they bring their curative (వ్యాధి నివారణ) property into play by altering the state of health and producing symptoms. We have to accept that certain substances have the capacity to alter the state of health and produce its image, it's totality of symptoms. The same power should be understood as the power which altered the health of the diseased man into the normal state. By experimenting the effects of drugs upon the constitution of the individual, we can know which drug alters the health according to what group of symptoms. Law of similars-సారూప్య సిద్ధాంతము.

Principle-22:-

Be sure that nothing should be removed from you in order to remove disease or restore health. The only necessity is to remove the totality of symptoms. This requires a substance which has some relationship with that. Particular totality of symptoms you can find a substance that produces the same totality or another substance that produces the opposite type of symptoms. When you use the second type of medicine which produces opposite type of symptoms, the method is called Antipathy. If the substance used can produce symptoms similar to that of already existing disease, the method is called homoeopathy. In either case the medicinal substance produces its own disease in the body. Then it acts upon the already existing disease. In antipathy the medicinal disease fights with the existing disease. In homoeopathy, it rises the constitution to apply the vital force to change the diseased state.

In the first case the medicine arrests the existing disease temporarily. When the power of medicine is cured the disease makes its approach in a stranger way. But when the medicine is homoeopathic, then the fight in the body eliminates the diseased condition completely.

Principle-23:-

Whenever we observe diseases attacking the constitution of the already diseased persons, we find different types of reactions from the constitution resulting in different states of health. When the second disease is of an opposite nature to that of already existing disease and if it is stronger than the already existing disease, then it suspends the sufferings of the previous disease as long as it remains in the body. If the medicine administered has the power to produce the antipathic state in the constitution. Then it arrests the sufferings of the disease as long as the influence of the medicine exists. Immediately afterwards the constitution resumes the disease and the suffering will manifest with increases vehemence.

Principle-24:-

Since the antipathic method produces effects that are more violent, we have only one more method to try. If we can succeed in getting a real cure and that is the homoeopathic method.

Principle-25:-

Experience teaches us that the medicinal substance which can produce the maximum number of symptoms that are similar to those of the disease can eradicate the first disease when used in its proper dosage. Here proper dosage means always diminishing the dose by dilution. This is because every medicinal substance is found to be of a poisonous nature to a healthy constitution.

Principle-26:-

In nature a law exists and it is used as law of cure. It is the law of similars which is known in nature by the man, did not accepted by medical authorities until the time of Hahnemann.

A weaker disturbance of the constitution is totally removed by a stronger one when its manifestations are very similar to the former.

చరకుడు ఆయుర్వేదమున చెప్పినది

సమానము - విపరీతము

సమాన గుణము - విపరీత గుణము

Power to assimilate అగ్ని.

Living is due to power. To assimilate medicine should be joined with nutritive - fuel, food - ఆహారము

Milk - Vitalizer - జీవనీయము

Honey - equaliser – సౌమ్యకరము.

Ayurveda medicines to be mixed within honey or milk before taking.

Principle-27:-

The curative powers of medicine depends upon its power to produce a similar group of symptoms to that of the disease in a stronger measure.

Principle-28:-

You can question why the similarity of symptoms gives a complete cure. The answer is that because nature presents this truth before us in the shape of the natural recovery of diseases where medicine is not used. But if we attempt to give a logical explanation it will be only logic applied to the already proved truth.

Principle-29:-

Any disease disturbs the vital force and produces its characteristic distortion of functions. This produces sensation of an unusual nature which all understood as the totality of symptoms. They are the results of the constitution on fighting against the disease cause. If you introduce a medicine which produces a similar totality of symptoms in a more powerful degree than the original disease. The constitution begins to fight with the new disease out and it puts forth an additional effort. This drives out the original disease. Then since the medicine is introduced in a diluted form and since the drug disease produced by the minimum dose is of a temporary nature. It goes out with in a short duration. When the two diseases are driven out, it is only the original health state that remains.

Principle-30:-

Normal diseases have no definiteness of attacking the constitution. Also they cannot attack in a measured way. Medicines produce disturbance in the constitution in a definite and regulated way. Hence the scheme of medicine is always more definite and more matured than the power of natural disease. That means the cure of a disease is more definite than the attack of a disease to the nature.

"Man visible and invisible" - C.W. LeadBeater

"Occult chemistry" - C.W. Lead Beater and Annie Besant.

Principle-31:-

In nature there are many forces that are inimical to life principle. These forces are partially physical and partially psychical. They are always at work against the living beings in terms of disease causes. At the same time they

have no power to attack the constitution unconditionally. Since nature is essentially progressive, it has created many barriers for the protection of the living being. Unless the vital force inside shows a susceptibility to the evil influences and unless it satisfies the conditions of the disease producing phenomena, the evil forces cannot attack you at all.

Principle-32:-

The medicine produces its effect upon all people at all times under all circumstances. The vital force can be stimulated by the medicinal substance to produce its own totality of symptoms unconditionally. That is why the cure of a disease is of a more definite nature than the attack of a disease.

Principle-33:-

Disease producing causes exist in certain potencies and they have some power to influence the constitution. But the power of external evil influence is always subordinates to the power of direction of vital force. Also the medicinal substance can be prepared in many more potencies than those of evil influences around us.

Principle-34:-

It is not enough if the medicinal substance has the superior capacity to produce disease in a healthy constitution. You should know the medicine which produces the required type of disease. That means you should make a study of the natural disease in the patient, note down his symptoms, rearrange them in order to know the totality of symptoms. Then you should search for a medicine which produces a disease with a similar totality of symptoms. Then only the medicine can produce its own disease in the constitution. Nature teaches us that two diseases with similar symptoms do not at all co-exist in constitution. The stronger disease removes the weaker one, never to return. Then it is your duty to see that the medicines which produces the similar totality of symptoms is used in such a way that it produces its own disease in a more powerful degree than the one already existent in the constitution.

Principle-35:-

To examine the validity of the above said principles Hahnemann suggests the method of going into the phenomena of nature and recording the results.

First he proposes to illustrate three different cases where nature produces three sets of two different diseases not having anything in common between the totality of symptoms. He goes to prove that when two unlike diseases attack the constitution at the same time, one is not eliminated, the other in whatever way it attacks the form of disease. Then he appeals to our reason the legitimate conclusion that the allopathic medicine cannot cure the disease in its true sense. These medicines produce effects that are opposite in nature to those of the former disease.

Principle-36:-

When two dissimilar diseases attack the human constitution simultaneous and that they are of the same strength or when the first disease is stronger than the second disease has no effect upon the patient. For example a patient who is already possessed by a chronic miasmatic disease will not be influenced generally by any of the lesser epidemics. For a patient of scurvy (vitamin-C లోపం వల్ల వచ్చే వ్యాధి), plague has no influence. A herpes patient will not be attacked by any epidemics like cholera. The vaccination of variola (smallpox) has no action upon a patient of rickets.

Principle-37:-

An old chronic disease will remain uncured when treated by drugs that produce uncommon symptoms at all to those of the existing disease. If a medicinal substance has not the power to produce a lifelong incurable condition similar to that of the disease against which it is issued.

Case:

104°F temperature, eyes red, not able to swallow anything. Horrible headache, body is reddish in colour, burning, vertigo and not able to sit or sleep as if in an intoxicated condition. In 4 days temperature was brought down by allopathic medicine 'Metacin'. After that the above symptoms appeared. Variola (smallpox) attacked the throat. If the eruptions are blue – 'Lachesis'. If red - 'Apis mel' because the patient is about to die. Master gave Apis 10M. After half an hour patient had eruptions of the size ఉసిరికాయలు on whole body. It is a good sign.

Example: Primary complex case– in primary stages cold, phlegm alternate with loose motions, indigestion. During treatment eruptions come on head and body extensively. Leaves the child like that. Never treat him for eruptions. After 6 months the baby becomes robust and healthy and about 9 months or 1 year the skin symptoms disappear.

Principle-38:-

In epilepsy patient gets fits preceded by constipation. Hence the doctors ensure that the patient does not have constipation. If the attack is stopped by medicines, the patient will be cranky and restless. He will be restful and peaceful only when the fit comes and goes.

Principle-39:-

For hundreds of years the method of using medicinal substance in Antipathic way is in vogue and even today it is the only method prescribed in allopathy. That is the reason why chronic diseases get complicated more and more palliating (ఉపశమనము) the troubles for some time and leaving the patient complicated at the end of a prolonged treatment. Since allopathy accepts mixtures of different medicinal substances and since the total effect of each mixture is not experimented upon a healthy person before it is used upon a patient. These mixtures produce a variety of unknown sufferings which are dissimilar to those of the existing disease. Since the scientist of medicine has not cared to study the nature of diseases and the cure of diseases in nature, he commits such crimes.

Frequently repeated mixtures and purgatives will cause skin eruptions disappear. But Nature produces skin eruptions only when there is a chronic internal disorder. If the internal skin eruption disappears then there is no index to understand the strength of internal disorder. The state of affairs will continue as long as the constitution has the vital strength to put up with the internal disease and the medicine put together. When the constitution can no more permit the effects of the medicine, then the eruption appears once again with all its vehemence. By this time the doctor can understand that the original internal disease has become incurable. At the same time the prolonged use of the purgative will disable the digestive organs resulting in another incurable disease like ascites (జలోదరము), malignancy of liver (liver cancer). Similarly in cases of epilepsy the purgatives and sedatives postpone the attack until the vitality permits the drugs. Then the disease reappears along with an incurable disease produced by the medicines. The patient soon grows weak because of two reasons. 1) The disease is not allowed to express itself out into its natural symptoms and 2) A foreign medicinal substance that is introduced continuously is another source of weakness. Since the constitution is constantly at war with the powerful ingredients that are not required by the constitution.

China and Digitalis are inimicals. If allopathic patient comes after treatment for heart disease do not give China at all. Give a dose of Crataegus mother tincture which is heart tonic and a nutritive dose. If anyone is sinking give 10 drops of Crataegus in one ounce water he will recover. After a dose of Crataegus Sulphur 6 was given. If higher dose is given he will collapse. Sulphur 6 was given once in a two months. Crataegus mother tincture was given regularly. Had no heart ailment at all for 8 years. Epilepsy used to visit every three months. There are three doctors in the house. They used to give sedatives to him and heart ailment used to come again. The patient was put on Sulphur 6 and Crataegus. From the time he became unconscious, they kept him 48 hours sedatives. By using homoeopathic drugs nobody dies under coma. He will die like Bhishma.

Syphilitic patient:

1. Morose mind. 2. Comprehension decreases 3. Sensorium is effected 4. Foul breath typical indication 5. Sore mouth, sore gums, sore tongue and sore throat of a repeated nature 6. Eyes blood red clot 7. Eruptions of

joints and folds, చంకలు, గజ్జలు, fold of neck. When a person takes purgatives these symptoms are kept suspended. After sometime at 55 or 60 years there will be unbearable eruptions. Syphilis attacks the harder tissues also. Ulcer under syphilis cannot be cured. Small pox and measles attack. Small pox is stronger than measles. Both are dissimilar diseases. There are no common symptoms.

Principle-40:-

Apart from the general tendency that a stronger disease suspends the weaker dissimilar disease. There is also a rare phenomenon of the two dissimilar diseases joining together to act against the constitution. Each of these two diseases attacks its own/convenient part of the body and in course of time renders the constitution incurable. Generally diseases like small pox and measles suspend each other and manifest in succession. But there are cases recorded by doctors where the two epidemics make their manifestation simultaneously. When such a thing takes place between two chronic diseases, there is no scope of a recovery at all. Similarly when mercury is used against the syphilitic miasm, the mercury in crude form produces its own diseases which is as chronic as syphilis. The result is that the two diseases weaken the constitution and result in an incurable stage. Aspro drug: Capillaries carry blood to important parts of body. If the supply is not proper we get headache. Aspro when taken capillaries are dilated and blood is allowed to flow freely. నిర్భాగ్యుడికి దౌర్భాగ్యుడు స్నేహితుడు.

We have to see why blood supply is less (is primary cause), quantity of blood is less or blood is supplied to some more in larger measures due to some defect. That defect should be rectified and not for dilation of capillaries. By taking too many Aspros capillaries become numb. It gives rise to palpitation. Afterwards headache and palpitation come together.

Principle-41:-

A complicated disease produced by a constant use of a strong medicine against a chronic disease is much more dangerous than a natural disease which combines with a former natural disease. Some medicines like mercury contain very deep powers of their own. A protracted use of these medicines produces a peculiar disease of an incurable nature. The original disease is blended with the second one to produce a very complicated and often incurable disease. For example a patient of syphilis contacting itch or gonorrhoea and getting the disease complicated is much less dangerous than a syphilitic patient treated constantly by mercury and culminating in the incurable blend.

Principle-42:-

When we observe cases of diseases that occur in their natural course we notice two principles imbedded.

- 1) Two diseases of a similar manifestation cannot adjust in a constitution simultaneously. The stronger one eliminates the weaker one not to return.
- 2) Two or more diseases can co-exist when they are dissimilar manifestations. When time is allowed they distribute the parts of the organism among themselves and bring on tissue changes in different parts of the body.

| |
|--------------|
| ----->Mind |
| ----->Force |
| ----->Matter |

If he thinks from above to below, he is a student of synthesis.

Disease can affect the mind first. So thereafter there are oddities of behaviour of the mind suspicion, jealousy. Next oddities of behaviour — does not like the house, believes వాస్తు of the house is bad. Third nerves pulling pain in shoulders or back. Physical body when examined cannot detect these symptoms. Next nerves, ligaments carry the life are hit and burst. So patient develops insomnia, dreaming of various things. Next step disease enters physical plane. Headache, pains of body, motion is white. Now the disease becomes incurable.

Principle-43:-

We are non-concerned about practically with the knowledge of the happenings when two similar diseases co-exist in the constitution. If we make a record of a patient suffering from a disease who is subsequently attacked by a stronger disease having symptoms in common with already existing disease. Find out the results from nature and adopt the procedure to form your own basis to cure.

Principle-44:-

When two diseases with similar totality of symptoms and upon the constitution no one of the above results can be found. That is

- 1) They do not repel one another;
- 2) One cannot suspend the other;
- 3) One cannot co-exist with the other and operate through a period of time and complicate the system.

Principle-45:-

When two diseases of different origin, but having manifestation of similar sufferings occur. At the same time the stronger one will extinguish the weaker one. This is because two diseases having similarity of manifestations will attack the same parts of the organism in the same manner. The vital force which is acting upon the weaker disease will be diverted to the stronger disease.

Then only two forces exist in the constitution. That is the stronger disease and the vital force i.e. opposing it. Since the cause of the disease is only a direction of force without having anything on the material plane it gets identified with the similar stronger force and thereby & ceases to operate against the constitution.



Symbol of Saturn
నిశ్వాసము



Symbol of Sun
ఉద్వాస



Symbol of Crab
Cancer
Operates Upon
Bronchus and lungs of human body



Small pox — High Fever, delirium, cough will go if these are before coughing cough.

After small -pox is attacked and cured several previous other diseases which have similarity with symptoms of small-pox will disappear permanently.

Principle 46:-

When we begin to study nature we find many examples of a powerful disease curing and eradicating a less powerful diseases with similar symptoms. In order to make the results detectable we have to select diseases of an epidemic nature. That is those diseases which have a shorter duration and an abundance of distinct and violent symptoms. At the same time they should be popular, so that when once named there should be no difficulty for the real student to understand. According to these qualifications first preference comes to "Variola" (commonly called small pox). There are experiments conducted. There are experiments conducted by doctors and agencies of miraculous cures. When the doctors imitated nature by using the medicinally produced smallpox disease as similar to the already existing cases of blindness. The result is that the recovery of sight was complete and in some cases nearly complete.

Principle 46,47,48:-

Hahnemann collected the experiences of various doctors where miraculous cures occurred in nature when there was the onset of smallpox, cow-pox and measles. Since these three diseases are followed and preceded by various types of complaints. They bear similarity with all these complaints which have nothing to do with these epidemics. For example whooping cough, glandular swellings, paralysis of various parts, malarial fevers, herpes (సర్ది) of different kinds have many symptoms similar with the accompanying complaints of these

epidemics. Whenever there is complete similarity there is a total and permanent eradication of the previous lingering diseases of a recurring nature. Here the cure has been executed by nature and not at all by any doctor using a medicine. Herring has the process of cure as worked out by nature. Man should make this process and follow it if at all he is to be benefitted by a permanent cure of existing disorders.

Hence the lesson is as follows: The presence of a power of a disease is the only curative force in nature and cure is possible only when the medicine induces the power of its own disease. So that the troubles it produces are all similar to those of the already existing disease.

LAW OF BALANCING:

Severe summer is followed by good monsoon because water is fastly evaporated. When water becomes ice on oceans, ice floats so that the fauna of ocean continue to live.

Principle 49 and 50:-

We have understood that the auxiliary complaints of the three main epidemics give us a direct clue as to how to cure diseases similar to these auxiliary complaints and existing long since before the advent of these epidemics. Now there are a very few diseases which are out of the orbit of these three epidemics. How to cure them? The only way is to find out different types of epidemics, study their auxiliaries and understand what diseases they are capable to cure. In course of time the scientist will be able to discover as many epidemics as possible and the diseases that have similarity with their auxiliaries.

Such a type of cure by the law of similars is possible in nature by the advent of epidemics and in the hands of the physician by bringing into action his medicines that produce such epidemics in the required degree of violence.

What about the use of deep seated, long acting in the so called incurable diseases that are attacking mankind. Let us find out what nature does in such cases. Nature brings about very dangerous epidemics of a very deep acting nature in the constitutions of those who are suffering from deeper diseases.

This proves that a deeper disease is necessary to eradicate a deep seated chronic disease having similar symptoms. At the same time it may endanger the very life. It is the skill of the practitioner to see that these

deeper epidemics are medicinally introduced into the constitution in a safe, sure and thorough of exterminating the disease from the constitution. The itch (scabies) disease and similar diseases should be used for this purpose.

Snake bite:

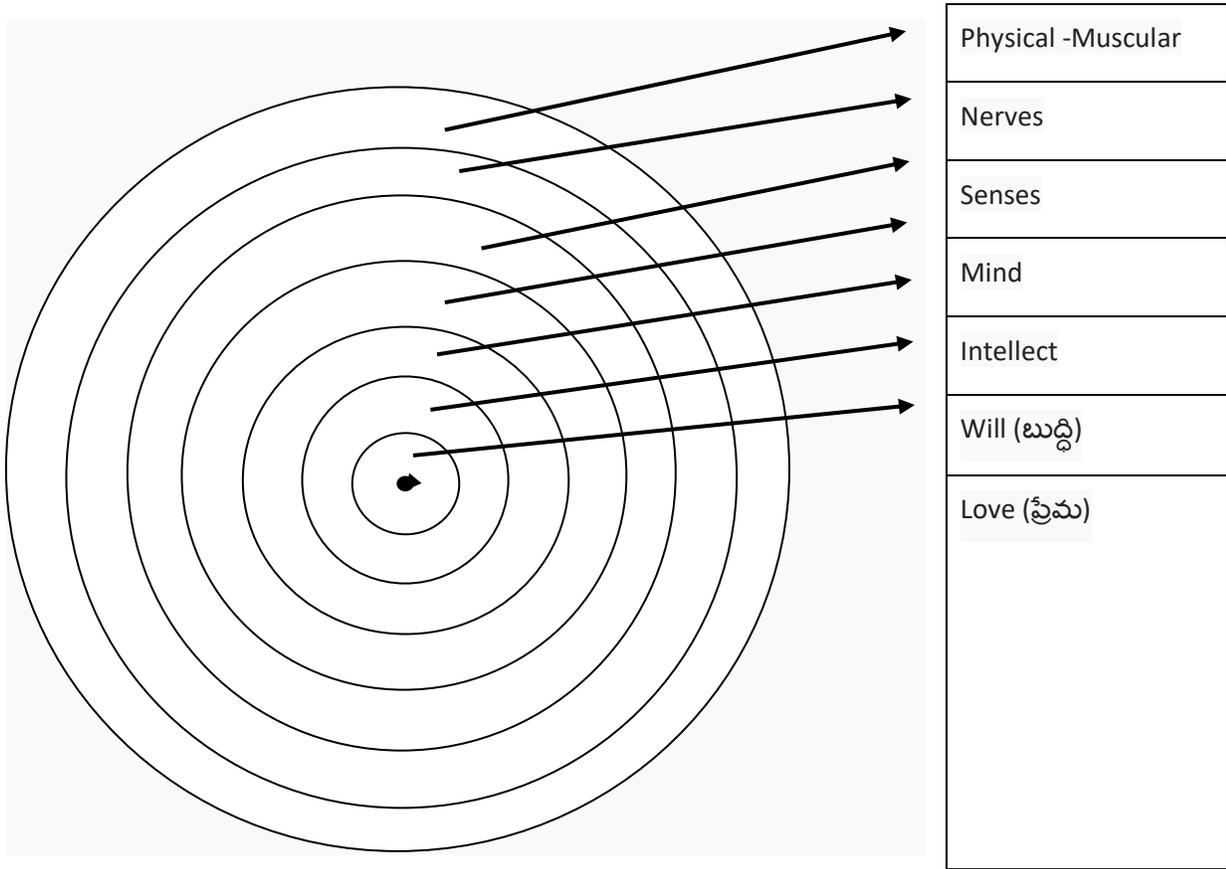
Lachesis – 1.Choking 2. Blueness, 3.Palpitation, numbness—left side stupor), heaviness in heart , then heart stops and patient dies. Confusion in head. Fever. Profuse bleeding. In Sanskrit snakes are three varieties. 1.

దర్పి(తెడ్డు) కరములు — పడగలు ఉన్న జాతి 2. రాజిలములు—Having beautiful artistic designs over the body—No hoods. Artistic. 3. గోనసము (గో - ఎద్దు నసము) — ఎద్దు మూతి shape గల పాములు. Any snake poison particularly

Lachesis causes paralysis of nerves. Hence when there is paralysis of nerves on left side Lachesis is best cure.

Paralysis of muscles and tendons: చెయ్యి ఎత్తిన క్రిందకు పడిపోవును.

Paralysis of nerves : చెయ్యి, కాళ్ళు వంకరలు తిరిగి పోవుట. Hands will be shortened. During sleep the hand will be normal. Lachesis sleeps with aggravation. So the other condition Lachesis is not indicated.



Clinical Materia Medica by Farrington — next to Kent.

Principle 51:-

Many examples in nature from the law of cure by applying the law of similars. Nature produces diseases and cures diseases in this way. For every defaultation of man Nature produces disease as punishment in the shape of painful experience. Then Nature shows him the way how to rectify.

In addition to this Nature has given many advantages to man. Disease occurs in Nature in any degree and the second disease produced may be of such violence as to kill the patient before the first disease of similarity is cured. When man produces the second disease through medicines the same amount of risk exists to life. To eliminate this risk, man has the advantage of producing the required disease in the desirable degree by making a required dilution of the medicinal substance. Then the qualitative disease of that medicine produces its disease enough to rouse the vital force more peacefully without affecting the tissues of the vehicle. Then after the purpose is served, the diluted disease producing agent is eliminated automatically without the need of any medicine and that too within no time.

| Homoeopathy | Others |
|--|------------------------------|
| Law of similars. | Doctor decides the medicine. |
| Patient will give you a clue to indicate the medicine. | |

Principle 52:-

After understanding the behaviour of nature towards diseases and the behaviour of epidemic diseases helping the constitution to get itself cured. We can understand the consequences of introducing various medicines in allopathy without following the law of similars. The medicines thus introduced are not experimented upon healthy constitutions and hence their results are unknown. Since they are continuously administered they produce incurable situation in three stages.

1) Since they are not homoeopathic and since they are repeatedly used, they produce their own diseases and the patient gets debilitated.

2) When the strong medicines temporarily suspend the disease in the constitution, it appears cured for a time. When the vitality goes down, then the older disease returns with the same intensity.

3) Repeated use of these medicines produces diseases repeatedly and they begin to take a deep seat in the constitution along with the older disease. In course of time the constitution becomes incurable.

Principle 53:-

From text the homoeopathy is based on an infallible law of nature and proves itself as the only excellent one which renders quickest, most uncertain and most permanent cures.

Principle 54,55,56,57:-

No notes necessary.

Principle 58:-

Regarding Antipathy.

Principle 59:-

Examples of Antipathy.

Principle 60:-

The use of antipathic method demands an escape from the secondary action. To face this situation the doctor has to use a larger dose of the same remedy and then the same process repeats. There is an amelioration and an aggravation that follows. The doctor has to go on increasing the dose enough to produce palliation. The result is that the original disease develops untouched by the medicinal potency. In the meanwhile the doses of this medicine produce their own disease also in an increasing degree and the result is the incurable stage of the double disease which endangers life itself.

Principle 61,62,63:-

No notes necessary.

Motion: Constipation for weeks. Opium² obstinate constipation. Motion like litter marbles. No moisture.

Silicea: Motion does not recede. Stops in half way.

Principle 64:-

Vital activity of the human constitution shows alternation of passive and active phases. When a medicinal substance is first introduced there will be a passive phase when the vitality allows the medicine to have its effect. This causes the alternation of the active phase which shows an opposition and the secondary action is the result. But sometimes when the medicinal substance is not enough to raise the opposing force then the vital body gets itself rearranged into the state of original health. The first phase is primary action and the second phase is the secondary action and the third phase is the curative action or the after effect of a medicine.

Principle 65:-

Notes not required.

Principle 66:-

When the medicine is introduced in very minute dose it produces its primary action in a very minute imperceptible way. But the constitution is roused. The vital force begins to grow active, but since there is no dangerous quantity of medicine the vital force does not put forth any opposition. It will take every care in setting things right. Thus when a medicine is administered in homoeopathic dose the reaction will be imperceptible and the curative effect is thorough, rapid and gentle.

Principle 67:-

Notes not required.

Principle 68:-

- One part of Lachesis + 99 parts of distilled water = 1C
- One part of 1C drug + 99 parts of distilled water = 2C etc
- One part of 5C drug + 99 parts of distilled water = 6C etc
- One part of 29C drug+ 99 parts of distilled water = 30C

There may be a doubt that after dispelling a disease, the effect of a medicine may linger in the body and keeps the drug disease suspended long after the original disease has been dispelled. Then is it necessary to dispel the drug disease by some other method or shall be allowed its traces to continue until the body establishes equilibrium. In order to effect a complete cure you should produce the drug disease a little more powerful than the original disease. This produces the artificial disease linger for some more time after the cure is exercised. This gives the constitution a wonderful training of driving away disease through gradual degrees. For this reason you will find a slow and gradual improvement when a permanent cure is being effected by a homoeopathic medicine (i.e. we have to supplement). If there is a sudden improvement in any chronic disease treatment, you can understand that it is a false cure and that the disease recurs after some time.

Principle 69:-

The antipathic medicinal agent acts upon the same parts of the constitution as the homoeopathic medicine, but the relationship is reversed. The antipathic medicine can never take hold of the constitution or replace the existing disease. It tries to fight out the symptoms produced. Since the symptoms are produced by the vital force and not by the disease, the antipathic medicine begins to oppose the vital force. At first the vital force feels false relief due to cut off of communications. Then it begins to fight the drug disease and again there is the recurrence of symptoms. Since the vital force is now cautious about the antipathic medicine, the second dose fails to act unless it is administered by an increasingly bigger dose. This continuous process keeps the fight of the vital force continuously until the constitution is debilitated and the drug disease is engrafted. In the meanwhile the original disease remains unopposed and advances in to the stage of incurability.

Principle 70:-

No need of notes—basic principles of homoeopathy.

Principle 71:-

How to know what is to be cured?

| Pathological | Mental | Modalities |
|-----------------|--------|------------------------------|
| Constipation | | History of gleet (ಗನ್ನಿರಿಯಾ) |
| Pains in joints | | |

The indicated drug is Medorrhinum. Since the patient got gleet cured at physical level only. Hence after six months he will get throat troubles, difficulty in breathing etc. There is thus history of colds, cough etc. recurringly. These will alternate with anus symptoms due to similarity. If throat symptoms are cured, lower organs give him troubles like constipation, back pain etc. In this case what is to be cured is suppressed gonorrhoea.

- 1)Medorrhinum.
- 2)Variolinum 200 one dose before the season, if they are not having any other drug symptoms. It will help in not contacting small-pox. If two or three doses are given in two or three years, he will not get small-pox in his life time.

Principle 72:-

| ACUTE | CHRONIC |
|--|--|
| a.Rapid beginning. | a.Slow beginning. |
| b.Strong disturbance of vital force. | b.Gradual derangement of vital functions |
| c.Greatly opposed by the vital force. Hence have natural cure in many cases. | c.Render the vital force helpless. So it cannot oppose totally. No natural cure in any case. |

Notes—scientifically understand we find that diseases are two types:- the acute and the chronic. An acute disease disturbs the health very violently and in an abnormal way. The period will be generally short and the changes take place rapidly on either side. Many times they are cured by the roused vitality. Hence it appears they are naturally cured. In the case of chronic diseases the first disturbance is negligible and imperceptible. It lingers and deranges the vital functions totally in course of a prolonged period. It also conditions the vital force against resisting the disease. The result is it has no natural cure, life ends with disease. In both the cases the causing infection of the infected miasm on the vital plane.

Principle 73:-

The acute diseases are of many types.

1)Those which attack single individuals. The individual is victimized to a morbid influence due to certain abnormal conditions to which he is exposed. For example example using the senses in excess for enjoyment of any type to the degree of indulgence, unusual exposure to cold, heat or physical exertion, under such conditions the victim goes into a group of symptoms. With weakness and fever. Under proper conditions of rest and diet he will be restored to his normal condition within no time. Infact these occasions are not diseases at all. They are only the explosive outbursts of the psoric miasm that is latent within him.

2)Another class of acute diseases influence the persons of a particular area during certain seasons. Such diseases are called epidemics and they run in high speed with dangerously violent symptoms. When the area gets infected some of the inhabitants who have the undercurrent of the psoric miasm gets effected. Generally the epidemics have a common origin to that place and time. They also have much in common about the totality of symptoms in all the cases. They run for a short period and terminate either in natural recovery or death. During occasions like war, floods and famine they influence the area and work as acute miasms to the inhabitants. Smallpox, measles and whooping cough come under this group.

3)There are a third type of acute diseases which attack and infect an individual suddenly and kill him with great rapidity. The water of a place and the environment may be the medium of infection and before the doctor can understand the case. It may go into danger without any tendency to natural recovery.

1.ఆగంతకములు 2.అంటువ్యాధులు or మారీ వ్యాధులుహామశూచి, పొంగు etc.

3. ఆకస్మిక వ్యాధులు— ధనుర్వాతము, కొన్ని రకముల కలరా.

For example:

1)Person from Vijayawada to Vizag. For 3 days hard work. High fever, shivering, chills, headache, mind confused, one gland enlarged, much painful, sickening sensation.

2)Another person from Vizag to Vijayawada for 2 months. Polluted water,eyes reddish yellow. No appetite, no motion in the morning. Laziness, weakness.

Acute infectious diseases:

1)Not a contagious due to unhygienic water.

2)Jaundice: Spreads in others due to contagion. So an area is affected. Second case epidemic.

3)A white man from Scotland came to India with a bottled plant called “Eichhornia” eighty years back. It spreads the entire lake in no time. It spread entire Kolkata where before each house there is a pond with water. All these ponds got Eichhonia. Consequently people started getting filaria and malaria. The plant was breeding ground for female Anopheles mosquitoes causing disease. This is a case where epidemic has become a chronic disease.

Prevention to jaundice—Nux Vomica – 200, repeat after one week another dose.

Generally chronic indigestion, white, pasty, scanty motion, white coating on tongue, dislike of food, no appetite, acid taste and burning in chest and throat. These people attract jaundice. For such people three days a month he will be morose, sentimental and ready to weep before పార్లమి—Antimonium crudum 30 one dose a week.

Within four months the above symptoms disappear.

Another person:-

- 1.Tongue grey white.
- 2.Any food tastes the same.
- 3.Recurring sore mouth (నోటి పూత). Ulcers in mouth- సంజు పొక్కులు.
- 4.Gums inflamed, teeth loose. Paining of teeth and gums.
- 5.No appetite. Excessive salivation.
- 6.Tongue serrate - imprints of teeth on the tongue.
- 7.Extreme weakness.
- 8.Short breath < by least movement.
- 9.All symptoms < in night —Merc Sol 30 weekly one dose if jaundice did not attack. After attack of jaundice alternate day Merc Sol 30 for two days. Thereafter Merc Sol 200 weekly for one or two months till all symptoms disappear.

Another person:-

- 1.Burning in stomach.
- 2.Excessive yellowishness in eyes, urine, tongue, body.
- 3.Pains all over.
- 4.Fever, pain in loins.
- 5.Urine scanty.
- 6.Pain in scapula (భుజాల దగ్గర) especially more in the right. Pain in liver region or abdomen. Give Chelidonium if advanced 6 potency three doses in the day. If the patient is yellow. Patient is better, give next day two doses. Still better third day only one dose. Progress is slow – 30 only one dose. Wait. If symptoms are better stop or repeat.

Another person:-

- 1.Eyes reddish yellow.
- 2.Too much thirst for ice cool drinks.
- 3.Skin in the corners of eyes, nose, mouth or anus or genitals inflamed.
- 4.Nausea (vomiting sensation) or sometimes vomitings also.

5. Burning while urinating, great heat inside Give Phosphorus 30. Do not repeat the drug. Dangerous drug, should use cautiously. If disease is advanced 200 or else 30. Should not give in 6. Dangerous to use below 30 or above 200. Only single dose. If same symptoms are there repeat the dose. In many cases one dose is sufficient.

All above symptoms except too much thirst for ice cold drinks give Pulsatilla 200 if advanced. Otherwise Pulsatilla 30 thrice a week. Eating ice creams makes him get the disease. If Craving for ice cream is there in Pulsatilla. Also dislikes milk. If infants not liking milk — Pulsatilla 6 one dose. Constipation, hard motion, evening loose motion-yellow, next morning brownish, semi loose motion. “No two stools alike”.

Motion black—brownish black. Tar like, broad, loose—Leptandra 200 one dose. In 24 hours broad motion 2 or 3 అయినా no medicine should be given for motions.

Too much advanced and if there is bleeding through anus, mouth, nose, corners of eyes, urine, foul smell of mouth, thick ropy saliva—Crotalus 200 only one dose. No second dose. After one or two weeks 2nd dose and 3rd dose.

Diet: Totally avoid tamarind. Can use lemon, totally avoid capsicum. మిరపకాయలు, any oils. Pure వెన్న కాచిన నెయ్యి అయినా ఇవ్వవచ్చు. Only pure ghee. Avoid coconut, roots, దుంపకూరలు. Greens can be given. బీరకాయ, పొట్లకాయ, తోటకూర, సొరకాయ ఉడకపెట్టి ఇవ్వవచ్చును. కొబ్బరి నీళ్లు పెంకు కట్టకుండా ఉంటేనే ఇవ్వవచ్చు. ఉప్పు తగలవచ్చు. నిమ్మ రసం ఎంత వాడితే అంత మంచిది. పుల్ల దానిమ్మ చాలా మంచిది. పుల్ల దానిమ్మ రసం, చిటికెడు భాస్కర లవణం(Rock salt) 5 days – cures any jaundice. Avoid allopathic treatment.

PRINCIPLES 74 to 77:-

False chronic diseases.

Principle 78,79,80:-

Constant application of violent drugs to the constitution produces the drug diseases along with the already existing disease which is dissimilar in nature. In such cases the constitution gets complicated for a prolonged period of time and render parts of the body incurable. Such cases are termed chronic diseases in allopathy. They are false chronic diseases or diseases complicated by medicines. We find such patients permanently ruined and deprived off the possibility of cure in any way. Even if you want to follow the law of similars you have no guidance of the true picture of symptoms. Sometimes if you can gather broken pieces of the case history and edit them you can get at the underlying miasm with its true symptoms burried under the drug diseases. Even then many such cases stand incurable, since the complicated disease has taken a deeper root. Many people suffer from prolonged complicated diseases wrongly called chronic. Unavoidable circumstances produce some of the false diseases. For example, a habitual glutton and the poor laborer suffering from malnutrition. The slum inhabitant and the over-taxed brain worker and the much-insulted subordinate have thus corresponding conditions which bring on diseases having a deceptive appearance of chronic ones. In all such cases the removal of external cause makes the fellow improved and restored to normal health.

Sycosis: Warts, fig warts, polyps, corns, chilblains.

Syphilis: పెదవులు, anus, urinary tracts – there is a longitudinal opening with bleeding. It can be anywhere.

Teeth decay starts. Furrows in the soles, gums etc. ulcer from bone.

| | | |
|-----------------------|---|------------------------|
| Psora | Sycosis | Syphillis |
| Irritability | Suspicion | Lack of comprehension. |
| Impatience | Jealousy | Tension - progressive |
| Sense of aristocracy. | Fault finding nature | Idiocy |
| Restlessness | Bluffing | Absentmindedness |
| Insomnia | Incapacity to meet situations, persons and facts of life. | |
| | Timidity | |
| | Art of escaping from situation. | |
| | Litigant | |
| | Over-critical | |
| | Miserly | |
| | Instinctive cynics | |

Principle 81:-

Anti-sycotic drug symptoms:

1. Warts, fig warts, corns etc.
 2. Colds, sneezings, bronchial troubles, also blockage of nose, తుమ్ములు, జలుబు సంవత్సరాల తరబడి
 3. Pains in joints, calcification of bones, spondylitis, lumbago, the spinal card parts become cemented.
 4. Calculi: crystals formed as stones in kidneys, gall stones etc. All the above symptoms alternate.
 5. Constitution goes into hydrogenoid constitution-- ఊబ బళ్ళు.
 6. Skin is oily. From the pores of his skin fat comes out dissolved. Next step is weight decrease, sugar in blood, sugar in urine.
(Causticum, Medorrhinum, Guaicum in cases of gout.)
- Mind:
Suspicious, timid, fault finding.
King of anti sycotic drug—Thuja occidentalis.

Thuja Occidentalis

| | |
|------------------------------|-----------------------|
| Warts, fig warts, corns etc. | Feels suffocated. |
| Internal growths | Suspicious of people. |
| Foul smell from body. | Dislike of people. |

| | |
|--|---|
| Sweat smells especially like garlic in Thuja | The more familiar is a person the more he dislikes. |
| Sometimes smells like skin (tannery). | Wonderfully polite with strangers, dislikes people in the domestic circle. |
| Ulcers, boils smell like rotten meat. | Hatred of people in the house. |
| Skin is greasy and oily. | Overcritical – సతాయించటం. |
| Symptoms of gout, pains all over the body, joints pains. | Fault finding. |
| (Disfigurement of bones also—Causticum, Medorrhinum, Guaicum | Utter hatred of one of the family members especially in ladies after a delivery (whole mental setup is changed (also regale). |
| | May develop even after first menstruation—puberty. |
| | After marriage when the husband contacts gonorrhoea. |

| MENTAL SYMPTOMS | MODALTIES |
|---|---|
| Utter jealousy. | Irregular symptoms—difficult to group under a drug. |
| Fellow feels followed by someone. మనవెనుక ఎవరో నడుస్తున్నారు. Observe చేస్తున్నారు అంటారు. Also Lachesis. | History of warts suppressed. Give Thuja 200, ask him to come after a week. He will become alright and gives all symptoms. |
| Fear of darkness. | Others comes under Acid Nitricum |
| Wakes up suddenly from sleep and goes nightmares (also Hyoscyamus) | నోరు, పెదిమలు, ఉడికివోయి ఎర్రగా నెత్తురు ముద్ద వలె ఉండును. నోట్లో నంజు పొక్కులు వస్తూ పోతూ ఉంటాయి. Old crop gives new crops. |
| Suspects persons hiding in darkness. | మింగే spot లో నంజుపొక్కులు. గుటక వేసినప్పుడు చాలా pain. గిల గిల లాడుట. |
| Manias, చాదస్తములు, శకునములు. | Paralyzing type of neuralgic pains with twitching and cramping. |
| Feels devils in house. | Splinter sensation in the throat. విస్తరిపుల్ల, fish bone sensation, piles (corresponding 180°), piles with unbearable pain, bleeding. అగ్గిపుల్ల గీసి ముట్టించినట్లు మంట. Burns like embers fire. |
| Lady feels pregnant, feels devil over him. | Avoids to go to motion because of pain. |
| Feels angel is dictating him. | చేతుల మీద warts, చంకల్లో warts. Acid Nitricum 200 one dose. |
| పూనకములు వచ్చినచో—ferocious –Belladonna; others—Thuja, Hyoscyamus, Stramonium. | Confused symptoms |

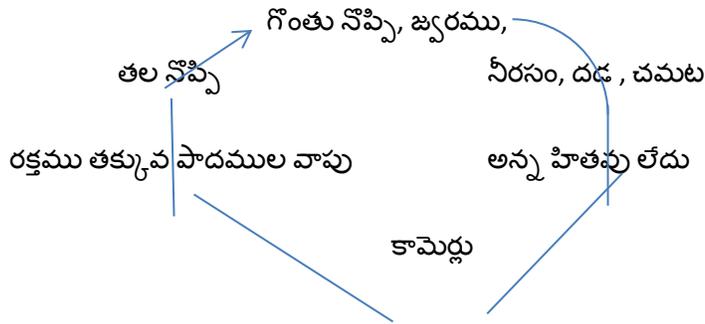
| | |
|---|---|
| Male: feels there is a man in him. | History of animal poisoning -- ఎలుక, పందికొక్కు, పంది, కుక్క కరిచింది చిన్నప్పుడు. Thuja 10M one dose వేస్తే correct symptoms will come out. |
| Female fancies that she is carrying(pregnant) after 55 or 60 years after menopause. | History of vaccination సరిగ్గా జరగలేదు. వొళ్ళంతా పొక్కులు వచ్చాయి. Thuja 10M. All the ill effects will go. |
| Sometimes male feels that he is carrying(pregnant). | Pains, stiffness below the pelvis, నడుంపట్టుట, తుంటి, మక్క, మోకాలు, తొడ |
| In advanced cases quarrelsome, suspicious and ugly in behaviour. | < all symptoms by keeping still, >all symptoms by talking |
| Irritable and jealous. | < all symptoms by keeping quite, pain in left ovary. |
| Disposition to cheat, cheating tendency, husband cheats wife and vice versa. | < before menses; much aggravated < after the flow starts (opposite to Pulsatilla) >when flow stops. Verification symptoms |
| Wants to be alone to brood. | Pimples on face of young girls below 25 years. Increases before menses. Afterwards reduces. Warts on the genitals. |
| | History of warts cauterized, anger, over-critical nature, quarrelsome nature and ugly behaviour. Never allows husband to go out alone. |
| MODALITIES | CONSTITUTION |
| All pains < by change of weather (clear cut sycotic symptoms). | Patient is waxy, shining face, transparent, sickly looking |
| Sweat in and around genitals at all times. | ఆయాసము, నీరసము, weak, yellowish, pale |
| Smells like burnt horn, కమురు కంపు లేదా వెంట్రుకలు కాలుతున్న వాసన, | Too much perspiring, cold, (Calcarea Carb – చెమట చెంబుతో కుమ్మరించినట్లు. |
| The patient smells (touches genitals and smells) | Thuja – ముఖం మీద అక్కడక్కడా వస్తూ పోతూ |
| Headaches tearing into the eyes. (Right side— Sanguinaria for patients without sycosis) | Odour – కల్లు, తేనె, వెల్లుల్లి వాసన, కమురు కంపు వాసన, జుట్టు కాలిన వాసన |
| Patient puts his finger in anus and another in nose alternately. | Warts, fig warts, pimples, corns etc. |
| Pain in spots as if a nail was driven | Troubles of bladder |
| Pain symptoms < lying down, < walking | Kidneys, urination once or twice—urine తొందరగా రాదు ఒకప్పుడు సన్నగా పురికొస వలె వచ్చును. |
| >By sitting quite | Urine లో blood ఉండును. Knees, loins, sensitive, feet, ankles. కాళ్ళు, అరికాళ్లు పుండువలె ఉండును Sometimes Arnica which is also anti-sycotic drug treats this symptoms. |

| | |
|---|---|
| Morning stool (Sulphur drives him out of bed) | Gonorrhoea, Orchitis గనోరియా కొన్ని సంవత్సరముల క్రిందట వచ్చి తగ్గగా testicles వాచును. చాలా నొప్పి—Give Pulsatilla 10M one dose reduces pain and size. |
| Thuja – Semi solid, morning stool gushes as if through a.. (తూము) | After that విరోచనములు వచ్చును. 20/30 (No two stools are alike). Then give Thuja 200 one dose. |

The psoric miasm is one of most chronic diseases of mankind. Through generations it has undergone many changes and taken different forms due to the different methods followed by way of ineffectual attempts to cure. Now it stands prevalent throughout human kingdom and its various forms are wrongly understood as different diseases. Even the most modern books on pathology describe thousands of different diseases which are only the manifestations of the one chronic disease called psora and which exists as the underlying cause of all the indispositions in the world. It is very subtle to trace the existence of this chronic disease because it exists only as a tendency or a susceptibility to the various forms of flare up.

| | |
|--|--|
| దగ్గు, గొంతు మంట, జ్వరము, గొంతు నొప్పి, నడుము నొప్పి, తల నొప్పి విరోచన బద్ధకం. | Nux Vomica 200 Belladonna 200 Bryonia 200 Aconite 200 |
|--|--|

First day--Nux Vomica 200 -- విరోచన బద్ధకం goes. 2nd day—Belladonna -- నడుము నొప్పి; 3rd day—Bryonia -- గొంతు నొప్పి పోవును; 4th day—Aconite which should be given within 24 hours on 4th day. Hence జలుబు, దగ్గు, గొంతునొప్పి వచ్చును. రాకుండా Phosphorus 200 వేయును. మళ్ళి symptoms వచ్చును. Sulphur వేసిన అన్ని symptoms aggravate అగును.



Principle-83:-

Study of patient: Emaciation of different parts:- Lycopodium, Calcarea Carb

How long, why, full details about colour. Nails ఉబ్బి పోయినవా? మంట పుడుతుందా? Decay of nails.

History of గజ్జి – చిన్నప్పుడు వచ్చింది. Sulphur, Penicillin ointments వలన తగ్గింది. From circumference to center.

The disease was sent.

విరోచనములో చిన్నప్పుడు పురుగులు ఉన్నవా? – yes; నిద్రలో పళ్ళు కొరికేవాడా? – yes.

నిద్రలో కదిలేవాడా పక్కలో? – yes; ఆకలి తిన్నగా ఉందా? – చిన్నప్పుడు ఆకలి సరిగ్గా లేదు.

వానలో తడిస్తే సుస్తే చేయునా?-- yes, జబ్బు, తుమ్ములు దగ్గు కూడా.

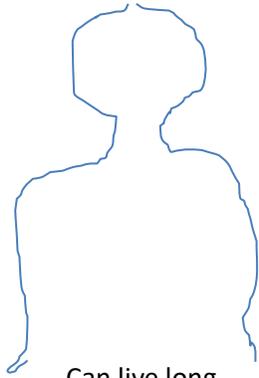
పైనవి psora లక్షణములు కనిపించును. అందులో key notes చూసి Anti psoric drugs వేయవలెను సరిపోయినవి. మొదట్లో symptoms కి drugs కి సంబంధం ఉండదు. Psorinum 1M given. Observe for one month. Many symptoms go away.

A few will remain and frequently comes and goes. If symptoms were there one more dose. After one and half months one more dose. Next year same season give a single dose. Third year one more dose.

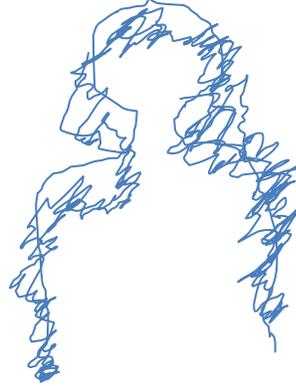
శుక ,పిక, బక ,కర్ణ , కుంభకర్ణ సంహారి అంటే

చిలకలా పలుకుట | గోరింక లాగా పాడుట| కొంగ లాగా ఊగుట | బొగ్గులాగా అవుట | నిద్ర పోవుట--- Alcoholic.

Close your eyes and the picture comes to you.



Can live long



cannot live long

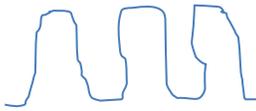
Stature: Uprightness—can he sit up- right.

A tendency to lean on something like a wall.

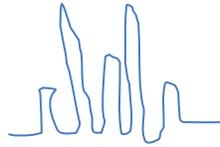
నడక/గతి : సరిగ్గా నడచునా లేక ఒక్క అడుగు అడ్డముగా వేయునా? Uniform గా అడుగులు వేయగలడా? Breath ఎట్లు

ఉన్నది? Uniform గా ఉన్నదా?

శ్వాస



Good—lives long



bad – cannot live long

By touching the skin, by hearing his voice.

Principles 84-90:

Hahnemann has discovered the nature of two chronic diseases and gave the definition of a chronic disease for the first time in its scientific sense. During the later years of his research he has discovered a group of drugs separately for the radical cure of the chronic disease. He called these drugs are anti-miasmatic group of drugs. In spite of the research he found it very difficult for his followers to conduct successful cures of chronic diseases. It requires a special type of study to individualize the medicine and also to every individual case, so that routine prescription is not possible. For this reason he had to teach his people into the act of individualization and differentiate the procedure from the routine way of the understanding to which the allopathic minds are accustomed. To that effect he has drafted the following procedure of case taking and handed down to posterity. Unless one follows the procedures he can never dream of curing a chronic disease though sometimes he can show partial relief and go in self-aggrandizement.

CASE TAKING

Most important to select the drug which is constitutional to every patient. It becomes his constitutional drug and cures all diseases.

How to take a case:

- 1.The symptoms narrated by a patient.
- 2.The oddities in his behaviour as reported by his relatives and friends.
- 3.Abnormalities observed by the physician.

1.Make the patient relaxed. Mentally and physically relaxed. Engage him in conversation. Name, age, sex, Nationality, occupation, address.

Age: Lycopodium – in childhood or old age some diseases come at some age. Children below 10 years lymphatic glands at neck. After 50 years urinary infection in males. In ladies above 50 years —menopause.

Occupation: Occupational diseases. Regular or shift (irregular hours of sleep or food generally. (Nux Vomica).

Lecturers strain in throat. Bank officers sedentary habits, indigestion (Sulphur). Stone cutter రాళ్లు కొట్టేవాడు

(mostly Silicea). Coal miners inhale carbon drug. Carbo veg etc, carbon group of drugs. Washerman's remedy – Rhustox. Patient should lose doctor consciousness.

Then past history.

Present complaints.

We should not laugh at the patient, should not interrupt him or put leading questions. Number the symptoms in seriatim.

Example:

- 1.Headache
- 2.Constipation
- 3.Heart pain.
- 4.Duration
- 5.Secretive nature, not revealing – Sycotic
- 6.Does not share his secrets with others. Lost interest in life. Thinks it is useless to reveal secrets – Arum Met.

Past history: To elicit from the patient. Was there history of fever, motions, frequent cold and cough, any skin diseases, children import fever, cold and cough congenitally. Mother suffered during pregnancy. Whether premature delivery. Failure of attempt for abortion. How by medicines of mechanical means. Adult females: history of menstruation. Was it regular. Headaches, any operations, tubectomy, how many children, history of miscarriages. Delivery—were they normal or caesarean etc. parents suffered from health history—Asthma, TB, habits of patients present and past, routine he was following. Tea and coffee excess. Nut powder, cigarettes, alcoholism, snuff.

Present complaints:

Patients' version of complaints. (H) History, (R) recurring, < aggravation, > amelioration. Symptoms should fulfil three factors.

Headache: 1. How long is he suffering?

2. How it was started?

3. After exposure to what? Heat of sun, cold air etc. Causation is to be noted. 4. Periodical, recurring, weekly, monthly etc. whether exposed to heat of Sun, < by Sun. Do not put leading questions.

Headache: వెలుతురు చూడలేరు. సూదులు గుచ్చినట్లు ఉండును. తల ఎత్తితే relief గా ఉండును. తల ముట్టుకోనివ్వడు.

vomiting వచ్చును. రోజులో ఎప్పుడు ఏ time లో ఎక్కువ అగును? ఎప్పుడు తగ్గును? ఉదాహరణకి ప్రొద్దున లేచే సరికి

ఉండును. తరువాత తగ్గును. సాయంత్రం relief. లేచేసరికి విపరీతమైన తలనొప్పి. 12 గంటలకు పోవును. తరువాత మరల రేపు

ప్రోద్దునే వచ్చును. కొందరికి 4 to 8 PM వచ్చును. Aggravation. What methods used to get headache reduced.

తల కదలిినచో నొప్పి > by absolute rest;
< slightest movement
> by vomitings
> by tight bandage
> by pressing, hard pressure
> by strong coffee

He should be unprejudiced observer. Hair dry or normal?

Eyes: కళ్ళు నొప్పులు. నీరు కారడం వుందా? పుసులు కాడతాయా? How is his sight? Cataract developed which eye?

If right to left symptoms travel –Lycopodium. Left to right – Lachesis.

Nose: Running nose? Rubbing the nose? Boring the nose (worms are there).

Ear: Pus. Is it horribly offensive?

Mouth: నోటిపూత ఎన్నాళ్ళనుండి? నోరు మంట నోరు ఎర్రబడునా?

పళ్ళు: పిప్పి పళ్ళూ, మామూలు పళ్ళూ ?

Tongue: Is it clear? Is it coated? Imprints of teeth. Serrated tongue? Fissured tongue? How is taste?

Neck: Thyroid gland enlargement—is it there? Whether any glands behind neck are palpable? 90% of them are emaciated. No appetite. Frequent cold and cough.

Chest: Any deformities? Any breathing troubles. గొంతులో గుచ్చుకొనునట్లు. Phelgm ఉన్నట్లు. Phlegm. గుండెల్లో మంట.

Stomach: పొట్ట ఉబ్బరము (Ascites). Their sedentary habits. Fat. Digestion proper or not? త్రేస్సులు

వచ్చుచున్నావా? ఎట్లు ఉన్నవి? మామూలుగానా? పుల్లగా ఉండునా? మంట వచ్చునా? నోరు చేదుగా ఉండునా? Any pains are there? Motion regular, colour. Liver disorder—motion white?

Urination: Free? any pain? Any pain near prostate gland?

THE PROCEDURE:

1. Ask the patient to narrate the history of his complaints. Then he narrates in terms of the various organs and their troubles. Sometimes he narrates in terms of the names of diseases which is unscientific. Do not interrupt him, but note down everything in his own words and not in the language of the doctor. If there are digressions you can cut short. But the narration of the troubles should be only in the language of the patient. Leave much space between one complaint and another. Because you have to supplement the narration with his subsequent additions.

2. Let the attendants of the patient narrate what they know. Let them describe his behaviour also. This includes his mental symptoms and modalities. This is the most important portion of the record since this deals with the person proper and not the disease. To a real homoeopath it is the sick person to whom we have to select the drug and in no case we have to select for a disease. The drugs are also understood in terms of the behaviour they produce in persons and they are not at all concerned with the diseases they cure or the biochemical formulae they contain. Hence give much importance to gather the behaviour and the past history of the patient.

3. The physician should depend upon his mind, intellect and the sense of sight, hearing and touch. In no step the physician should depend upon any instrument to understand the patient in the finalizing steps. For this the physician should have a healthy mind with sound senses and body.

4. After the patient and his attendants have finished their narration then the physician questions them further to have additional information. Great caution is required not to corner or mislead the patient by using leading questions. When the whole thing is complete the physician goes through it slowly and adds his own remarks separately when only he will be in a position to find out the indicated drug.

As time passes the physician takes the record again and again and makes a new and consolidated present statement of the case with the help of which he can repeat the dose or to change the drug or to postpone the next prescription. If the patient is still under the influence of the previous dose and if some more time is

required for the dose to complete the action, then Hahnemann suggests us to give him "The second prescription otherwise known as placebo (to please). ఈ అంశములను రోగ చరిత్రమును కాగితము మీద వ్రాసుకొనకుండా వైద్యము చేయుట హానికరము. ఏ వైద్యుడైనను చేసినను వాని దగ్గర ఔషధము స్వీకరింపరాదు.

Principle -91:

కడుపు నొప్పి, నీళ్ల విరోచనములు, కోపము, చిరాకు – urine తగ్గినది. ఆహారము పరిమాణము కాదు నోటి పూత – ఐదారు సంవత్సరముల క్రిందట అతి మూత్రము నాటు వైద్యము లో పాదరసముకల మందు వేసినను. అందువలన లివర్ effect అయినది. అంతకు ముందు అతి మూత్రము – దాహము మోకాళ్ళ నొప్పులు విరోచన బద్ధకము.

If time permits record case at weekly intervals for 3 or 4 times. Prescribe placebo. Advise him to take medicine after washing mouth and not to take anything for one hour. Then give him Nux vomica 200 one dose and placebo for one week.

If he was taking homoeopathic medicine without any order give him Sepia 200 one dose. In 50 cases it gives clear symptoms. If symptoms are not given, give one dose of Pulsatilla 200. It withdraws several other unnecessary symptoms. Keynote: It establishes order of the symptoms in the patient – Pulsatilla.

If still there is no improvement in getting symptoms we have to become unscientific method by giving Sulphur 200. It establishes all symptoms. If still there is no improvement give him relief doses.

Principle -92:

Calcarea fluor mental key note ☑ Fear of the future about his own future.

Staphisagria 50M one dose – తనలో తాను మాట్లాడుకొనుట after a sudden loss of money suitable in cases where symptoms come from pent up wrath. విపరీతమైన కోపము.

Upto Principle 95:

Mental symptoms have a bearing on physical symptoms.

ARGENTUM NITRICUM (very strong anti sycotic drug)

| Pathological Symptoms | Mental Symptoms |
|--|---|
| Indigestion, loose motions due to history of gonorrhoea | Mental and intellectual symptoms prominent. Predominantly a mental drug. Memory, logic, reasoning disturbed. |
| Liver troubles from jaundice, from ascites. | student does not remember lessons. If he is reading english, he remembers about maths. He cannot read both. All irrelevant things come into his mind. |
| Vomitings | Confused. To go to office at 10 AM to meet somebody before. He is confused. Maximum labour and least effort. |
| Headaches | Always thinks that time is short. |
| Ulcers on blood vessels. | Fixed ideas, strange notions. |
| Varicose veins, రక్త నాళములు ఉబ్బుట, నీలంగా ఉండుట. | Office కి వెళ్లే main road మీద నుంచి పోడు. వేరే పక్కనుంచి సందులో పోవును. |
| Nerve troubles, నరములు లాగుట, catches, ferocious, sudden, painful. | Foolish and irrational. రాత్రి గోధుమలు తింటే అప్పులు ఎక్కువ అగును అనును. కంచంలో చేతులు కడుగుకొన్నట్లైతే అప్పులు అగును అనును. |

| | |
|---|--|
| Heart disease, false heart disease. | Fear of high poles and towers. If he sees-- vertigo. తల తిరుగుడు. Fear of heights లోతు చూడడు. భయము. |
| Ulcers in the throat. ముఖంలోని నరాలన్నీ లాగివేయును. (also Acid Nitricum) విపరీతమైన నొప్పి | Impulsive. When at heights, because of uncontrollable impulse, they may jump down. Sometimes పక్కవాడిని వీపుమీద తెలియక కొట్టును. |
| Throat, eye lids or cornea (<u>తెల్ల గుడ్డు</u>) ulcers will come. | Sharp instruments like nail, blade తో పొడుచుకొనును లేదా అవతలి వాడిని పొడుచును. |
| Stoppage of urine, motion, nose bleeding-- ముక్కు అదురుట, vomiting blood. | Irresistible impulse by seeing sharp instruments—Anacardium. |
| | Impulses are not intentional. 1.Imaginations, 2.Illusions, 3.Hallucinations -- only thoughts |
| | చీకటి లో మనుషులు దాక్కున్నారని భయము. Thought and picture also comes. (Similar to Hyoscyamus and Stramonium) |
| | Tormenting thoughts. |
| | All the above symptoms aggravate in night. |
| | Anxious about future. రేపు సాయంత్రం ఊరికి వెళ్ళవలసి వచ్చిన ప్రొద్దున నుండియే తయారగును. అందరిని తొందర పెట్టును. |

| |
|--|
| Modalities |
| Headache whenever he feels anxious or is angry or whenever he is exhausted; Staphisagria — Headache when he feels insulted. |
| After a little physical and mental work he is unfit to do any work. Efficiency of work goes down very soon. |
| Trembling follows mental work or physical work. |
| General sadness and melancholy, not hopeful of future. He is apprehensive of future. |
| If Somebody does not come in time (wife, children or relatives), starts worrying whether anything bad happened to them. |
| Fear to appear in public. |
| Presence of mind will be disturbed and cough or chest pain or loose motions will follow. |
| Vertigo by seeing heights, generally he avoids such scenes. Avoids such streets also, eventhough the alternate route is lengthy. If questioned why, he bluffs to cover his weakness. Strong vertigo on closing the eyes. |
| Fear of death -- strong key note; fear and confusion when questioned. |
| Headache with a throbbing sensation all over the body and loose motions. |
| Mental symptoms are caused by physical symptoms also. If dysentery is there he will have fear and throbbing of body also. If Argentum Nitricum is given the dysentery will go. |
| Greenish discharges, motions – greenish white, greenish grey. |
| చెవిలో చీము పోయి trembling of body; greenish yellow discharges. |
| Argentum nitricum cures sycotic patient. |

కళ్ళు మంటలు, irritation, ఇసుక పోసినట్లు ఉండుట, రెప్పల మీద తడిగా అంటుకొనుట, నిద్ర పోయి లేచే సరికి కళ్ళు అంటుకొనుట. Watering eyes—greenish discharge in conjunctivitis. Dosage 30 above for others. In case of seasonal కండ్లకలకలు Arg.nit 6 and go up.

Dysentery – Arg.nit 6 and above చంటి పిల్లలకు green విరోచనములు నొప్పి ఒక spot లో, జిగురుతో ఉండిన large number of motions and 50+60—Arg.nit 6. Repeat the same if still motions continue even after second dose. If still comes Arg.nit 30 one dose. Green motions పిల్లలకు—also Chamomilla పళ్ళు కొరుకుట పళ్ళు వచ్చునప్పుడు.

If there is no mucus Natrum sulph.

Conjunctivitis:

1.Argentum Nitricum—Greenish discharges.

2.Rhustox – కళ్ళు ఎర్రగా నెత్తురు ముద్దలు లాగా.

3.Apis (Apis and Rhustox are deadly inimicals).

4.Euphrasia

Apis – రెప్పలు ఉబ్బుట, నలపవలసి వచ్చుట, వేడిగా ఉండుట, కన్నీరు వేడి నీరు వలె ఉండుట, ముఖము కందినట్లు ఉండును.

Euphrasia – Dangerous కండ్లకలక. నల్ల గుడ్డు లోపలి భాగానికి జబ్బు. పుసులు too much గా వచ్చును. Resembles curds. రెప్పలు మంట మండును ముక్కులో కూడా అదే మోస్తరుగా విపరీతమైన discharges వస్తాయి. Best potency 6.

After two or three hours there will be relief. After that another dose. Then కంటి గుడ్డు is safe. Otherwise within 24 hours కంటి గుడ్డు చెడిపోవును. End the treatment with Euphrasia 30 or 200 one dose. So that the disease does not return. Euphrasia can be used externally also. Dilute with distilled water. Any discharges in the body which is copious and too much white discharge Euphrasia can be used. Even in cough, gonorrhoea etc. it can even cure cholera if the motions are copious white curd like.

Human body is of two planes: 1.Structural or physical and 2) Functional or vital.

The structural body contains the tissues and the chemicals that form the tissues. Example: Calcium in the bones, Phosphorus in nails and tooth etc. The functional body causes all the movement activity and metabolism. The sensations, senses and the appetites, motions and excretions are caused by the functional body. A simple substance which is not material it can be composed with a current of electricity or a set of magnetic lines of force that are produced at the poles of magnet. It exists in every smallest particle of our physical body. Therefore it governs the centripetal and centrifugal centers of force. These centers are mainly six and they work as a team. The distribution of physical matters is caused by this vital body. It is conducted as a force through wires called nerves. The nerves serve as electric wires to the current.

A proper arrangement and function of the vital centers causes a proper distribution of physical matter. Such stage is called health. Any disturbance of the vital centers causes a disturbed whirlpool of one of the centers. It causes a wrong distribution of its magnetic currents. This causes a wrong distribution of physical matter. Example: if a whirlpool in a stream of water is crooked the water runs crooked. Such stage is called ill-health. Health can be known by an ease of all parts of physical body. Disease indicates ill-health.

A cure should be attempted on vital body, then the physical body is rectified automatically. If cure is attempted on physical body the causes still remain on the vital body and manifest again. Example: if Mag sulf or castor oil when used for patient of constipation will purge the matter of intestines, but the constipation recurs.

The vital body always tries to rectify the various defects caused by food and irregularities of rest etc. It always re-establishes of health.

Medicines never cure diseases. A real medicine should stimulate vital force to rectify itself. So the necessity of the quantity of the medicine is much less than what it is used in allopathy. Massive doses of foreign medicinal substances will produce their own effects upon the system to produce more diseases.

Treatment is of two types:-

1. Producing an effect which is opposite to that which is produced by disease. Example: High temperature is brought down by ice bag. An ice cool drink after a walk-in hot sun. Experience shows that it does much harm to the system. Example: If a fever patient is given a cold water bath his fever will grow and lead to complications. Ice cooled drink in summer heat causes sun-stroke. In fever the body produces heat more than required because it wants to drive out some thing from the system. When there is a big boil on the hand with dangerous matter in it, much blood flows to that place causing swelling and much heat to drive it out. Then there will be fever due to the boil. If you put the boil in ice water for some time, it becomes cold but after you remove it, it produces more heat than before. The explanation is that the vital body is exerting itself to produce more heat to free the system of toxic matter. By applying ice you have removed that heat and added to the strain of the vital body. You are working against the attempt of the vital body. On the other hand if you immerse the boil in warm water after applying some oil, the limb becomes warm at first and after a time the temperature comes down. The patient will have good relief. The fact is that you have applied the heat required and helped the vital body in putting the effort in same direction. So also after a walk in summer sun your body will produce sweat to remove the heat quickly. If you take warm drink, the sweat holes will open and you are helping this vital body. So you will be saved from the sun stroke. Thus there is a method of producing an opposite attempt and another method of producing a similar attempt. The first method is called antipathy (opposing type of serving). The second method is called Homoeopathy (applying a similar attempt to serve). The first method causes harm and produces only temporary relief followed by a more violent attempt. The second method encourages vital force to work for itself in driving out the cause.

A disease first attacks the vital body and then only attacks physical tissues. The changes in the physical tissues are examined and wrongly called disease in allopathy. They are only the results of the disease.

A disease attacks the vital body first and then a part or parts of the physical body are effected. In allopathy the change in each part is called separate disease and treated separately. Example: If a disease effects the liver there will be constipation, headache and rush of blood to the head. They are called liver disease, constipation, headache and blood pressure. Four different medicines are used in allopathy.

A disease attacks the vital force which produces symptoms in attempting to drive out the disease. Symptom indicates that the vital body is fighting the disease. The fight is called reaction to disease. Example: Smallpox attacks the vital body first. The vital body reacts to drive out the disease in the form of eruptions. Symptom indicates that there is a disease on the vital plane. Symptoms themselves are not the diseases.

Any substance which produces violent changes in the system is called medicine in Homoeopathy. These changes are the result of the reaction of the vital force to the substance. The reactions to a disease are called disease-symptoms. The reactions to a substance are called drug-symptoms. Both are the result of the fight produced by the vital body. If you apply the smallest possible dose in a medicinal substance, it stimulates the vital body to drive the disease produced by a similar cause. Example: Arsenic is a poison. It produces restlessness, fear of death, thirst and burning. If a patient is suffering from any disease with these four symptoms he is called Arsenic patient in homoeopathy. Now if you administer a proper dose of Arsenic to him, he will be cured radically. Hence there are no names in Homoeopathy. Every disease is named by its drug. Names like typhoid, pneumonia etc. can be used for convenience, but medicines should not be used according to these names. Example: One typhoid patient is having thirst, restlessness, fear of death and burning. Another typhoid patient is having a craving for ice cool drinks and vomits as soon as he drinks. He is also having involuntary loose motions. Both of them are typhoid patients. But in homoeopathy the first case is called Arsenic patient and the second case is called Phosphorus case.

A perfectly healthy body is kept on a simple diet and a medicine is administered to him in repeated doses, then he begins to produce symptoms. All these symptoms are recorded. About a 100 people are allowed to take the same medicine and record symptoms separately. Then the symptoms that are commonly produced upon

the 100 persons are tabulated. They are called the provings of that drug. Now any patient of any dose is producing these symptoms, will be cured by that drug.

Arrangement of symptoms: The symptoms are grouped under various heads in the following order of importance before prescription.

1.Mental symptoms: Example: Memory, worry, apprehensions, fear, illusion. Self importance: Anger when contradicted, morose, weeping while reporting symptoms, weeping when consoled. Weeping when seeing friends, relatives; weeping when thanked, unaccountable weeping.

2.Modalities: Aggravates midnight, noon, cold applications, movement, rest, sleep.

3.Sides: Symptoms:Right sided;Symptoms:Left –sided;Symptoms:Alternating
< ❑ ఉద్రేకము; > ❑ ఉపశమనము;

IV. Head, nose, throat. Chest, upper stomach, lower stomach, back, limbs, urinary tract, burning, numbness, pricking sensation, motion, appetite and thirst, recurrence—Old history.

Miasms

The three chronic miasms and their symptomatic classification:-

According to the homoeopathy, chronic diseases form the susceptibility of various ailments which are wrongly called as different diseases in Allopathy. In fact the susceptibility is the true cause of all these ailments. Susceptibility is the predisposition which exposes the constitution to all forms of influences. This susceptibility is technically called a miasm which is chronic in nature. It may be either hereditary or acquired. It is of three types – psoric, sycotic and syphilitic.

Psoric miasm is traced to the mental misbehaviour of mankind which when expelled by the constitution manifests upon the skin as the acute form of scabies or itch disease. It throws out boils with pus and voluptuous itching. When the itching is treated properly, it will be expelled and then there is no chronic condition, but if the itching and the eruption are treated externally as it is done in Allopathy, it will soon be suppressed and the disease attacks the vital organs. Then only it is called psoric miasm. Hahnemann calls this state as mental leprosy. This condition is the chronic state of psora; it is the real susceptibility to all ailments. Infact it creates the susceptibility even to the other miasms. Psora is contagious even on the mental and emotional planes, whereas the other two are imbibed only through physical contact.

An acute attack of gonorrhoea causes an ulceration of the urethral canal with much itching and burning and discharges. This when properly treated will be eradicated soon. But when suppressed through external means, it attacks the vitality and causes sycosis.

An attack of acute syphilis also causes an eruption or an ulcer, and this when suppressed externally will attack the vitality and makes the person vitally sick when it becomes a miasm.

All the three miasms prepare a chronic condition of ill health to the constitution of the subject. Each of these miasms has its own characteristic and group symptoms -- mental and physical. They are too obstinate to be cured, and require a careful and experienced way of treatment strictly based on Homoeopathic principles of selection of potency and repetition of doses. It runs through a prolonged period of treatment and before it is

eradicated, it tests the patience of the doctor and the subject. Sometimes it takes years before the patient is free from the miasm.

Psora gives rise to innumerable forms of indisposition. Each of which attacks a different part of the body and appears different from rest, enough to be mistaken as an independent disease. Hahnemann called psora, the hydro-headed monster. The key note of psora can be understood only on mental plane. It is in the form irritability. The patient is always self-conscious and finds a difference between himself and others. He is always successful in mistaking others and getting irritated with pre-conceived mental tension. Generally his symptoms are worse during four cardinal points of the day, i.e. sunrise, sunset, noon and midnight. He is either plethoric and easily blushing with emotions or pale with lack of vital glow. At times these two conditions alternate. The circulation is uneven when the patient may suffer from surging of blood to the various vital parts like the heart, head, liver, spleen, kidney or anus. These conditions are understood as separate diseases with fresh names. For example: hypertension when it occurs in the head. However there is always a muscular tension. This congestion to head may produce symptoms of vertigo, drooping, drowsiness and heaviness of the body.

At times the tension causes nervous symptoms like itching, urticaria, tingling, crawling and creeping sensation; all types of pains in nerves or numbness of parts. Sometimes resulting in a paralytic stroke. In some cases, it attacks the alimentary canal when the manifestation causes loss of appetite, false hunger, dislike of food, salivation, nausea, and vomiting. It causes types of internal ulcers that are abdominal ulcers and intestinal ulcers etc.. Sometimes the liver and spleen are affected causing jaundiced condition repeatedly and finally resulting in ascites.

The mind is affected with irritable disposition. The feelings are disturbed by emotions when the subject makes wrong decisions and faulty procedures. The sensorium is disturbed and results in the various optical, olfactory or auditory diseases. The patient suffers from difficulty in reading, hearing, bad taste in the mouth, loss of smell or illusive smells. The mind suffers from tormented and animated thoughts and consequently sleep and tranquility are disturbed. Children suffers from restlessness, destructive tendency and violence of a nervous nature. Their sleep is full of tossing, twitching, screaming, dreaming and grinding of teeth. Females suffer from various troubles at the age of puberty and menopause. Also the menstrual periods are disturbed and gynaecological troubles are present. Haemorrhages from various parts.

In sycosis the mind is characteristic of malice, suspension and hatred. Jealousy is the keynote of all their psychological observations. Snake like nature with instinctive cunning to harm and escape. The mind is conditioned by oppression, fear, superstition, illusions and hallucinations. The nervous system is highly strung. The patient imagines too much of others.

Tape-worms, round worms, hook-worms and all types of amoebic cysts are formed in intestines and the gaster (gas troubles). The formation of the skin is disturbed with characteristic warts, fig-warts, pimples, cauliflower out-growths, herpes, psoriasis, lupus etc. In the advanced condition, there will be cysts, polyps, adenoids, tongue etc. In still advanced conditions, the formations may produce tissues of sarcoma or carcinoma and epithelioma. The greatest danger on the mental plane is that the patient is restless, lacking in consistency, suspecting the doctor and changing treatment very often. Here we find patients who refuse to be treated for fear of being noticed and suffering from loss of affection).

This miasm is also characterized by the escape through urine of valuable tissues like glucose, phosphates and albumin collectively termed as Bright's disease.

Syphilitic miasm is characterised by a creeping dullness of mind, with lack of comprehension and a gradual slow-down of the sensorium like loss of memory, delay in grasping, understanding and analysis. There will be slow acting in deafness, loss of sight, and senility. The skin grows less sensitive to heat, cold and pressure. Loss of appetite, absence of thirst and decrease of original taste for food and sex instinct. At times morose, tearful and weeping disposition is also present. Despondency and aversion to work. An undue passive attitude to events. The harder tissues of body like bones, teeth, nails and the hair are affected by disintegration, calcium phos and halides (halogens) are commonly affected. Exostoses, decay of bones, teeth and bad nails are common (when accompanied by gushes of anger, thoughts of poverty and death, these symptoms predict leprosy long before). There will be unbearable pains of a very deep nature that are aggravated during the whole night. All the mucus membranes are inflamed and red; at times there will be bleeding else. The eyes, mouth, gums and tongue become red and tender.

There will be ulcers of an obstinate nature. They refuse to be healed for months or even years. There will be smells from the nose, mouth, and about the patient generally due to decomposed tissue. Bone-deep pains are characteristic with syphilis whereas pains in nerves and joints with stiffness indicate sycosis.

Psoric patients have a restlessness due to irritability. Sycotic patients have another type of restlessness due to timidity and fear. Both of them require a change in everything. Syphilitic patients feel morose and sorrowful. They lack initiative and do not like to have a change. A Psoric patient will emit sweat with some odours, either the smell is spicy (garlic) or honey smelling. Generally the patient likes to inhale his own smells. The Syphilitic patient will have sweat and other discharges smelling like putrified animal matter. His mouth and breath are foetid. Psoric patient as previously indicated will show aggravations at the four cardinal timings of the day. A sycotic patient will have generally aggravations during the day and specially when the sun is hot. The syphilitic patient will have aggravations throughout night and better during day. The Psoric patient will have hot flushes and prefers to have cold weather and cold applications. The Syphilitic patient is generally chilly and prefers to keep himself warm.

A Sycotic patient will have hot sensation on skin but not chilly. Ofcourse there are exceptions to this rule, but probability is like that. In brief psora is degeneration and Sycosis is dissolution. In many cases Psoric patient will not have many acute ailments. When this condition is broken after the commencement of treatment he begins to show acute reactions to the environments. This is a good sign and it indicates that the case is running towards recovery. In all the three cases they do not require frequent repetition of doses unless there is some threatening condition of a acute condition or aggravation. Drug should not be repeated when there is betterment. The patient feels mentally better in the first instance step. In the second step the ailments of vital parts are cured while the physical symptoms like pains etc. show an aggravation. Then the skin symptoms appear. Nails and hair grow worse. But in the last they will disappear which shows the end of treatment. The indicated drug should be commenced with potencies not higher than 200. Each potency should be exhausted before the selection is made in higher potencies. The radical cure is possible only in higher potencies like 10M, 50M and above.

Sweats untimely and on least exertion in a sycotic patient.

THERAPEUTICS NOTES

Conium Modalities:

Amelioration of suffering by letting the effected part (limbs) hang down - బాధ కలిగిన అవయవములను వ్రేలాడనిచ్చిన ఉపశమనము (opposite is Hypericum. Aggravation by letting the limbs hang down). Coldness and sweat on the nose.

Constitutional:-

1)Deep, slow, long standing anti psoric drug. Miasm of psora : it can completely cure.

2)Enlargement of glands on neck, armpits, loins, breasts become stone hard especially painless, becomes large.

Enlargement of glands: 1)Conium 2)Bufo 3)All Calcareas 4) Baryta carb 5) Mercury 6)Phytolacca (called as powerful as Mercury as vegetable mercury following anti-syphilitic treatment). 7)Iodium 8)Arsenic of an acute character within days or weeks. Cures in days or weeks. In filarial cases 50% show Arsenic symptoms. If after two years, Arsenic cures temporarily but fever comes again. Second or third doses of Arsenic action is not sufficient. Its chronic drug Thuja should be given. That is its end.

Iodium: Glands swell and hang down. Wants water at all times. Uses water very liberally. Washes hands and feet very often. Child or adult sleeps on floor with bare bodied. Goes on eating if given continually. Goes on emaciating (శుష్కించుట). He will have continuous loose motions of indigestion. Potbellied.

Phytolacca: Glands are of a deeper nature. Ex: Tonsils and adenoids. In season he will have attack of mumps (గవదబిళ్ళలు). Pains in joints, fever. Phytolacca 6 two or three doses a day for 2 or 3 days. All symptoms disappear.

Mercury: Like Phytolacca - No taste. No appetite. నోటి పూత. With salivation. Edge of tongue serrate. Prints of teeth can be seen on the edges of the tongue. Hot sweats in case of temperature (So also in Opium). Least movement causes exertion. Quick and short movements cause hard breath.

Calcarea: Same. Glands at armpits, గొంతు, గజ్జలు, breasts for ladies. Sweats and short of breath, while climbing stairs or walking. Sweats mostly on face through head. Sudden emaciation or sudden గా పెరుగుట.

Baryta Carb: Glands at neck, below ears. Boils on glands. Very big swollen tonsils in the throat. Large adenoids in nose. He is suffocated. He always sits with his mouth open. Automatically he will have an idiotic face. Foul breath. Mouth smells like rotten meat. Undeveloped mind. He remains a child mentally. Lacks maturity of age. "Mentally and physically dwarfish" - Kent. Discharges from ear smelling foul. Continuous flow. Chronic drug—Syphillinum 10M.

Bufo: Glands behind the neck. Glands will be of a smaller size. చింత గింజల్లాగా. Bufo Mental symptoms: If he looks at you, he is looking at space. It is better to talk to a wall than to him. Involuntary or unconsciously his fingers go to his genitals (typical symptom). Start with 30 because it is a very deep drug. 4 or 5 doses will make an improvement. Transformation of the constitution after a disease. After typhoid etc. he will not be as before. Give Bufo 1M. Wait for one year. He will show improvement.

Conium: Trembling of any part exposed to exhaustion. దుర్బలత్వము, నరముల బలహీనత. Inability to stand any temptation.

Temperature 105° à Ice bag – Antipathy. After sometime 105.5°.

Nose stuffed à Smelling salt. After sometime à more stuffed.

Insomnia à Crude opium. After sometime à Next he cannot think of sleep à Greater insomnia.

దెబ్బలు, Fractures

Congenital, నడక ఎప్పుడు వచ్చింది? మాటలు ఎప్పుడు వచ్చాయి? పళ్ళు ఎప్పుడు వచ్చాయి? Craving for abnormal and peculiar taste. మట్టి, బలపాలు, రాళ్లు, కచ్చిక, సుద్ద ముక్క, బియ్యం any more habits, colour of skin, clots on body.

Leucoderma, white discharge is it there? Weakness or కాళ్ళ పీకుడు ఉన్నవా?

Patient's behaviour as attendant's observation. ఒంటరిగా వెళ్లగలడా? అందరిలో కలవగలడా? చీకటిలో భయం వుందా? కోపం ఎక్కువా? Hyoscyamus – lengthy list of symptoms – strange key notes.

Cataract in the eye:

a) Started in right eye and extended to left eye. R L

b) Started in the left eye and extended to right eye L R

c) Started in both eyes simultaneously. Cataract patient is a miasmatic patient congenitally susceptible to miasm. Contacted gonorrhoea or syphilis. Select only anti-miasmatic drugs (not surface acting drugs like Aconite, Coffea, Chamomilla, Belladonna) very strong is below one miasmatic drug to the selected – Cuprum Met, Lycopodium etc. Note down other symptoms also cramps, pains etc. Lycopodium full of mental symptoms. Sensorial plane. Argentum and Aurum act on very deep love, affection, intellect planes. Strong suicidal tendencies occur in these drugs.

While selecting drugs from generals to particulars. General complaints – predominantly right sided drugs which produces symptoms right sided symptoms start from right side and travel to left side. Headache piercing through right eye ball.

Paralysis, otorrhoea, చెవిలో చీము

Predominantly right sided.

1) Lycopodium

2) Sanguinaria (rightsided severe headache).

In 2 symptoms do not travel from from left to right. So Select Lycopodium give a dose of 10 M, wait for 3 months. Cured in reverse order of the occurrence. If there is improvement do not repeat dose.

Symptoms predominantly left sided 1) Lachesis 2) Spigelia. Sanguinaria for right side, Spigelia for left side. Sinusitis pain prices through left eye with a needle. Left side pains like needles pinching into nerves. Spigelia patients have history of cardiac diseases. Habituated to pain on left side for at least 10 years pain near heart and where abouts.

Lachesis symptoms < all symptoms during sleep. Snores during sleep. when climbing stairs he says “wait” – Lachesis or calc carb

because of shortness of breath. Cataract both the eyes. Select on the basis of other symptoms and find out constitution and drug of the fellow. Sulphur < standing. Bluffs. Inconsistent. Suddenly ask a question. He has peculiar trembling, and mind becomes blank. Nervous to meet somebody or some other place or interview. Take him over railway bridge. If sees below he is nervous, dread of heights Argentum nitricum. Suspicious and jealousy. Sycotic patient. Recurring complaint of sore throats and నోటిపూత till it becomes continuous and and no relief from existing medicines. Fish bone sensations in the throat. Hepar Sulph, Acid Nit Sensation of plug in the throat. With these symptoms and cataract of both eyes either of these medicines. Hepar Sulph is anti psoric and anti syphillitic, sensitive to weather. Chilly patient. Acid Nitric carry out growths. Not a chilly patient. Warts. నాలుక మీద కూడా కాయలు. Very hard warts Hepar Sulph boils with suppuration. Hepar Sulph 10 M. Wait for 6 months deeper than Lycopodium. If Heart ailment or pulmonary

Hepar Sulph

| Pathological Symptoms | Mental Symptoms |
|--|--|
| Abscesses | (So also called Acid Phos) |
| Spreading ulcers | "Mentally and physically tired" another drug physically & mentally tired.(Acid Muratricum) in acute cases of typhoid). |
| Go deep కురుపు లోపల గొయ్యి ఉండును . | |
| Pus and blood | " Good drug for examination going children—Lycopodium Silicia. |
| Rheumatic Pains deep into the joints (Joint లోపలకి నొప్పి are of a deeper nature . | Restless, keeps always moving "tossing in bed throughout night (identical to Rhustox). |
| Acute diseases prolonged fever more often typhoids. | |
| Broncho pneumonial fevers with catarrhal conditions. | చిన్న పిల్లలు కాళ్ళు కొట్టుకోవడం నిద్రలో Helleborus, Zincum M Belladona, Strammonium, Cicuta Virosa key note. ఏ జబ్బు |
| Eruptions పొక్కులు results in fissures . If in anus fistula. Ch వేన్నుముక విల్లు వలే వంగుట. Backbone, Backward. Twist of cases numbness of parts. తిమ్మిరెక్కుట. Parts go to sleep. spine. Cerebro spinal meningitis. Convulsion, fits, epileptic attacks cured by this drug. Profound deep and wonderful తిమ్మిరెక్కుట. Fingers and toes dead. తరుచు స్పర్శ జ్ఞానము | |
| akward gait After some period cellulitis కంటి కిందగాని ఎక్క Stomachache : better by bending forward— Colocynth. | |
| నీటిబుగ్గ వలె వాపు వచ్చుట very smooth surface swollen and growth very big and covers the eye. Spreads all the parts may die. | Pain better backward bending cicuta virosa Diascorea, Lyco—Dreads change వూరికెళ్లడానికి భయం. Everything dist him. ఇంట్లో ఎవరయినా ఉండాలి. వేరే గదిలో ఉండాలి. Dreads sol cannot hear company. |
| | Aversion to another take up or execute. భాద్యత వహించలేద cannot take any decisions, thinks, cannot take decision bu can take. |

| Modalities | Constitution | | | | | | | | | | | | |
|--|---|-------------------------|--|---|---|---|---|------------------------------|---------------------------------|------------------------|------------------------------|-------------------|-------------------|
| <p>Symptoms predominantly right sided.</p> <p>Symptoms start on the right and travel to the left</p> <p>Symptoms travel from above downwards</p> <table border="1" data-bbox="188 508 784 957"> <tr> <td data-bbox="188 508 444 600">Pains</td> <td data-bbox="444 508 784 600">Spine, head and nerves.</td> </tr> <tr> <td data-bbox="188 600 444 751">> Warm weather, warm application, warm drinking.</td> <td data-bbox="444 600 784 751">> Cold weather, cool drinks, cold applications.</td> </tr> <tr> <td data-bbox="188 751 444 957">< Cold weather etc Joints, మెడ, మోకాలి నొప్పి,పట్టేయడం.</td> <td data-bbox="444 751 784 957">< Warm weather, warm drinks, warm applications, warm room</td> </tr> </table> <p>Patient craving for cold air.</p> <p>One leg warm one leg cold, also hands < Worse on exertion.</p> <p>> Heat, hot applications, warmth, coffee or tea</p> <p>All symptoms < Rest >Movement <4 to 8 P.M. especially weakness ,palpitation, stomachache ,fever. < upto 8.30 A.M.</p> <p>Apprehensive in the morning రోజు బాగులేదు.</p> <p>The fellow is very ill-tempered and hot or the day. He had haircut.</p> <p>Flatulance < first mouthful</p> <p>పొట్ట ఉబ్బరము, గాలి చేరుట</p> <p>మొదటి ముద్దకు ఎక్కిళ్ళు—capsicum. Nervous and</p> | Pains | Spine, head and nerves. | > Warm weather, warm application, warm drinking. | > Cold weather, cool drinks, cold applications. | < Cold weather etc Joints, మెడ, మోకాలి నొప్పి,పట్టేయడం. | < Warm weather, warm drinks, warm applications, warm room | <p>The person is mentally and physically exhausted. Great emaciation physically especially of upper parts. Lacking in heat ఒంట్లో ఉండవలసిన వేడి ఉండదు.</p> <p>Puffed patient</p> <p>Dyspnoea: Short of breath</p> <p>Shorter the breath shorter the life. Longer the breath longer the life.</p> <p>Distress</p> <p>Cannot climb. Cannot walk fast.</p> <p>He is a cardiac patient. Enlargement of heart</p> <table border="1" data-bbox="862 968 1401 1455"> <tr> <td data-bbox="862 968 1130 1146">1/3 flatulence patients Trio</td> <td data-bbox="1130 968 1401 1146">China Lycopodium Carboveg</td> </tr> <tr> <td data-bbox="862 1146 1130 1304">Ophidia 1/3 of Trio</td> <td data-bbox="1130 1146 1401 1304">Lachesis Naza Crotalus</td> </tr> <tr> <td data-bbox="862 1304 1130 1455">1/3 Acutes < heat</td> <td data-bbox="1130 1304 1401 1455">Apis Digitalis</td> </tr> </table> <p>The Lycopodium patient is and to have the inability to relish oysters, ghee, milk, butter.</p> <p>Boils and ulcers appear normal. But goes very deep into the muscle.</p> | 1/3 flatulence patients Trio | China Lycopodium Carboveg | Ophidia 1/3 of Trio | Lachesis Naza Crotalus | 1/3 Acutes < heat | Apis Digitalis |
| Pains | Spine, head and nerves. | | | | | | | | | | | | |
| > Warm weather, warm application, warm drinking. | > Cold weather, cool drinks, cold applications. | | | | | | | | | | | | |
| < Cold weather etc Joints, మెడ, మోకాలి నొప్పి,పట్టేయడం. | < Warm weather, warm drinks, warm applications, warm room | | | | | | | | | | | | |
| 1/3 flatulence patients Trio | China Lycopodium Carboveg | | | | | | | | | | | | |
| Ophidia 1/3 of Trio | Lachesis Naza Crotalus | | | | | | | | | | | | |
| 1/3 Acutes < heat | Apis Digitalis | | | | | | | | | | | | |

agitated when bloated. Cannot endure sounds when bloated—Phosphorous, Borax, Natrum mur. బాధ పడ్డట్లు , వళ్లు పులిసినట్లు, to select if it suits.

LYCOPODIUM

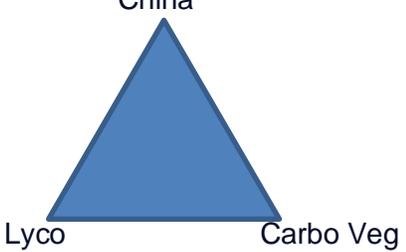
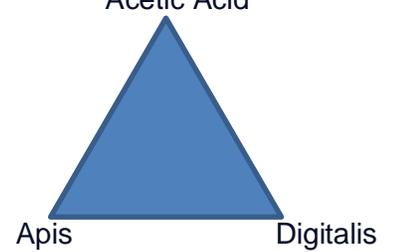
| Pathological | Mentals |
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| <p>Obstinate. Constipation. ఎట్టివాటికి లొంగని విరోచన బద్ధకం, with much gas causing anxiety and pressure on the chest and suffocation.</p> | <p>Apprehensive. Dread of future. అందరూ current shock kotti చనిపోయినారని feels future is gloomy (Dreads that he is going to be a begger—key note of Calcarea flour a dose of 10 M)</p> <p>Acid Phos—think wife is unfaithful in his absence.</p> <p>Causticum: vague apprehension.</p> <p>Lyco— Religiously melancholy: జరిగేది జరగక మానదు. చేసేదేమి వుంది మన చేతుల్లో ఏముంది? అంటాడు Sits and broods .</p> <p>Inconvenient in the presence of new persons.</p> <p>Aversion to meet visitors.</p> <p>Sepia—loss of affections, భార్యతో, పిల్లలతో ఎవెరితోను పడదు.</p> <p>Lyco — dread to begin any work. Yet he feels greatly relieved while doing the works. Aversion to enter into conversation. Weeps while receiving persons (distrubance of emotions).</p> <p>Weeps when thanked.</p> <p>Slightest joy makes weep (Ignatia).</p> <p>Weeps while laughing, laughs while weeping, laugh causes laugh.</p> <p>Coughing causes cough.</p> <p>Future looks black.</p> |

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| | <p>Aversion to life. Suicidal thoughts, but never commits suicide (Aurum Met: Commits suicide. He is convinced that he is an unfortunate fellow. Nothing is there for him to accomplish whatever he undertaken is sure to fail. Anyone associates with him sure to fail).</p> <p>Misanthropy (no care and affections for others). (Sepia hatred) Lycopodium weeping. Lyco: Never allow him to share responsibility. బాధ్యతా రహితముగా ఉండును.</p> <p>Goes away from his wife and children without address goes away for good. Mistrustful. Does not trust others. Fault finding on account of intellectual debility.</p> <p>Children wakes up with shouting and do not recognize others for some time.</p> |
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| Modalities | Constitutional |
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| <p>BORAX: Dread of downward motion, getting down by left.</p> <p>Thick, yellow, foul discharges from ulcers. Nasal, eye, ear discharges worse up in the morning with sadness.</p> <p>Mental symptoms > walking.</p> <p>Over-sensitive to pain the patient is beside himself (talks always about his health. Very conscious of his health).</p> <p>Periodical headaches connected with gastric trouble.</p> <p>< All symptoms by delay in eating.</p> | <p>కళ్ళ చుట్టూ నల్లని మచ్చ, దురదలు eruptions below eyes, ears folds of nose.</p> <p>Slaggering and clumsy walk. అరికాళ్ల పాదాలు తిమ్మిరి & numbness of limbs.</p> <p>Body lacks heat smoothness in parts of head, hair falls in those parts. Circular patches and fall of hair—Kali Bichrom. చిన్న పిల్లలు Lycopodium ఎండుగా, అతిగా emaciation, పొడి దగ్గు dry cough చెవుల నుండి పసుపు పచ్చని చీము అధిక దుర్వాసన - offensive smell and deafness. Drum belly (కుండపోట్ల).</p> |

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| <p>Red sand in urine. Red colour and like ఇసుక రేణువులు. Cloudy urine. ఎదో ఒకటి కలిసియుండుట sediment.</p> <p>Red Sand in Urine Pains and rheumatic complaints and</p> <p style="text-align: center;">X</p> <p>Cloudy Nervous complaints</p> <p>If urine is not clear all the symptoms go away, but if urine is clear all the symptoms aggravate.</p> <p>Fever with deafness (also Rhus Tox will go away in all cases of fevers etc.). (may stay lifelong in Lycopodium) Extremities cold. Head and face hot in fevers and typhoid) one foot hot and one foot cold.</p> <p>సోరు తెరిచి పడుకునేవారు — Baryta carb, Calc.carb.</p> | <p>Loose motions due to indigestion. నీళ్ల విరోచనము, అజీర్తి — Lyco 6 daily upto motions are stopped when feels better in weakness.</p> <p>If symptoms appear alternate d or if reappears after one month--Lyco 30.</p> <p>Face looks yellowish.</p> <p>Over-worked persons also — Nux Vomica or Ignatia.</p> <p>Lyco — lack of self-confidence and imaginary reality.</p> <p>Psychological impotency. ద్వితీయ , తృతీయ వివాహము చేసుకొన్నవారకు also Acid phosphoricum should he carefully administered.</p> |
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Heart disease:

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| <p style="text-align: center;">China</p>  <p style="text-align: center;">Lyco Carbo Veg</p> | <p style="text-align: center;">Acetic Acid</p>  <p style="text-align: center;">Apis Digitalis</p> |
| <p><u>Flatulent Trio:</u> Pseudo cardiac patient if neglected becomes cardiac patient. Gas forms. Diaphragm thrown above Pneumogastric nerve.</p> <p>Accumulation of gas in parts due to death of parts of alimentary canal. వాత రోగము.</p> <p>Short breath, cold sweats, objective coldness, subjective heat. Carbo Veg patient cannot stand where there is no fan.</p> | <p><u>Acetic Acid:</u> Whitish pale face covered with drops of sweat. Nose colder than other parts of the body.</p> <p>Eyes white. Tongue white like a cloth. Some mapped with black dots. Big liver. Pain in the liver region, suffocation greatly aggravated by least movement. Great craving for cool dry air. Many times loose motions. Undigested, watery motions</p> |

| | |
|--|---|
| <p>Craves for fan. Wants near the fan. Haemorrhages.</p> <p><u>China:</u> Feels coldness and heat alternatively sweats alternatively. History of intermittent fevers and history of malaria of excessive use of quinine. Cardiac patient coming from allopathy to homoeopathy never give direct. Because China and Digitalis are deadly inimicals. First give Nux Vomica or Sulphur 6 or Sepia or Pulsatilla. Then he is fit to receive China.</p> <p>If a patient is spoiled by homoeopathic potentized doses, give Sepia or Pulsatilla. The symptoms will come out.</p> <p><u>Flatulence:</u> Lycopodium 30 and go to 200. 3 full years required.</p> <p>China symptoms: Palpitation and sudden fear, much gas, suffocation. Broad motions at 12.00.</p> | <p>repeated conditions of నీరు పట్టుట, తగ్గుట. Last డొక్కలో నీరు పట్టుట. తగ్గుదు. Parent dies.</p> <p>No appetite at all. Sometimes పిచ్చి ఆకలి. Feel hunger. People broken down by deep alcoholism. Worst worn out debauch.</p> <p>Persons working in chemical factory—Acetic Acid 30 one dose. Watch for 3 weeks or more. Should not repeat second dose early. Patient may die.</p> |
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Opium: Especially in typhoid in acute condition — high fever 104°F to 106°F.

- 1.Patient is drowsy (No sleep at all).
- 2.Eyes blood red.
- 3.Refuses to take food or medicine.
- 4.Radiating heat.
- 5.Copious hot sweats do not reduce temperature(also Merc Sol).
- 6.No suffering at all (all communications cut off).
- 7.A false sense of well-being.
- 8.Constipation. No motion for a week or ten days. Obstinate type of constipation. Motion very hard and painful. Motion large broad could not be expelled. Motion recedes half way. Motion is made up of little hard marbles. No moisture in motion. He says he has no stomach-ache. When constitution reacts he will have motion of grey white colour and foul smell.
- 9.A tendency to bleed. Motion with blood in typhoid is very dangerous.
- 10.Craving for cold water and thirst are there for 24 hours. Thereafter it disappears as sensations are cut off.
- 11.Chronic symptoms: tendency to cheat. Timidity (bluffing).
- 12.Utter lack of conscience (so also Anacardium).
- 13.Haemorrhages, piles with profuse bleeding without pain.
- 14.He has a very keen memory.
- 15.He is a born litigant.
- 16.Strange hobbies — stamp collection.

Cantharis:

Burning of urethra; drops of urine; each drop burns like fire; blisters with water — నీటి బొబ్బలు, కాలిన బొబ్బలు

Cantharis 30 one dose.

Apis (Honey bee):

- 1.Heat,when scratched redness.
- 2.Pain on skin.
- 3.Red spot with swelling.
- 4.Blisters, దద్దుర్లు, with much itching, with swelling of whole part.
- 5.Pain in throat, hard, painful to swallow.
- 6.Pain on the top of head with anger, irritability, confusion of mind.
- 7.A typical cry is found when there is irritation in head.

These symptoms also appear in patients suffering from diphtheria.

In Lachesis the diphtheria causes paralysis of the throat. All snake poisons cause paralysis of some part of body.

In Apis it is the inflammation and the internal swelling of the throat.

Symptoms of Apis appear in hydrocephalus also.

If the patient is red it is Apis. If the patient is blue it is Lachesis.

Apis: High temperature. Face red. Irritability. Blisters on face. Suppose Metacin is given temperature comes down. Patient gone into coma. Patient is not conscious. No urine for 30 hours. Apis 1M and then he had a broad vomiting. Wants something to drink. First horlicks was given. Temperature shot up to 105°F. Next morning he went into coma. Apis 10M was given. Within hours he had smallpox pustules of big size and it was cured later.

Apis cures all cases when fever is controlled suddenly and results in coma to the patient, choking of throat and blisters.

Digitalis:

Indicates that heart is tired. Pulse feeble. Body cold. Mind dull. Swelling of feet or face or leg allows heart enlargement.

Crude Digitalis stimulates muscles of heart which is already old.

Homoeopathy: If heart is agitated, sharp beats, jerking. 2. Feeble and missing beat. Dropsy (swelling). Pain in the pelvis wrongly called as lumbago. Give one dose of Digitalis 30. Wait for 3 days. It starts acting as a tonic on the heart.

Principle 59: Antipathic method of cure causes only palliation (ఉపశమనము) and no real cure. In every example given in article 59 of the Organon experience teaches us that every attempt of palliation is nothing but the application of the action of the medicinal substance upon the constitution. This is inevitably followed by a strong reaction of the constitution against the action of the drug.

This produces the opposite results in a more violent way. These two types of actions are called primary action and secondary action by Hahnemann. When Opium is administered it causes a stupor and it is the primary action. From the next day onwards the constitution causes reaction in the form of total insomnia. This is the secondary action. Every antipathic method produces a palliation with the primary action and a recurrence of the disease as the secondary action.

Even though the allopaths know it they inherit the method and produce miserable results upon mankind.

A SHORT NOTES ON FEW EMERGENCY CASES:

Cholera: 1. Loose motions—watery, vomiting like water. 2. Pain above the navel 3. Pinching, pressing type of pain. 4. Body is cold, but no sweat at all. 5. Urination generally suppressed. Give Camphor 6, give after 15 minutes again Camphor 6. After half an hour give Camphor 30 one dose. if there is vomiting give another dose in 30 potency. After 6 hours of attack of cholera Camphor does not work.

Glonoine:

1. Great heat around the body.
2. Sudden high temperature.
3. Unbearable pain on top of head with vertigo, red eyes, red face, burning of face.
4. Soon patient goes into semi-conscious and unconscious state. Strabismus—ఐదు నిమిషములలో మెల్ల వచ్చును.
5. Nose bleeding or vomiting of blood.
6. Pain and tight feeling in the chest especially heart region.
7. Diplopia with headache. ఒక వస్తువు రెండు వస్తువులుగా కన్పించును.

Apoplexy—Rush of blood to the head with immediate stages of unconsciousness. Coronary thrombosis.

Sun stroke—BP — Heat of furnace. Apoplexy — blacksmiths, goldsmiths, cooks, brass smiths, gas light bearers, walking in summer sun — Glonoin 200 is safe. 90% of patients are saved. In cases of hypertension if there is pain, it is cured.

Prevention against sun stroke – Natrum Mur 3X - 2 tablets. If more than 2 hours take another 2 tablets. Should not take any cool drinks or washing face with cold water. Sure method is to take a fresh onion and hold it near the body.

In ancient India మణి చికిత్స (mineral), మంత్ర చికిత్స, ఔషధ చికిత్స Herbal. Cassia (తంగేడు పువ్వు) ఎండపెట్టి పొడిచేసి గోరువెచ్చని నీటిలో కలిపి వాడిన sun stroke రాదు.

1 unit — అల్లం 4 units – water. See it becomes two units by heating. Add 3 units of gingelly oil. సన్నని సెగ మీద వేడి పెట్టండి. Let it become half. Settle it. Take out oil. Apply oil on joint pains. బెణుకులు, old falls or injury. Within 7 days no pain or trace of pain.

Girl after first menses:

దంపుడు అన్నం గంజి and add one tea spoonful of table salt and mix it. Let the girl drink warm within two hours of appearance of menses. Like that three tumbler full three days. 99% cases throughout their career from first menses to menopause no difficulty no extra menstruation. No unhealthy flow, no some change of dates.

Menstruation: pain as if constriction. తాడు వేసి ముడి వేసినట్లు. As if a band aid is put around her waist — Cactus

G 30 one dose can be any day. If the lady presses a pillow to the abdomen — Bryonia 200. Amelioration by pressure. If pain recurs give Bryonia 1M. If the lady bends double, పొట్ట దగ్గర మడత పెట్టినట్లుగా, మడత వేసినట్లుగా వంగితే — Colocynth 200 one dose.

Morning sickness—వేవిళ్లు – one dose Ipecac 6 will cure 50% of patients.

Ipecac: Cold surface of skin. Bluish colour under the iris. Sweats. Constant nausea—వికారము. Pulse feeble.

History of indigestion. Whatever be the potency drug remains in the body only for 80 seconds. Cough with ropy mucus. Ipecac is not only for morning sickness. లోత్ర cures sugar patients 30% only males definitely.

Another case of morning sickness: Cough metallic sound. Sore throat of a recurring nature. History of premature death of uncles or aunts. (T.B. family in Homoeopathy). Vomiting without nausea. Kali Bich 200 single dose. Predominantly anti T.B. drug.

Another case of morning sickness: Nausea when food is seen or talked of. ఆహార పదార్థములను ఏమి చూసినను, మాట్లాడినను or smell of food stuff. Colchicum 200 one dose. If recurred after a week repeat one dose.

Lachesis is prohibited to be repeated in 15 days. Next dose will spoil the case.

Acetic Acid is prohibited to be repeated in 15 days.

Another case: Nausea and vomiting with the smell of onion, garlic, asafoetida – Asafoetida 200 one dose.

Another case: Nausea or vomiting – with the smell of cosmetics. Smell of tobacco, coffee, petrol Ignatia.

Another Case: Nausea and vomiting < shopping in hot sun. Severe headache and vomiting. < pictures, drama.

Ladies belonging to tuberculosis family.

< Bus ride or car ride – Cocculus Indicus 200 one dose.

LACHESIS

Deep acting remedy, acts mainly on nervous system, muscles and blood, also on the mind. Rank drug for mind, paralysis of nerves and muscles. So also all snake poisons.

| Pathological symptoms | Mental symptoms |
|--|--|
| Choking. Throat pain, Diphtheria. గొంతు నొప్పి, గొంతు బిగియుట. | The “snake in man” is Lachesis. (The one who tempted the man—Satan). |
| Blue గా face ఉండిన Lachesis. Red గా ఉన్న Apis. Face చుక్కలు చుక్కలుగానగును. | |
| High fever in both the cases. | Fellow has temptation to know your secrets. |
| Headache in both the drugs. | He is a sinner. Suspicion, jealousy and temptation. |
| Headache in Lachesis: heaviness, dullness and confusion. బుర్ర వంచిన నొప్పి. | |
| As if head is like pot of water. Apis headache: Gripping sensation on top of head. | |
| Lachesis: water coming from nostrils from the head when head is bent. | No brightness in any thing (Cynic). His mind is cloudy, sad. |
| Palpitation: Very common in all cases. Least movement causes aggravation of palpitation. | |
| Fainting: తెలివి తప్పి మరల వచ్చును in split second also in Calcarea arsenicum. That is why Lachesis and Arsenic alb are good for epilepsy treatment. These are for small epilepsy. | |
| Ulcers—bleeding blue or black blood growing gangrenous with smell→Lachesis, Aurum met, Aurum ars., Aurum mur, Hepar sulph, Calc silicatum, Natrum silicatum, Calcarea flour, | |
| Very high deep→ Arnica, Pulsatilla, Phosphorus, Pyrogen, Hypericum, | |
| Drugs for dangerous cases of gangrene: King of gangrene is Arsenic album 1M onwards. | |
| Parts turned very black. కాల్చిన బొగ్గు వలె అగును. Varicose (parts below waist will be covered with tight fitting pant. So no air goes there. The varicose veins become bluish. Varicose ulcers. | |

| | |
|--|-----------------|
| Ovarian troubles also → Pulsatilla and Phosphorus. | |
| A rank drug in typhoid—Rhus tox, Bryonia, Baptisia, Phosphorus, Opium, Sulphur, Lycopodium in very last stages. Arsenic Album in early stages. | |
| Tonsillitis—Left one much swollen, high fever, bluishness of face and tongue. High fever. | |
| Uterine disorders (బిడ్డ సంచి) రక్త ప్రావము, sometimes haemorrhage is bluish, pain in left ovaries. < after sleep. | |
| Many complaints in menopause. Graphites, Phosphorus, Pulsatilla, Lachesis. Fumes of heat coming out of body, sweats, palpitation. | |
| In many cases of Bright's disease. Any thing passing in urine other than the minerals usually so. | |
| Jaundice, liver troubles, enlargement, dullness, abscess in liver, ascites, జలోదరము. | |
| A contagion or acute miasm (epidemic). | A chronic miasm |

NOTES ON MATERIA MEDICA

SULPHUR

Quick and active drug; deep and long acting; useful in both acute and chronic cases.

1. Lean, bony, stoop-shouldered persons with deeply set eyes. Walks and sits bent. Standing is the most uncomfortable position; cannot sit or stand erect.
2. People of sedentary life and philosophical enquiry with idle curiosity; interest in obscene objects and subjects; takes no exercise.
3. Apparent carelessness and indifference in his general behaviour.
4. Persons of nervous temperament, quick motioned, quick tempered and plethoric; skin excessively sensitive to atmospheric changes.
5. Reluctance to use water in sufficient quantities, hydrophobia.
6. Dirty with pride in it. Shabby. Dirty looking with purple face, (Arsenic—Very fastidious about dress, looks, etc.) with greasy skin and prone to skin affections.
7. Great desire for sweets, but cannot digest them well.
8. Drinks much and eats little. Must eat simplest foods, not sufficient to nourish health, can exist with little food and sleep. Broken down constitution with long periods of indigestion, bad assimilation and feeble nutrition (Nux Vomica and Sepia).
9. Mainly disorders of intestines (as different from stomach complaints of Natrum sulph patients); distension of abdomen with emaciation of limbs.
10. Loose motion daily early in the morning (generally at 5 AM) driving him out of bed.
11. Aversion to bath (Antim crude, Rhustox, Sepia).
12. **Mentals:** Aversion to work, lazy and postponing temperament, cynical and aptitude for strange subjects; idle curiosity for unnecessary things, dis-agreeable nature, changeability and insincerity, deceives himself and others; impatient and irritable.

Modalities: Aggravation in morning (diarrhoea); by standing and washing or after a bath; < at 11 AM, (emptiness in stomach, or sudden hunger, with weakness and depression); < warmth (of bed at night Bryonia, Pulsatilla, Chamomilla and Mercury); < at night (thirst); aggravated periodically —daily at the same hour; alternate day (China); every seventh day; fourteenth day; or twenty first day; < during fasting (hunger better when busy); < pressure (pain in head is > pressure, while coughing); Motion < pains in head, hips, knees and haemorrhoids; motion > other complaints; < 12 (noon or midnight); open air >; sun < (headache); cold damp weather <; cold drinks and food < thirst; cold water >. Headache: < before, during and after menses (headache and leucorrhoea); < after sleep, generally mind and sensorium (Lachesis and Natrum mur).

General symptoms:

1. Discharges offensive and excoriating (near outlets).
2. Burning sensation—of feet, palms, hands and top of head (Psorinum-- burning is more in feet or starts in feet and goes upwards of the body as in scorpion bite—Ledum pal).
3. Always feels thirsty—passive. Intense desire for very cold drinks or ice cream—Pulsatilla; vomits after taking cold water—Phosphorus.
4. Hungry (passive) feeling always (Calcarea Carb and Phosphorus) and tissues take on weakness.
5. Flashes of heat rising to face and head. (with amelioration in open air—Pulsatilla).
6. With structural changes in the vital organs (heart, lungs etc. -- Silicea, Phosphorus, Fluoric acid). Do not use the indicated drug in these cases.

Therapeutic Indications:

1. Emaciation: Distention of abdomen with emaciation of limbs. Tuberculinum— Eats at any time including dead of night, with enlarged glands. Iodium – With the above symptoms and desires cold applications.
2. Spells of weakness and fainting frequently during the day.
3. Wakefulness at night and drowsiness during the day (in advanced cases).
 - a) Wakefulness from 2 to 4 am and thinks of plans or the mind is surrounded by many thoughts and makes him nervous—**Nux Vomica**.
 - b) Wakefulness between 12 and 1 am (midnight)—gets up and no more sleep; pessimistic—**Lycopodium**.
 - c) Wakefulness as he could not escape the idea that entered his mind—**Calcarea carb**.
 - d) Wakefulness with the idea that everybody is envious of him, suspicious – **Lachesis**(the snake in man).
 - e) Wakefulness with the thoughts of the same woman whom he could not marry—**Natrum mur**.
 - f) Drowsy, but cannot sleep—**Opium**.
 - g) Wakefulness during fever with keen and acute hearing, generally in those who take coffee too much—**Coffea**.
4. Lack of reaction in any chronic or prolonged diseases or when the indicated remedy fails to act (as in typhoid, pneumonia etc.) or if the complaints are continuously relapsing (psora coming in the way—Psorinum, Cuprum met; in the chest and lung affections—Laurocerasus; Valeriana and Ambragrisea – in nervous diseases and Carbo Veg—in abdominal affections and in the collapse. These should be considered along with Sulphur.
5. Surging of blood to the head, humming noise in head, vertigo on looking down (turning the head—Calcarea carb; Looking up—Pulsatilla).
6. **Headaches**—Chronic and obstinate; occurring periodically, daily, weekly etc., throbbing headache (Glonoine, Calcarea carb, Pulsatilla).
7. **Diabetes:** With burning of soles and palms, emptiness in stomach at 11 am, diarrhoea on waking up etc.. Apis mel-- Burning sensation of eyes, brown coloured urine, swelling of upper eyelids, mottled appearance of skin.

China—Sweating while urinating, burning of eyes, chilly feeling during last drops of urine, mouth usually sore, heart palpitation and clothes are wet due to sweating during night.

Pulsatilla—Flashes of heat all over the body, yellow coloured urine, bodily pains during night, weakness, mouth dry without thirst, feels better in open (cool) air and from slow motion, desires cool drinks or ice cream very much.

Acetic Acid—Frequent urination in small quantities, urine is like water, face puffy with pale lips and clenched nails and palpitation.

8.Paralysis: With usual general symptoms of diarrhoea at 5 am, hungry feeling or all gone sensation in the stomach, all at 11 AM etc. with burning sensation or numbness at the paralyzed parts (Lycopodium right sided; Lachesis left sided). Complements the action of Rhustox in paralysis.

9.Sore throat and tonsillitis: First left side and then extends to right side (Lachesis). First right side and then left side (Lycopodium and Sulphur). (Nervous symptoms < left side—Spigelia; both sides alternating—Lac caninum).

10.Desires sweets but cannot digest them well. Desires highly spicy food—Nux vomica. Irritability, craving for sweets, with greenish discharges—Argentum nitricum.

11.Fainting, all gone or empty feeling at the pit of stomach (just below sternum) < at 11 am (Natrum mur, Natrum carb, Phosphorus and Zincum met).

12.Rumbling and gurgling in the bowels with diarrhoea driving out of bed early in the morning or immediately on awakening (at 5 am usually) and painless (may lead to T.B. after 10 or 15 years) (Rumex --with the characteristic cough, Sulphur—with raw and sore anus).

In the morning as soon as he moves—Byonia; with much flatus—Natrum sulph; green, painless stool with burning thirst, desire for ice cream or very cold drinks—Phosphorus.

Stools changeable, go on all day, though < noon—Podophyllum; with gripping colicky pains flying to other parts of body. He must bend backwards—Dioscorea.

13.**Dysentery:** child falls asleep after stools.

14.Redness and burning of all the orifices; congestion to single parts with burning, discharges excoriate, urine and stools are painful as they pass over the parts.

15.Offensive odour of the body despite frequent washing.

16.Peculiarly sensitive to bad smells (to good smells—Ignatia).

17.Female troubles:

a)Irregularity of menstrual flow, irritable and dull pain in small of back (should be given only when there is periodicity and during amelioration, but not before).

b)Suppression of flow at the slightest disturbance. (Overflow is less dangerous than suppressed flow).

c)Metrorrhagia or haemorrhage – during menses (Ferrum met, Ferrum phos, China, Acid phos, Hamamelis, Millefolium).

d)Threatened abortion: Haemorrhage will start before abortion, pain in small of back before abortion, spasmodic contraction of uterus, drowsiness and stabbing pains in hypogastrium.(Sabina and Secale cor are most useful). When pain is from back to abdomen – Sabina; Muscular inability and when the blood is black like ink—Secale cor.

For abortions before 4th month—Sabina; for abortions before 6th month—Secale cor.

Haemorrhage with force, intermittent fever (temperature 102°), restlessness, craving for cold water, vomiting after drinking and yellowish content in the flow—Phosphorus.

e)**Menopause:** At the age of 36-40 and 45-50. These are the main periods for the constitutional changes in ladies. But flashes with relief from cold bath or shifting from mat to ground (Phosphorus, Iodium, Pulsatilla, Arsenic).

f)Pregnancy:

1.Pain in hip joint –Lachesis;

2. When child dies in the womb—Pulsatilla (After delivery—2nd dose should be given).

3.When there is expulsion—Pulsatilla. (When Pulsatilla fails to relieve Sulphur should be given).

4. When there is only septic fever and mother and child are not dead—Sulphur.
5. Temperature and septic condition in prolonged or false labour—Sulphur.
18. **Male symptoms:** Testes relaxed and hanging down with offensive sweat on genitals. Cold sweat on face with cold body—Veratrum alb. Hot sweats do not relieve the temperature in fevers—Opium. Coldness of Body without sweat—Camphor (the above three cases may lead to cerebral haemorrhage if untreated). Sweetish sweat so that flies are attracted—Caladium. (The psoric patient has sweat of putrid or garlic smell over genital organs).
19. **Infiltration:** Not occurred for a long time after being affected by injuries. In slow infiltrations there will be no other symptom except numb feeling. For speedy infiltration (generally in lean people) the drug should be given in lower potency and repeated doses till it is completely checked. In slow infiltrations (in fatty people) the drug should be given in high potency and in single doses (10M and above).
20. Disturbance of veins or varicose veins < by clothing, warmth.
21. Great weakness of chest when talking (Calc.).
22. Feels suffocated in warm room and wants doors and windows open; desires to be uncovered (Pulsatilla, Lycopodium); child kicks the clothes off.
23. Burning or sensation of heat in chest rising to face.
24. Pain in upper left chest shooting to back.
25. Sensation of fullness in chest as if heart enlarged (Glonoine and Eupatorium perf).
26. Pain in small of back walks bent; pain aggravated when raising from seat.
27. Cramps in calves and soles, aggravated at night.
28. Burning of the feet, puts them out of bed to cool them. (puts them in water—Ledum pal; Burning sensation all over the body when sweating, but the body is cool to touch and he desires fan—Carbo veg).
29. Gout: pain at the joints and stiffness of nerve fibers. Pain in small of back and needs help to stretch out legs when sitting.
30. Eruptions and suppurations: Annual recurrence (Psorinum) with heat on vertex > by cold applications; zig-zag appearances and flickering before the eyes (before headache).
31. Voluptuous itching, scratching relieves; but there will be burning afterwards.
32. Complaints from suppressed eruptions. Antidotes Mercury in suppressed syphilitic cases.
33. Falls easily (Natrum carb); weak ankles (Sulphuric acid).
34. Deep-seated ulcers (ulcers that will not granulate), bleeds easily and burn much.
35. Persons working in coal mines often need Sulphur.
36. Antidotes the ill-effects of vaccination (Thuja and Medorrhinum).

Relationship with other drugs:

1. Calcarea carb is most useful after Sulphur. Lycopodium is most useful after Calcarea carb and Sulphur is most useful after Lycopodium.
2. Aconite and Sulphur follow each other well. Sulphur is the chronic of Aconite and Nux vomica. (Aconite is a storm. Sudden fever will start. In sudden pneumonia Aconite is most useful. But when there is actual swelling, inflammation Aconite should be stopped. Wrongly treated pneumonia will slowly develop into chronic lung diseases like T.B. and asthma). When cough sets in after pneumonia Phosphorus is useful.
3. Sulphur completes the action of many drugs.
 - a. Arnica—A bruised sensation all over the body and in bone fractures and injuries. If the pains are lingering after using Arnica Sulphur should be given.
 - b. Rhustox--When Rhustox was wrongly given and the patient developed pain in heart, then Sulphur should be given immediately. Also when rheumatic pains are relieved by Rhustox and the same are reappearing during cold season, then Sulphur relieves it permanently.
4. Completes the acute treatment or commence the chronic treatment with Sulphur.
5. Sulphur acts best when given in morning.

BRYONIA

Great weariness with aversion to move is the keynote of the drug.

Mental symptoms:

1. Not inclined to talk or to be talked.
2. Does not want to move, get up, walk or even to think.
3. Easy anger, highly irritable when disturbed from rest or even talked to.
4. Confused in talking or understanding. The mental confusion is worse after sleep. They are afraid of surrounding things when got up suddenly from sleep. As if the articles were looking at him, generally chairs.

Modalities:

1. All complaints are worse on least movement and better by rest. (worse during rest and better when moving about—Rhus tox).
2. Complaints are worse from least jar.
3. The pains are better by pressure. The patient wants to lie on painful side. (Afraid of pressure or touch—Arnica).
4. Better by sweat.

Drugs for sweats:

- a) Bryonia—Headache and temperature relieved by sweat.
 - b) Veratrum album—Collapsing and coldness of body by sweat. (Temperature—subnormal).
 - c) Opium—Copious hot sweats without any relief of temperature or suffering.
 - d) Ipecac—Cold sweats around the eyes (it is a symptom of collapsing stage).
 - e) Calc. carb—Cold sweats on head.
 - f) China—Cold sweat over the chest in the form of globules (very dangerous symptom).
5. Better by consolation and by magnetization (to rub with hand). (Wants to insult others—Arnica).
 6. All symptoms are worse or appear at 9 pm.
 7. All symptoms are better by cool air (worse by cool air—Rhus Tox).
 8. All symptoms are worse after eating especially headache.

Generals:

1. Great weariness of the body with aversion to move and work. Not feeling to do anything.
2. Complaints start and develop slowly.
3. Excessive dryness of mucous membranes. Thirst for large quantities of cold water at long intervals. (Repeated thirst for small quantities of water—Arsenic album). Dry and hard stool, generally black.
4. Vibrating movement of lower jaw, teeth being apart. Chewing motion of lower jaw.
 - a) Vibrating movement in spinal column without chill—Gelsemium.
 - b) Grinding of teeth during fevers (Chamomilla and Coffea--No sleep, magnified sense of hearing, can hear a sound from a very long distance).
 - c) Helleborous—Chewing motion of lips. Indicated in typhoid and cerebral fevers.
 - d) Biting of tongue or picking the lips though they are bleeding—Aurum triph. (indicated in fevers and paralysis of lips and tongue with the above symptoms).
 - e) Licking the lips with tongue—Pulsatilla (dryness of mouth without thirst).
 - f) Pressing of the tongue under teeth and sleeps with body bent back, sometimes like a bow. Cures fits when these symptoms present—Cicuta virosa.
 - g) Dropping of the lower jaw—Lycopodium (in last stages of typhoid generally).

Note: If Aconite is given in the beginning of typhoid the patient will die.

5. Desires to take deep breath frequently.
6. Fevers: Bryonia is indicated in fevers when the following symptoms are present:-
 - a) Predicts the date and time of death
 - b) Listens correctly, but replies wrongly

c)Drowsy and in semi-delirium.

Fever delirium of various drugs:

a)Bryonia—As if the articles were looking at him.

b)Belladonna—Fears that animals like rats or corpses are going around his bed and looking at him (give Stramonium if the fever is present for more than 48 hours).

c)Stramonium—He sees his dead relatives and friends.

d)Hyoscyamus—Strange beings move in air or ants, bugs or worms flow in stream on his bed. The patient sings songs of utter obscene things. They take off clothes and run naked in advanced cases.

e)Baptisia: Feels parts of the body lay scattered on bed and he struggles to gather them or as if himself floating in air above the bed.

f)Rhustox—Somebody chasing to pour cold water.

Nat.mur—Being chased by his enemies or by police.

Therapeutics:

1.Headache as if a block of ice were on head, worse early in morning when he moves out of bed and after breakfast.

2.Nose bleed instead of menses. Vicarious menstruation. Phosphorus—Vomiting (of any thing) instead of menses. Cimicifuga—Attacks of coryza, sneezing etc. or asthma instead of menses.

3.Chronic constipation with severe colic. Stools dry and hard.

4.Inflammation of mammary glands; stony hardness (A pre-cancerous stage).

Lac Caninum— Inflammation of mammary glands with milk in them.

Pulsatilla—Inflammation of mammary glands during menses; pain attended with menstrual colic and weeping mood. Sometimes there may also present a feeling that she has committed an unpardonable sin.

5.Dry cough prolonged for many weeks around 9 PM with a stitching pain in right side of chest or in liver region.

6.Eruptive fevers.

PULSATILLA

A drug for blondes. Tearful and homely type. A strong anti-sycotic medicine. It is among the group of polycrests (Nux Vomica, Pulsatilla, Bryonia and Sulphur). It is often indicated in houses where are many girls. Puffy and plethoric, mild, gentle disposition. Easily confused and easily influenced; vulnerable to suggestions, tendency to miscarriages, imaginative, apprehensive, intuitive, dreams sometimes dreadful; slow to digest and bilious constitutions.

Mental symptoms:

1.Nervous and fidget. Restlessness of parts of body. Always doing something with hands or legs, cannot keep quite.

2.Confused emotions, changeable moods, easily encouraged and discouraged.

3.Tearful and weeping. Melancholy.

4.Feels slighted. Whims, notions and forebodings.

5.Feels sinful to do some normal things especially the company of opposite sex; they believe that certain foods are bad to health. Good luck, piety, religious misconceptions, self torture in the name of sanctification, religious insanity, believes that he is great sinner and sits and thinks lonely; answers only in monosyllables, yes or no.

6.Weeps while reporting symptoms especially in ladies (a symptom which is a fore-runner of paralysis) and weeps when consoled.

Weeps when consoled and weeps when thanked –Lycopodium.

Modalities:

1.Worse in warm room and better in open air and cold water applications. Warm clothing aggravates all complaints. (Worse in warm room – Sulphur; better by cool air – Carbo veg).

Mentally horrible at rest and better by engaging his mind and keeps himself busy; inordinate hunger, voracious eating and rapid emaciation—Iodium.

In Pulsatilla the nerve pains (toothache etc.) are better by cold applications. (Worse by cold applications—Chamomilla).

2. Craves for ice-cold foods especially ice cream, but many complaints start or worse from ice-cream.

3. Irresistible craving for whisky which totally disagrees.

4. Worse after eating.

5. Stomach symptoms are worse in morning and mental symptoms are worse in the evening.

6. Stomach symptoms are worse from fat and rich foods.

7. The puffiness and bloating of face, limbs or body in general is worse before menses and better by flow. Also there will be labour like pains before menses and better by flow.

Generals:

1. This remedy clears the symptoms that are confused due to wrong drugging. The other two remedies are Nux vomica and Sepia.

Patient is over-drugged from allopathic medicines or coffee, tea etc.—Nux vomica.

When the patient is over drugged in homoeo medicines—Sepia and Pulsatilla. (Pulsatilla patient is emotional and yielding temperament. Sepia patient is irritable and harsh due to loss of affections).

2. Most complaints are associated with loose motions.

3. In ladies all complaints are associated with menstrual irregularities.

4. The mental symptoms are associated with the troubles of ovaries, uterus and other genital organs.

5. Skin is hot without temperature. Gushes of subjective heat.

6. No two stools are alike, either in diarrhoea or dysentery.

7. Complaints accompanied by loss of smell or taste (chronic loss of taste indicates dropsy in future). A black veil before eyes ahead of menses or after delivery. Temporary blindness.

8. Dryness of mouth and lips without any thirst.

9. Aversion to meat, milk and smoking.

10. Involuntary urination from shock, fear, joy, surprise, noise, laughter, cough or sneezing (involuntary urination from cough—Causticum).

11. A sudden desire to urinate by lying on back.

12. Sexual desire unusually strong while sick or in old age (After 60 years).

13. Sleeps with hands above his head.

Clinical symptoms:

1. Tendency to miscarriage (prolonged pains, false pains, dread of delivery). This medicine should not be used during pregnancy, unless strongly indicated (China, Silicea).

2. Sensation of lump in abdomen—Pulsatilla and Ignatia. (In Ignatia she believes that she is pregnant. In Pulsatilla this symptom may or may not be present).

She feels that something is in her abdomen. She feels that somebody is above her. She feels that she is pregnant (May or may not be accompanied by the sensation of lump in the abdomen—Thuja).

The difference between Ignatia and Thuja is Ignatia—laughs while weeping or weeps while laughing. Cough aggravates coughing and laugh aggravates laughing. Hysterical drug. A drug of contradictions.

Thuja—Warts on skin like cauliflower. Sweat smells like garlic. Sweat attracts flies (due to sugar in sweat).

3. Disturbances at menopause—irregular periods in the first stage, constitutional symptoms in the second stage, hysterical disorders, change of psychological set-up, gushes of heat from the body, especially from head and ears.

4. Prolapse of Uterus with bearing down sensation. They sit with crossed legs.

5. Swelling of glands with pain especially mammary glands, especially within one year after marriage because the husband is a gonorrhoeal patient.

6. Labour like pains before menses with black discharge, with or without clots.

7.False conception—Fibroids. Generally this appears in daughters of syphilitic fathers or wives of sycotic husbands.

8.Psoriasis—It is of two varieties 1. Dry psoriasis 2. Wet psoriasis.

Pulsatilla—Mottled appearance, greenish yellow oozing.

Graphites—Starts in folds of limbs—in axillae or at the folds of knees.

Thuja—Dry layers of skin peel off. Feels skin brittle as if made of glass, fears it would break.

Nitric Acid—Colourless fluid oozes with intense burning as if touched by fire. A deep furrow in the middle of tongue.

Psorinum — Worse in winter and better in summer. Covers head and body even in summer. Feels tired always, wants to go home and lie on his back always.

Medorrhinum—Gout with much pain, worse in sun, history of gleet discharges. Mentally irritable, suspects the doctor, always changes places, persons and doctors, worse in summer in general.

9.Diabetes—Pulsatilla, Alfalfa, Causticum, Graphites and Lycopodium are the main drugs that are indicated in diabetes.

The badly treated gonorrhoea cases lead to sugar complaint of Pulsatilla type. The patient will also have swelling of glands in groins, testes etc., along with the usual symptoms of Pulsatilla like yielding temperament, better in cool open air etc.

ALFALFA—Polyurea and extreme weakness after every urination—unaccountable enthusiasm alternating with depression of mind. Thirst with every urination. Backache.

Causticum—Weeping mood as in Pulsatilla. Fingers jerk on holding anything and bend away from one another.

Jerking of the parts of the body. Thirst. Worst at both twilights.

Graphites—Profuse sweats with burning sensation. Sweats offensive like dung. Formation of pus from slightest rupture. Skin complaints in the bends of joints. Sudden obesity. Face--nervous twitch while laughing.

Lycopodium—The patient weeps when thanked i.e. disturbed emotions. White scar is left on floor when urine is passed. Red sand in urine. complaints start on right side and go to the left. Worse between 4 to 8 pm. Stomach becomes full after taking a little food. In Lycopodium the patient becomes worse if urinary symptoms are suppressed and the patient improves if the urinary symptoms reappear.

10.Headache better by bandage. The pain shoots through nasal bone.

11.Fever—In fever the heat is more on one side and the patient is thirst-less with aversion to cover.

12.Suppression of menses—Generally ladies get menstrual irregularities from getting feet wet.

The two remedies for washermen are – Pulsatilla and Rhustox (joints painful, sometimes with pain in heart region).

13.Prostatitis—With abnormal sexual desire beyond age—Platina. The Platina patient feels that others are inferior to him and physically objects appear to be smaller in size to the eyes.

Colchicum—The objects appear to be very big in size than that of actual size.

THERAPEUTICS NOTES

FITS:

Important remedies that are likely to be indicated for administration during the attack of fit to release the paroxysm. For complete cure the totality of symptoms is the true guide.

1)Belladonna: Unconscious with salivation, stiff, eyes open.

2)Cicuta virosa: Backward bend of spine, teeth biting, head tossing.

3)Cuprum met: Face red, thumbs clenched, limbs stiff and jerking cough or vomiting before or after the fit. Cold water application relieves the fit.

4)Helleborus: Jerking of one hand and one foot. Repeatedly unconscious. Moaning and screaming, lips, tongue or genitals inflamed.

5)Opium: Deep stupor, breathing with snoring, face blue, at times bleeding from nose or mouth. History of obstinate constipation.

JAUNDICE:

The following remedies are likely to be indicated.

1)Pulsatilla: Yellowish or greenish discharges (stools, eyes, saliva), absence of thirst or appetite.

2)Lycopodium: Urine decreased in quantity, dyspnoea, short breath, distention of abdomen, emaciation about neck and below waist.

3)Mercury: No taste of food, salivation nausea, sweats profuse, short breath, worse by least movement, imprint of teeth on tongue, babies with jaundice by birth (Icterus neonatorum).

4)Phosphorus: Profuse secretions, burning and excoriating, burning in stomach or abdomen; craving for cool drinks, vomits as soon as it becomes warm in stomach, involuntary diarrhoea.

5)Nux vomica: Angry, irritable, bears no opposition and suggestion, headache and bodily pains, headache better by cool drinks, vomits, bodily pains are better by covering; worse after food. Jaundice after a feast.

6)Chelidonium: As if a block of cement were in stomach, burning in throat and burning eructations; burning in oesophagus, shooting pain in hepatic region shooting to back.

TUBERCULOSIS

The virus theory of tuberculosis is correct, but the theory of contagion cannot be believed as such. The disease is contacted on a vital plane due to the susceptibility and not by bacteria. When the disease is contacted on vital plane, the bacteria will be either borrowed from environment before or produced from the diseased part of the patient. This causes the development of bacteria which will serve only as scavengers for excretion of dead tissues. Hence T.B. is a condition which produces or harbours bacteria. In all others the bacteria will perish when they come into contact (in healthy constitutions). The free disposition or susceptibility to T.B. is caused through different means as follows:-

A)To be born in a family with history of T.B. In such cases many of the members of the family for generations die prematurely either by a disease recognised for a complication of T.B. or from a mysterious disease. For example: simple fever of recurring nature etc.. In some cases unaccountable emaciation.

B)A history of malarial fever for long time, repeatedly suppressed by drugs like quinine. The patient becomes weaker and the disease manifests in various unaccountable forms like low fever, dry cough, bronchitis, chronic colds, indigestion, anaemia or emaciation.

C)When a person receives a heavy psychological shock due to a calamity, social or financial fall; it will give a blow to the vitality, if the patient had latent congenital psora in him. The psora prevents from recovery and the result is T.B. on the vital plane. This can never be recognized by the chemical tests. The vitality spells out and keeps its physical constitution away from attack by keeping the disease in mental or nervous plane. If it is on the mental

plane, the person loses the stability and consistency. The restlessness of mind gives him an instinct of escaping, running away or changing the environment frequently. In the next stage he becomes insane and lives physically very strong. If the doctor can successfully cure the insanity stage, he becomes sane but immediately collapses with violent symptoms of lung T.B. and emaciation. This means the disease has descended to the physical level. The doctor should pursue the treatment for years until the patient is free from it. But this is possible only during early years of age, generally before 35 years of age. In the second case when the disease is on nervous plane the patient suffers from one-sided headache of a very severe type. Generally the headache is of a sickening nature with nausea and vomiting. The probability is that they occur from the early hours in morning. They start in sleep by about 4 am. The patient awakens with severe headaches which keeps him in bed until 8 or 9 am. The successful treatment of these headaches also leads to the same consequences as found in the first case. If the headache is controlled by Sanguinaria, the patient is sure to going to emaciate and cough.

D)Cases of continuous malnutrition and simultaneous hard labour in the daily routine may stimulate the psora that was latent into a T.B. condition gradually. The leading features that indicate are:-

1. Low fever, especially in the evening or night.
2. Light type of (short, dry) cough with burning sensation in chest or throat as long as the fever is on.
3. Chill and aversion to cool air during the hours of fever.
4. He sweats when the fever is decreasing and a craving for cool open air thereafter.
5. Easy onset of fevers with the least exertion. Headaches whenever the weather or environment is changed. " Journey upsets health".
6. Debilitated and feeble. Cannot withstand strain. Hunger and sleeplessness upsets health causing fever etc.
- 7) Aversion to work or daily routine; wants to give up job and sits at home.
- 8) Tendency to diarrhoea especially before 10 am.
- 9) Repeated bronchitis, disturbances with every wet weather, voice feeble and hoarse, chronic sore throat.
- 10) Hard food disagrees; wants to live on light foods and liquids.
- 11) Haemorrhages, nose bleed.
- 12) Frequent locking up of mucus with burning in throat and chest, streaks of blood in mucus; violent cough causing spitting up of blood.
- 13) Dreams of blood, murder, slaughter, black-magic.
- 14) Sees various faces causing fear, going to stab him; ghost and thieves chasing him in darkness or devil sitting on chest and clutching throat.
- 15) Feels his disease is incurable.

Treatment:

1. TUBERCULINUM—Bohemian (cosmopolitan) tendencies, cannot stick to a place or job. Feels he has nobody for him. Always in a hurry; wants to change. Feels he has to do many things. Physical symptoms ever changing without a total recovery. Indicated drugs fail to hold long. Gradually decreasing vitality. Rapid emaciation with continuous hunger. Eats lot of food repeatedly.
2. IODIUM—Glands swollen and painful. Craves to get washed repeatedly with cold water. Wants to lie on bare floor. Eats lot of food while emaciating rapidly. Parts of body jerk continuously. Stomach jerks with nausea and profuse salivation.
3. BACILLINUM—Recurring diarrhoea especially before 10 am. Nose-bleed, bleeding gums, spitting up blood. Piles bleeding, continuous motions with blood. Ulcers in the intestines. Burning in chest. Eczema with itching and watery oozing below the knees. They appear as of stockings, severe headache with sensation of a tight band around the head (hoarseness and rawness, wheezings, asthma and cough).
4. CHINA—Advanced cases bleeding of nose, gums, throat or blood in stools. Loose, foamy stools with gas. Tension of stomach. Fever, chilliness, bitter taste, sweats. Palpitation worse least motion. Subjective heat and objective cold which alternate.

5.PHOSPHORUS—Burning in chest. Unbearable violent cough, croup (coughs like a donkey's cry, metallic sound while coughing), thirst for ice cold drinks, frequent vomiting and exhausted by walking a few steps, violent vertigo and staggering by rising, vertigo with greenish-yellow sparkling before the eyes. Urine yellow, sparkling before the eyes. Urine yellow, sparkling in darkness. Greenish aura around the lamp.

6.ARSENIC IODIDE— Burning in chest and throat. Copious white mucus in the mouth in the morning. Fever and chill at 12 to 2 am. Burning sensation with itching throughout the body. Asthmatic wheezing. Always feels feverish with low temperature.

7.LAC CAN— Severe headache alternating sides. Dreams of snakes and black magic, skulls, funeral grounds, god speaking. Feels face changed, parts of body over-sized or under-sized. Suspects his hand-stick or umbrella gone short.

9.BRYONIA— Severe headache better by pressure; continuous cough for a short time during the early hours of the night, loss of sense of location just after waking up as if chairs for looking at him. Confused when disturbed in sleep.

10.SULPHUR— Morning stools drives him out of bed. Indisposition to be washed. Yellowish motions. Collapsing feeling with hunger at 11 am. Cannot bear warmth of room. Throat, chest, hands, feet and head burning. Cannot stand in sun. Face reddish while coughing.

11.PULSATILLA— Restlessness and burning sensation in lungs. Feels very happy in the evening and cold weather. Pain in chest with weeping mood or yielding disposition throughout the night. Copious yellow mucus. Sentimental forebodings.

Notes on various mental ailments and their treatment

Many of the people who show idiosyncrasies, eccentricities or hysterics and those who are said to be the men of moods or all in a way a deviation from sane behaviour. Scientifically speaking, they are patients of one or more of the three chronic miasms. They pass on as normal healthy people, but the fact that they can be cured of their peculiar behaviour by drugs shows that they are patients.

Mania is a type of behaviour with an exclusive stress to one particular habit or way of behaviour.

Hypochondria is fear and suspicion stressed out of proportion. Fancy is developing a liking beyond common sense.

Illusion is imagination anchored to suspicion. Hallucination is the same thing with lesser degree of sanity where the senses also respond to the deception of mind. The next stage is insanity which is succumbing to illusion in a deeper degree, losing hold over common sense.

Mania manifests in many ways. Some have mania for neatness which can be cured by Arsenic album. Some have mania for unnecessary details of things. This is accompanied by foolish logic which indicates Sulphur. There is a mania for hoarding on either things or money. This is featured by a fear of future which can be cured by Natrum mur or Calcarea flour. Some have mania for sex with a decrease of masculine potency. Here either Caladium or Selenium is indicated.

Fear manifests in many ways. Fear of journey or meeting a person with fixed appointment is cured by Argentum nitricum. Fear of friends or bosses is cured by Silicea, Lycopodium or Thuja. Fear of the future indicate Calcarea flour, Hyoscyamus or Nat.mur. Fear of animals indicates Nat.mur, Belladonna, Stramonium, Hyoscyamus, or Lac can. The last drug most probably is indicated in a fear or a dream of snakes. Fear of heart disease or any incurable disease belongs to Arnica, Tuberculinum or Lac can. Pulsatilla is also indicated, when there is

sentimental fear, superstition and weeping mood. Medorrhinum forms a similarity with a fear of public opinion, scandal, insult or ridicule.

Hypochondria manifests in many ways. Apprehensiveness that something would fall on his head like an old roof or ceiling fan or a vehicle with heavy load indicates Nux vomica in high potency. A fear that vehicles would run over him indicates Argentum nitricum or Thuja. Expecting some bad news that height or corner will hit him or something is unlucky to him always indicates Argentum nitricum or Hyoscyamus. Apprehending that sharp things would hit him indicates Anacardium. In this case there will be an impulse to cut others and himself when sharp objects are seen. Apprehending that somebody would poison him indicates Hyoscyamus or Nat mur. A suspicion that others are plotting against him, misunderstanding him indicates Aurum met and Lachesis.

Illusion— This is also of various types. Illusion that there is a snake in the house indicates Lac can. Illusion of insects, poisonous creatures, bugs or mosquitoes indicates Hyoscyamus. Illusion of rats, cats, or dogs going round and chasing indicates Belladonna and Natrum mur. Illusion that someone is in the house that a devil is in her body or that she is pregnant indicates Thuja. Illusion that the body is floating in air indicates Morphin or Baptisia. The latter remedy is indicated especially when he feels that parts of the body are away when he struggles to get them together. Illusion that things are smaller than they are (or) all other people are foolish indicates Platina. Illusion that he had not locked the house or that he had not done what he has already done indicates Caladium. Hallucination is only an advanced stage of illusion where some of the above drugs form similarity.

Insanity is of two types. 1) Acute which in other acute diseases - a temporary complication. 2) Chronic when it is long-standing.

Chronic insanity is two types in its origin. 1) Hysterical and 2) Total insanity which is called De Menta. Almost the same drugs are indicated in all the three types and the symptoms decide the drug. Insanity with sexual violence or of a thieving and deceiving nature indicates Anacardium. Also same drug is indicated when he feels a conflict of two persons in himself or feels as if a ghost, an angel or a spiritual master is possessing him. If the patient feels that he is a leader, a prophet or divine superior indicates Platina. If the patient feels inspired or agitated of a great cause and feels very busy about himself Sulphur will cure him. If the patient feels that one of his relatives, especially wife is faithless and unchaste he will be cured by ACID PHOS or NATRUM MUR. If he feels irresistible hatred towards a relative in the house it is a THUJA case; in such a case, the patient is polite and social in the company of others, but torments the victim when found alone. If the patient feels jealous or vindictive of others, it may be LACHESIS, ANACARDIUM, HYOSCYAMUS or MEDORRHINUM. If the patient goes into ecstasies or raptures easily with unusual music and singing CIMICIFUGA is indicated, particularly when the patient sings what any others speak, composing the same words in perfect rhythm. If the patient sings in obscene language with names of genitals and sex it is HYOSCYAMUS; in this drug the patient tries to uncover the body. If he tries to escape out and run away from home it is BELLADONNA in high potency; in this drug the patient may bite, bark, tear and kick. If these symptoms are followed by throat pain and fear of light it is an incurable stage of Rabies (BELLADONNA, HYDROPHOBINUM, NATRUM MUR); in such cases the patient dies at the next sunrise time. If the patient escapes and runs naked or excited at the sight of women and chases to rape them— ANACARDIUM.

Certain important points to be kept in mind while treating complicated cases like typhoid etc.

Symptoms of dangerous fevers:-

1. Senses become dull before or after the commencement of fever.
2. Natural secretions like urine, stools, sweat etc. become suppressed.
3. One or two vomitings within one or two hours of setting in of fever.
4. Neck becomes stiff.
5. Inflammation of throat (throat pain, swelling etc).
6. When touched on skin the fever appears to be ----- only while it is actually 105°F in thermometer.

Symptoms of critical stage:

1. Tongue, lips, mouth, eyes, urethra, rectum (all mucus membranes) become purple and appear as if molten flesh.
2. Smell of rotten eggs or very offensive smell from the patient as from a cadaver.
3. Urine becomes thick and scanty, colour thick yellow or thick red.
4. Corners of eyes and lips ulcerate.

When all or any few of the above symptoms are present, the patient is in dangerous condition. The most probable drugs in such conditions are discussed herein below:-

1. PYROGEN— high fever starting from external injury. Bad smell in the injury. Bluish are black in color, bluishness of face, redness of mucous membranes; fever very high, mild delirium at times, un-conscious; pulse rate not in tune with temperature.
2. ARNICA— Delirium with horrible dreams, irritability, surface of skin mottled-red, Bruised pains all over the body requiring constant change of position in bed, heaviness or pain in heart region.
3. APIS MEL— Redness of skin with itching and blisters, eyelids swollen especially lower, pain in throat, heaviness on top of head as if the head is full of water, suppression of urine, semiconscious, moaning, crying; cerebral cry in children.
4. LACHESIS — Drowsy, eyes bluish red, half-closed, choking in throat, temperature rises during sleep, suffocation during sleep.
5. VIPERA — Black spots on the skin, spasms in toes and fingers, stiffness (a very dangerous condition). This is the most important remedy. If the patient is very weak, only 30 potency or less is to be used.
6. OPIUM — High fever, no pains or discomfort, sleeping or no sleep, stertorous or hard breathing, hot sweats which do not relieve the temperature, retention of urine. A sense of wellbeing in mental state, utter lack of conscience.
7. ARSENIC ALBUM — Restlessness, repeated thirst for small quantities of water, burning; worse between 12-00 and 2-00 both after mid-day and midnight. Intense fear of death.
8. HELLEBORUS — It is needed generally in typhoid cases. Patient conscious or semi-conscious, or consciousness alternating with stupor, muttering low delirium, involuntary movements of one leg and one arm (only on one side of the body), sliding down in bed i.e, gets down in bed upto feet, thick white coating on tongue, cracking of lips. Rolling of the head, rolling of eyes upwards.

Certain other drugs that are also indicated in typhoid:-

1. He cannot exercise his will over his body — GELSIMIUM and BAPTISIA.
BAPTISIA — Feels that the parts of his body are going apart and tries to gather them.
MORPHINE — feels that he is floating above his bed.
BRYONIA — Lies with his stomach on pillow.
COLOCYNTH — Pains in abdomen better by bending double.
2. Constantly change their position on bed — ARNICA and RHUS TOX. ARNICA patient feels the bed hard and RHUS TOX patient feels worse during rest and better by movement.
3. CICUTA VIROSA — Constant backward twist of spine, violent grinding of teeth, rolling the head on pillow, rolling of the eyes upwards.
4. Picking the bed clothes — BELLADONNA, HYOSCYAMUS, STRAMONIUM.
BELLADONNA — Picking the bed clothes, violent, wants to run away from bed, tears clothes, bites, fever very high, sharp fearful looks.
STRAMONIUM — Medium fever (102° to 103°F), prolonged fever, anguish and quick breath, fear, sees his dead relatives and friends.

HYOSCYAMUS — Low fever (100° to 102°F), delirium with less violence, fear of being poisoned, removes clothes and runs naked, sings songs, composes epigramic poetry especially of obscene things, speaks unknown languages.

5. Drugs of very high restlessness — ARSENIC ALBUM and PHOSPHORUS.

The patient strikes hands and feet to the bed.

ARSENIC ALBUM — repeated thirst for small quantities of water and intense fear of death.

PHOSPHORUS — Thirst for very cold drinks, but vomits as soon as the water is warmed up in stomach.

Generally high potencies should not be used in acute cases in the beginning stages.

The following drugs should not be repeated often

PHOSPHORUS, LACHESIS, HELLEBORUS, ACETIC ACID, CALC CARB, ACONITE, DIGITALIS, VERATRUM ALBUM, ANTIM TART.

Generally the patient gets great weakness in beginning of typhoid fevers (within 48 hours).

Precautions to be observed while treating typhoid cases:-

1. Stomach should not be pressed.

2. Sour things (grapes etc.) should not be given to the patient. Only sweet or soft drinks like milk or fresh buttermilk (without salt) should be given.

3. The patient should take bed rest for few days even after complete cure and taking diet. Because any exertion may lead to paralysis of lower extremities.

Brief notes on the treatment of heart diseases and circulatory disturbances including hypertension, enlargement of heart and endocarditis etc.:-

Just as any other chronic disease, the heart complaint is also caused by one of the three chronic miasms. There are two types of heart diseases:-

1. Structural

2. Functional.

Again these are of two types:-

1) Congenital and

2) acquired.

As a rule most of the structural heart complaints are congenital.

They are due to the malformation of a portion of the part of heart muscle and this is due to the chronic miasm inherited. Such cases are most probably incurable and the patient dies due to that disease. Even surgical treatment is no less risky. It is always better to treat with mild drugs on homoeopathic basis as long as he lives. Functional heart diseases lie as tendencies from birth, but they are stimulated due to various external causes like worries, injuries, blows, shocks over work, over thinking, alcohol drinking etc.

In allopathy heart complaints are named in hundreds according to the anatomical and functional peculiarities. This classification is not necessary for a real cure of heart disease. What is required is the totality of symptoms and a skill in tackling the miasm slowly and safely. These cases take a very long time for treatment. Any attempt to have a speedy cure through shortcut methods leaves the patient more debilitated. During treatment a regulation of habits and thoughts is necessary for a radical cure and treatment with medicines itself is not enough.

Treatment:-

1. China — Short breath, easy sweating, palpitation, discomfort in stomach, occasional loose motions, stools foamy, growth stopped, emaciated, mentally agitated, anaemic or yellowish complexion, chronic indigestion.

2. Carbo veg — Palpitation, heaviness or pain in heart with pressure from stomach, feels suffocated, cold sweats, craving for cold air and fan and tendency to bleed from gums, nose, piles, dysentery during menses etc.

3. Digitalis — Pulse slow, cold sweats on face, pain in heart region, waist or in the back upwards along the spine with swelling of parts. Eyes dull and pale. Patient easily exhausted, not inclined to think, irritable, indifferent to

duties, thirsty or utter lack of thirsts. Food distasteful. Feels as if the heart would stop on moving or walking, dreams of falling down.

4.Arg nit. — Sudden depression of mind with fear, nervousness and sweats, especially before starting somewhere or meeting, an appointment or when questioned about anything. Aggravated when looking down from a height or from hearing bad news. Sudden diarrhoea at the time of attack of pain in heart. Loss of taste.

5.Kalmia — Sudden pain in heart real or imaginary. Feels he will die alone or on the way. Feels safe when lying on back.

6.Arnica — Confirmed belief of heart disease. Takes pride in believing himself incurable. Feels neglected. Irritable with the doctor and refuses to take medicine. Sharp pain at a point in the heart region (Real or imaginary). Holds chest with hand to prevent dying. Dreams of getting himself drowned in muddy water, gutters, drainages, or very dark wells.

7.Rhustox — Pain and heaviness in chest shooting into the neck or shoulder. Pain along single nerve in the arm shooting upto fingers. Unbearable pain when taking rest or while sitting still; patient should move about for relief. Occasional swelling of the joints.

8.Oxalic acid— Sharp pinching pain in the heart. The pain becomes unbearable while thinking about it. Pressure and heaviness in chest. Mentally depressed and voice becomes low while suffering. Face sickly, collapsing type of weakness.

9.Acetic acid — Eyes and tongue very pale, whitish. Face, feet and abdomen are swollen dropsically. Feeble. He feels as if the heart would stop if he moves. Lack of enthusiasm. Morose. Dreams of drowning in a boat.

10.Apis — Urine suppressed. Head heavy. Irritable. Feels like crying out. Staggering. Vertigo while walking. Eye lids swollen. Fullness or pain in chest and throat. Swelling of parts.

11.Phosphorus — Constipation or diarrhoea. Short breath with least movement. Feels whole body as heavy. Vomiting sensation. Burning. Craves for cool drinks and lying on bare floor.

12.Lachesis — Palpitation with least motion. Pale. Heaviness in head and chest. Sensitive to touch around neck. Complaints are greatly aggravated during and after sleep.

PARALYSIS

Brief notes on paralysis, its causes, the early symptoms of future paralysis and treatment:-

Paralysis can be classified under the following ways:-

1)Paralysis due to high blood pressure — The irregularities of rush of blood to various parts like the head and heart causes an additional strain to the blood vessels therein. The local nerves react accordingly and produce various sensations like tickling, tingling, numbness, urticaria, heaviness or drawing pains of parts. When the rush of blood is to the cerebrospinal system, the nerve centers are affected resulting in deafness, blindness, loss of taste or smell, according to the centers that are effected. At times the nervous system of one side of the body may be affected producing various sensations like tingling, numbness, drawing pains etc., described as above. When the strain is unbearable the nerves lose their sensitivity and vital connection. This stage is called paralysis.

2)A big psychological shock or an external injury may cause the same condition to the nerves. In such cases there may be loss of speech or when the thought centers are disturbed, they will be an insane condition with loss of memory and identity of places and persons.

3)Sometimes blood poisoning may be cause. Alumina, lead, copper in material doses causes poisoning. Food poisoning by plants like Arum triph or Belladonna may be the cause. Sometimes the sting of a spider, rat, scorpion or some types of animals will cause gradual paralysis after the recovery from sting or bite.

4)Over work, loss of sleep, frequent starving and malnutrition due to economic causes will produce a gradual state of paralysis of a part or parts of the body.

5)People with a history of over indulgence in sex or alcoholism may develop gradual paralysis with the approach of old age.

In all the above cases except those of shock or injury or poisoning the real cause will be one of the three miasms existing in the constitution. Without miasm there will not be hypertension, paralysis cancer etc. A seasonal effect like severe winter or summer is enough to bring a disease when the miasm is present. The probability of cure can be generally estimated by the vitality of the constitution and particularly by the age of the patient. The rate of curability is very good among children and infants. It is more promising in young people between 16-30. However we find curable diseases upto the age of 45 to 50. Beyond this age there may be a partial recovery and no radical cure.

The approach of paralysis can be detected long before a certain type of symptoms. In psoric cases we find an increasing degree of irritability and short temper with confusion of terms and expressions. They often commit mistakes in writing, reading and conversation. Brevity and precision are lost. There may be a struggle to recollect the names and select words for his thoughts.

In sycotic cases the patient begins to develop envy and jealousy. Becomes suspicious of his friends and relatives. He grows inconsistent in behaviour and speech. He often changes his policies and he is never satisfied with anything. He struggles very much not to forget anything like punctuality and programmes while the ability to do so is decreasing.

In syphilitic cases he feels inability to do anything. He wants to escape from the busy life and to idle away time without any responsibility. In all the cases there may be peculiar sensations like tickling, tingling, numbness urticaria, heaviness or drawing pains in the parts that are going to be effected. The capacity for sound sleep will decrease. Insomnia will be more prominent with tormenting thoughts of all kinds. Heaviness of head with a clouded or smoked. Sensorium is more prominent than headaches. In fact this is more dangerous than headaches. In many cases there will be emotional disturbance like illogical weeping and laughing. An increased tendency of constipation or a frequent diarrhoea or both these states may alternate.

Treatment:-

The treatment consists of the drugs of chronic miasms generally:-

1)Sulphur — Sulphur will come to the fore-front in majority of cases either in the beginning or in the ending of the treatment. Old cases of paralysis require Sulphur when the treatment is started lately. This drug is indicated in persons who are prone to be dirty. They suffer from morning diarrhoea and a sudden feeling of depression and hunger at 11 AM.

2)Lycopodium — It is indicated when the patient weeps uncontrollably on seeing relatives and friends. He has uneasiness between 4 - 8 pm and in morning, with heaviness in stomach and bloating. Its symptoms are generally right sided and there will be a chronic constipation or diarrhoea or both alternate.

3)Lachesis: It is indicated when the head is heavy with a feeling of suffocation due to discomfort in the abdomen. Its complaints are generally left sided. It suffers from frequent bad moods of malice, anger or suspicion.

4)Staphisagria — It is indicated when the patient suffers from uncontrollable fits of anger, humiliation or a vindictive thought each causing heaviness and pressing pain above the eyebrow.

5)Causticum — It is indicated in two types of cases.

A)Confusion of mind with irritability and gradually growing paralysis in part of a limb like wrist-drop. The affected part gradually grows emaciated and twisted and at times cold with contraction of nerve threads and obstruction of circulation of blood in that part.

B)Paralysis due to insensibility caused by extremes of cold and heat like holding ice blocks or exposure to winter weather, effects of electric shock etc.

6)Plumbum Met — History of nausea and vomiting or attacks started with a complaint accompanied by vomiting. Pain around the navel. Blackness in gums and under the nails or in the affected parts. Body cold to touch in the affected parts.

7)Alumina — Growing insensibility in feet or soles. Numbness in either one or both toes creeping upwards. Slowness and difficulty in swallowing, which steadily increases. History of throat pain.

- 8)Opium — Laziness, sleepy, staggering. Outburst of anger. Difficult and hard breathing. Affected parts becomes senseless, generally with swelling.
- 9)Hyoscyamus: Fear or suspicion developed paralysis. Hurried for something restless. Anguish and feels suffocated especially while eating. Affected parts jerk.
- 10)Kali Phos — Affected parts drawn back and folded with tension. Cannot stretch or open (fingers, elbows, arms etc.). Feeling like electric shocks in the affected parts accompanied by unbearable headaches.
- 11)Cocculus Indicus — Difficulty in speech, hesitation, frequent mistaken and faulty utterances, takes time to address what he means, difficulty in translating thoughts into words. Rapidly increasing stammering. Tongue or throat paralysed after the above history. Sensation of the affected parts decreases (not absent). Delayed reflexes.
- 12)Anacardium — History of eczema suppressed, skin thickened and black, cannot recollect names and places. Finds himself lost in a street, takes minutes before he recollects where to go.

SERVICE IS REALIZATION OF YOUR WANT IN OTHERS